**Beltsville News**

**Beltsville Briefs**

**Holy Spirit Topic of Bible Classes at Beltsville Adventist Church**

The Beltsville Seventh-day Adventist Church begins Bible classes studying the Holy Spirit on January 7. The classes will last three months, meeting every Saturday morning from 10:45 to noon. Topics include the Holy Spirit as a teacher, the Holy Spirit and the book of Revelation, the Holy Spirit in the Trinity. In order to help the classes be small and personal, classes meet around the church—same curriculum with different teachers.

The classes are free and open to the public. The church is located at 4200 Ammendale Road at the corner of Ammendale, Old Gunpowder, and Powder Mill roads. Call 301.937.8118 for more information.

**Evangel Christian Child Care Center Opens in Beltsville!**

The Evangel Christian Child Care Center has opened its new location at Emmanuel United Methodist Church in Beltsville. It is a full-time day care open Monday through Friday from 6:30 am to 6:30 pm. The center cares for children from 6 weeks old until age 13. Registration is now open. You can call 301.675.6747 or 301.595.4400 to register. Both

**Cub Scouts Are Working Hard**

Cub Pack 1031 has been working hard and has completed about half of its required adventures! Our fall camping and hikes helped us on our way toward our rank patches. We also collected toys for the patients at the Children’s National Medical Center’s Dr. Bear’s Closet. In addition, parents and scouts spent a total of thirty hours cleaning trash along Little Paint Branch Creek and Trail on Saturday, December 10. This was our fourth cleanup project at the park. We collected 15 bags of trash, mostly beer bottles and water bottles. We also found a lot of plastic bags, which ended up along the banks of the creek. We all need to work to teach our citizens not to drink in the parks and not to toss their trash into the woods. It was a great learning lesson for our scouts. For 2016, Cub Pack 1031 completed over 200 hours of service!! We have welcomed 12 new Cub Scouts!

**Local Students Help the Homeless**

The St. Joseph’s Regional Catholic School chapter of the Bundles of Love Club headed by Sophia and Michaela West of Beltsville, longtime volunteers in our community at the Good Knight Castle Museum, received a national Family Volunteer Day grant from Disney and generationalOn.org for $500 so that the club could deliver 22 survival supply bundles to the street homeless in the Baltimore–Washington region. Residents from all

**Beltsville Agricultural Research Center—Foundation of the World Strawberry Industry**

By Jim Butcher

On a brilliant, early fall afternoon at the Beltsville Agricultural Research Center, Research Geneticist Kimberly S. Lewers guides a visitor past time-honored strawberry research plots whose predecessor plots once thrived on the National Mall in Washington and later on research grounds in Arlington, VA, where the Pentagon now stands. Lewers and her visitor approach the strawberry plots with a sense of historical wonder. And well they might, for these carefully tended research plots are home to the Department of Agriculture’s Strawberry Breeding Program in Beltsville, a program widely credited as the foundation for the world strawberry industry as it exists today. The American strawberry industry alone was

**STRAWBERRIES**

continues on page 7

**Next Issue: SUBMISSIONS DUE NO LATER THAN:**

- **January 20**
- **Paper Out:** **January 30**
Letter from the Editor

The Staff of the Beltsville News would like to send you and your family warm holiday wishes and joy in the New Year. We would like to thank all of you for your continued support of our little hometown paper. So keep warm, enjoy some time off and make time for family this holiday season.

Sincerely,
Rick

Everything That You Do, Do with Your Heart and with Love

By Joseph Brian Martinez

Every day, we do many things, and we cannot stop. We do things because they are very important for us, do things for obligation not because we want to do, and do only little things because we like or love to do them.

The better way to do everything is that we do them with our heart and with love. Many times, when we do everything for obligation or just because it is important, we will not do it very well, and these things can be bad for us. But, if we do everything with our heart and with love, we will want to do everything right and give our best.

When we do everything with love and put our heart into that, we will be very happy, and we will enjoy these things. We will be happy and enjoy our job, marriage, family, students, etc., if we love the things that we do every day.

Every day that you do something, do it with love and with all your heart and see the results in you and your life and see if it makes the difference:

If I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal. If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but do not have love, I am nothing. If I give all I possess to the poor and give over my body to hardship that I may boast, but do not have love, I gain nothing.” 1 Corinthians 13:1-3

If you do good things and don’t have love, your good things are nothing. If you are good and don’t love, you are nothing. Love is everything in this world and all in us. “God is Love” 1 John 4:8 and 16. You may contact me at jesussalva.rocksal@hotmail.com.
Emmanuel United Methodist Church
Establishing Memorial Patio

Plans are well underway at Emmanuel United Methodist Church to establish a memorial patio at the cross in front of the church. The grand opening is scheduled for Easter Sunday, April 16, 2017. When completed, the patio will consist of 450 bricks, with another 250 (or so) bricks used to construct the walkway from the church. The objective is to provide members and friends of Emmanuel the opportunity to install a memorial brick in the patio to honor a person, family, or organization. The cost for a memorial brick is $100.

On April 16, the patio will be a combination of engraved and unengraved bricks. When orders for new bricks are received after April 16, one of the plain bricks will be removed, and the newly received memorial brick will be installed in its place. This is a long-term project.

Orders are available that provide detailed information on ordering a memorial brick. If you would like an order form emailed to you, contact Ted Ladd at tedladd02@aol.com.

BELTSVILLE BRIEFS
continued from page 1

Emmanuel United Methodist Church and the Evangel Christian Child Care Center are very excited about this partnership and the opportunity to help you with your child care needs. Emmanuel United Methodist Church is located at 11416 Cedar Lane, Beltsville, MD 20705.

Join the Central Maryland Chorale
Do you love to sing? Are you looking for a place to share your talent with others who are passionate about choral music? The Central Maryland Chorale welcomes enthusiastic, dedicated singers who can follow music from a score; no audition required. Our artistic director is Monica Otal; the assistant director and accompanist is Dr. Theodore Guer rant. This May, we will sing two exciting pieces: the world premiere of “Canciones del Agua” (“Songs of Water”) by Ronald Pearl, commissioned by Alturas Duo and the Central Maryland Chorale; and “Saint Francis in the Americas: A Caribbean Mass” by Glenn McClure, accompanied by guest artists Charm City Steel. Our March Spring Fling and Silent Auction will feature a Celtic theme. Come refresh your soul and experience the joy and camaraderie that a community chorus provides. Beginning January 5, rehearsals are held every Monday evening from 7:30 to 9:30 pm at the Laurel Presbyterian Church, 7610 Old Sandy Spring Road in Laurel, MD. For more information, see www.centralmarylandchorale.com or call 240.478.7952.

First Choice Quality Healthcare Inc
“Where our patients are the priority”
Need affordable home healthcare services for your family? Don’t worry more about dealing with patient care, safety and cost while trying to balance your life. We’re the home health care agency that comes to help you when you need us most. We’re dedicated to helping your loved one live out their life in the comfort of their own home! Get home healthcare that works for your budget.

240-553-7091 • fcqhealthcare@gmail.com
Visit us at www.Fcqhealthcare.com

Russell’s Trimlawn & Landscape
COMMERCIAL & RESIDENTIAL
FALL CLEAN-UP
GUTTER CLEAN-OUT
LEAF CLEAN-UP

GUARANTEED FREE ESTIMATES LOW PRICES

(301) 595-9344

Bonnie Bartel
301-343-8887
Call, Text or Email me for an appointment
Bonsnobur@aol.com
Image Hair n Things
10611 Montgomery Rd
Beltsville, MD 20705

Catering & Hall Rentals
Knights of Columbus 2809
Cherry Hill Manor
9450 Cherry Hill Road, College Park MD
Wedding Receptions • Birthday Parties
Anniversaries • Banquets • Showers • Meeting Place
Quinceanera • Funeral Luncheons
Company Picnics with Pool Available
Country Club Atmosphere Food and Drinks
For Hall Rentals contact Matt O’Hare at 301-345-4076
For Grove Catering Contact Keith Hurst at 301-674-7290 or pgc2809catering@gmail.com

Basket Bingo at St. Joe’s
Basket Bingo at St. Joseph’s Regional Catholic School will be holding its final bingo on Friday, January 20, 2017, with a snow date of January 27. Doors open at 6 pm for refreshments, and bingo begins at 7 pm. Please Contact Melissa Gott with any questions at 301.642.1967
Matthews, Douglas Coleman, 66  
Douglas (Doug) Coleman Matthews, 66, of Beltsville, MD, passed away on Saturday, November 26. Doug is survived by his loving wife, Kim; his mother, Eunice; brothers Mark and Michael Matthews; and one niece, Molly Finlayson. Honoring his wishes, Doug will be cremated and a private service held at a future date. Friends and family will be notified.

Midkiff, Mary Leah

Mary Midkiff, a longtime resident of Beltsville for 75 years, died on Saturday, November 26. Also known to many as Aunt Mary, she worked as a newspaper courier in the 1940s and later as a cafeteria worker for the Prince George’s County Public Schools. Mary was a member of the Young at Heart Club and a member of the Emmanuel United Methodist Church on Prince Georges Avenue and now at its present location on Cedar Lane here in Beltsville. Known for her kind and listening heart of gold, she raised and loved several children including her own along with her loving husband.

She was the wife of Ray Midkiff; mother of Ray (Bea), Don (the late Vanessa), and Ron Midkiff; grandmother of Becky, Jennifer, Donald II, and Lori; great grandmother of Rachel, Sarah, Clay, Taylor, Brock, Zachary, and Zoey; sister of Fay Houser, the late Tharel Belle Guynn, Charles Zoey; sister of Fay Houser, the late Tharel Belle Guynn, Charles Coleman, 66

Riderwood Names Michelle Glodeck as Director of Resident Life

Riderwood, the Erickson Living retirement community, announced the promotion of Michelle Glodeck to director of resident life.

She has over 23 years of experience in the senior living field, having joined Erickson Living in 1994 as a social worker at Charlestown in Catonsville, Maryland. There, she spent 12 years supporting the needs of residents in both skilled and independent settings.

In 2007, she joined the Erickson Living management team as the resident services manager overseeing the social work and intermissions programs for the enterprise. She also assisted in the development and implementation of memory support programs. In 2014, she returned to a community position and has been the resident life manager at Riderwood.

In her new leadership position, Mrs. Glodeck will oversee the functions and regulatory compliance of ancillary health services (Medicare-covered home health support and private pay homecare agencies) as well as the operations of pastoral ministries, social work, fitness centers, community resources, volunteer programs, philanthropy, and community television. The resident life department of Riderwood consists of more than 60 full-time and 250 part-time staff members serving more than 2,600 residents.

She will also serve as a member of the Riderwood executive management team and be the primary liaison with all other departments to ensure integration of programs and services for residents across the continuum of care. "Michelle has been a successful leader because she brings the knowledge and enthusiasm to create opportunities and expand the horizons for our residents," said Gary Hicks, executive director of Riderwood. "She is a great listener and cares deeply about her coworkers. Our resident life department provides many of the core services upon which our residents rely, and I look forward to working with Michelle as she leads this dynamic team."

A licensed social worker in the state of Maryland, Mrs. Glodeck holds a Master’s Degree in Social Work (MSW) from the University of Maryland. During her career, she has been a member of the National Association of Social Workers (NASW) and the Maryland Geriatric Association (MGA).

A native of Washington, DC, she resides in Chevy Chase, MD, with her husband, Chris.
Microsoft made a giant push to get the entire world to update to Windows 10. Microsoft gave free upgrades to everyone that had Windows 7 and Windows 8, and it installed annoying software to remind everyone to update. To be fair, Windows 10 is a much better experience than Windows 8, but it is far from perfect. Starting in August, Microsoft has been updating Windows 10 computers with the anniversary update, and it is expected that in the spring of 2017 another major update to Windows 10 will be pushed. This month, I will use this column to describe some of my frustrations with Windows 10 and will cover some workarounds in case these things annoy you as well.

Inconsistent User Interface for Settings

Years ago, Microsoft created the control panel, a common container for small applications (called applets) to allow the user to manage the settings on the computer in one place with a single, common interface. Microsoft broke this with Windows 8 by creating new applications in the Windows 8 style of user interface for some but not all of the settings. The settings not covered in the new Windows 8 style still required you to go to the control panel. Windows 10 did not fix this, and as a result you have to use 2 different applets and styles of applications located in two different places to manage things like network connections, users, or mouse settings, for example.

I normally start by using the control panel applets because they tend to be more full-featured. To find the control panel, open the application menu by clicking on the Windows button at the bottom left of the screen and scroll to then open the Windows system folder. You can add a control panel icon to your desktop by right clicking on the control panel and selecting themes from the left menu and then select desktop icon settings. Check the box for control panel and any of the other icons you want on your desktop.

Windows Updates

Microsoft created a good program for managing Windows updates years ago and has continued the program with Windows 10. However, if you have the Home edition, Microsoft forces you to receive the updates whether you want them or not. Unfortunately, their timing is terrible. It seems like every time I need to shutdown my laptop to rush to the airport for travel, Microsoft wants to spend 30 minutes updating my computer. If you are a Windows Home user, you can set “active hours,” a 1- to 12-hour time window when Microsoft will not restart your computer. To access the active hours, go to settings (the gear icon) and select “update and security.” Under update settings, there is a link to “change active hours.” Unfortunately, this does not prevent Microsoft from installing updates when you shut your system down.

Active Tiles

If you click on the start button, that little button adorned with a Windows icon on the bottom left of most Windows computers, a menu pane will pop up with a series of squares or rectangles. Each of these is a program designed to work on “tablet mode.” These tiles are called “live tiles” because they periodically slow your computer down by updating their content and reaching out to the Internet. You can speed up your computer by right clicking on the each rectangle and selecting “more” and then selecting “turn live tile off.” If you do not want or use the application, you can “unpin” it or uninstall the application. Do not unpin the application unless you have turned the live tile off first.

Share Your News!

Send your article submissions to News Director Rick Bergmann at editorbvnews@gmail.com
New Year’s Eve and New Year’s Day Walks in Savage

Finish 2016 at the Freestate Happy Wanderers’ annual walk events on New Year’s Eve and begin 2017 at our New Year’s Day walks at the United Methodist Church of Savage, 9050 Baltimore St., Savage, MD. The walk events will feature four 5-km trails loops for walkers to enjoy each day. The trails are on paved paths and natural wooded areas in and near the Savage Mill Historic District and Savage Park.

The events start between 9 am and 1 pm and finish by 4. Enjoy the friendly walking atmosphere of good food, fun, and fellowship. We will have prizes for children. Bring a can of nonperishable food for the local food pantry. For a donation of good food, fun, and fellowship.

On a cold, and arid night in the town of Bethlehem,
Mary bore a baby boy
with men,
Sweating, the sky spoke through scientists beheld a sight,
Shining o’er the message they'd been giv’n.

Meanwhile, in the eastern sky
Israel and Gentiles both have been slow of heart to see;
O, that like those early ones
They gave gold, myrrh, frankincense to this child with great delight.

Great job, Scouts!
On a very happy note, Pack 1031 is happy to welcome its newest “future Cub Scout" Thiago Coutinho. Thiago’s older brothers, Cristian and Flavio, are in the pack.

Each year the pack has activities such as camping, hiking, our annual Pinewood Derby and campfires. We will also do participatory citizenship along Little Paint Branch Trail, our toy drive, and Scouting for Food. We learn responsibility, play games, and have tons of fun.

If you interested in discovering the fun of Cub Scouts with your son, please contact Regina Halper at 301.858.3141. Delegation@gmail.com or call 410.437.2164, or checkout our website http://www.BeAScout.org—just put in our zip code and look for Cub Pack 1031.

Heaven Sent

On a cold, and arid night in the town of Bethlehem,
Mary bore a baby boy
with men,
Sweating, the sky spoke through scientists beheld a sight,
Shining o’er the message they’d been giv’n.

Meanwhile, in the eastern sky
Israel and Gentiles both have been slow of heart to see;
O, that like those early ones
They gave gold, myrrh, frankincense to this child with great delight.

Israel and Gentiles both have been slow of heart to see;
O, that like those early ones
They gave gold, myrrh, frankincense to this child with great delight.

Jesus came to rescue us from the dark of sin’s deceit,
May this Son whom Heaven sent opens eyes to personally
Show our generation He only has the power to free.

Beckie Hutchings
02/21/2016

Join Me, My Wife, Sheilah—and US Senator-elect Chris Van Hollen—Sunday, January 15, to Welcome 2017!

I hope you can join my wife, Sheilah, and me for our Welcome 2017 Celebration on Sunday, January 15, from 12–2 pm at the College Park Aviation Museum, 1909 Corporal Frank Scott Drive.

US Senator-elect Chris Van Hollen will be our special guest. Families are welcome. Please RSVP soon online at www.Senate.Holase.com. We look forward to seeing you!

Health Insurance Deadlines: January 15 and 31

Delegates Barbara Frush, Jose-line Peña-Melnyk, Ben Barnes, and I want to be sure all working families are able to sign up for affordable health insurance. The national election has raised questions about the future of “Obamacare,” or the Affordable Care Act (ACA). While it’s possible some provisions may change in the coming years, the ACA continues to be law and will continue to be implemented in Maryland.

Last year, President Obama’s healthcare plan expanded to include dental insurance. Now is the time to learn about expanded coverage—and other ways to save money on health insurance.

Enrollments completed before Jan. 15 will have coverage beginning Feb. 1, 2017.

Enrollments completed Jan. 16–Jan. 31 will have coverage beginning March 1, 2017. Visit www.marylandhealthconnection.gov or call toll-free 1-855-642-8572 to enroll or change plans.

State Legislative Session Starts January 11

Delegates Frush, Peña-Melnyk, Barnes, and I will be back in Annapolis representing you in the 2017 Maryland legislative session starting on January 11.

Please let us know your opinions on issues of concern and contact us with any questions. And, of course, feel free to be in touch if the delegates or I can help you. Just email 21stDistrict-Delegation@gmail.com or call 301.858.3141.
Beltsville residents of a certain age may recall long, pleasant afternoons picking strawberries at the “pick-your-own” strawberry farm that Darrow established and operated with his sons in nearby Glenn Dale, MD. We take for granted the “pick-your-own” experience, and many don’t realize Darrow developed the concept by establishing Darrow’s Acres and by encouraging his friend, George Butler, to establish “pick-your-own” activities at Butlers Orchards near Germantown, Maryland, the oldest still-operating “pick-your-own” farm in the world.

Fast-forward now to the current leadership of Dr. Kimberly Lewers (she holds a PhD in plant breeding from Iowa State University). She explains that the strawberry industry needs year-round strawberry production within easy shipping reach of large population centers. Responding to that growing need, Lewers has the Beltsville strawberry cultivars (or day-neutral or ever-bearing cultivars) with early-, mid-, and late-season cultivars to create plants that bear almost continuously throughout the strawberry growing season. Also, she is incorporating into those continuous bearers the rich flavor and natural disease resistance for which Beltsville strawberry cultivars are renowned. And finally, she is growing plants in the field using a novel production system called “low tunnels,” which entails using raised, long plastic strips to shield growing plants from excess light and rain. Using these strategies, Lewers has harvested strawberries from her Beltsville research plots as early as mid-April and as late as the end of December. Imagine the joys of having highest-quality, locally-grown, fresh and tasty strawberries for the Thanksgiving table and for any occasion throughout the year.

STRAWBERRIES continues on page 14
MAKE ROOFING the career for you...

JOIN OUR TEAM of experts who are respected as one of the top commercial roofing contractors for the last 60 years.

✔ Want to learn a skilled Profession?
  Become a skilled roofing applicator in the field of built-up, single ply or sheet metal.

✔ Prefer working outdoors?
  Avoid the hassles of a cramped office and having to wear a suit and tie!

✔ Looking for a career that offers both challenge and variety?
  Work all over the metropolitan area on many different types of office buildings, schools & shopping centers.

✔ Like to take pride in your work?
  Nothing beats driving by a local landmark knowing that you worked on that job.

✔ Excellent benefits .
  Health insurance.
  Life insurance.
  Long/short term disability
  Retirement Plan.

✔ One of the nation’s top installers of commercial roofing & sheet metal.
  We are proud of our quality work throughout the metropolitan area. We have worked on some of the area’s most prestigious projects.

✔ Family Owned Business.
  We’re in our second generation and have the philosophy that our business will continue for many more generations to come.

✔ Stop by or call us when you’re ready to start your career.

Orndorff & Spaid Inc.
Roofing and Sheet Metal Co.
11722 Old Baltimore Pike, Beltsville, MD 20705
www.osroofing.com

301-937-5911
The New Year Brings Changes to College Park Legion Family

By Barbara Schofield

The Beltsville Young at Heart Club continues to be busy and active. Shirley Denell, our trip committee person, coordinated a trip to Lancaster, PA, for us. There were several functions for 2017, and it looks like another active year.

By Ivy Christoffers

Several years ago, a drastic fire leveled the American Legion post home of Kennedy-Latimer #28, which was located across from High Point High School on Powder Mill Road. This caused several years of hardship for the members of post and unit #28 because they had to find someplace to meet to continue conducting their business. We at College Park #217 opened our doors to them, and their business continued unbroken. After many months of negotiations on a state and local level, we are pleased to announce that Kennedy-Latimer Post #28 has officially merged with College Park Post #217, which greatly strengthens both posts. Over the years since the fire, several members of unit #28 formally transferred to unit #217.

We welcome any and all who wish to belong to a very active unit that is yearly recognized on a district, state, and national level for the excellence of our programs. If you don’t yet belong and want to explore how to become a member of the greatest women’s patriotic organization in the world, you are just a phone call away. By calling 240.421.9580, you can reach the membership chairman, who can answer all your questions. If you hesitate because you hate to attend meetings, don’t let that deter you because most members never attend meetings. Your membership affords you several free benefits and supports all our programs. This is truly a win-win affiliation. We are now planning several functions for 2017, and it seems like another active year.

We recently held a most enjoyable volunteers appreciation luncheon and holiday party for unit #217 members at the Old Line Bistro restaurant in Beltsville. There was much fun and fellowship and gifts galore. A very good time was had by all who attended. The bistro treated us royally. A little note about the Old Line Bistro: did you know it is veteran owned and veteran operated? How great is that! And it has great food. Stop in and give Larry Pendleton a shout. Once a Marine, always a Marine, right, Larry?

College Park Post #217 has been the place to go for entertainment in 2016 because we have had many known names appearing here. Our most recent was our own Ronnie Dove’s Holiday Party on Dec. 18, and if you missed it, shame on you. There will be a great New Year’s Eve party with champagne and breakfast for only $30 per person. Try to beat that anywhere in town. Tickets are available at the post.

Law Offices of Paul B. Essex & John M. Middleton

10712 Baltimore Avenue, Beltsville MD 20705
443-652-2263 • john.middletone.sq@gmail.com

“Hi! My name is John Middleton. I have five years experience in a States Attorney’s office as a Child Support Investigator. I was surprised that many individuals do not receive the full amount of child support according to legal guidelines.”

“Hi! My name is Paul Essex and I have over forty years experience working with families. I never cease to be amazed at the amount of pain, turmoil and strife that surviving family members endure when a valid will is not available.”

Bingo is still held on Tuesdays and Wednesdays each week at noon. Our dinner dances continue on Friday nights at 5 pm, and we have a great hall you can rent for your function. Our football dinner is super as well. There are many great cooks found within our walls. We are truly a post for everyone.

We wish for everyone a healthy, happy, and prosperous New Year. May God continue to bless America and keep our troops safe around the world.
Looking Back at Beltsville: 2016
Safe Winter Driving Tips

(StatePoint) While winter can be a beautiful time of year, it can also be a treacherous season on the roads. Winter driving conditions require increased attention and an ability to adapt quickly.

In 2014, 870 people nationwide were killed in car crashes between December and March, resulting in an average seven percent per month increase from 2014, according to the National Safety Council (NSC). These numbers are a warning to everyone on the roads about how dangerous winter driving can be.

“Winter looks more idyllic outside our house windows than outside our windshield,” said Deborah A.P. Hersman, president and CEO of the National Safety Council. “The good news is many cars are equipped with life-saving technologies. It is important that drivers understand how the technologies work in order to drive safely in winter conditions.”

In an effort to prevent crashes on the road this winter, MyCarDoesWhat, an NSC and University of Iowa initiative, is offering some major pieces of advice for driving in winter conditions.

• Slow down. Drivers frequent- ly underestimate how long it takes to brake and how far it can be to stop on slippery roads.
• Don’t use cruise control on slippery surfaces like ice and snow. It will diminish your control and reduce your reaction time in the event of a skid.
• Remember, bridges and over- passes freeze before roadways, so be alert in cold weather when approaching one.
• Many new safety technologies (like back-up cameras) have outside sensors that can freeze or fog up. Always make sure they are clear so they work their best.

MyCarDoesWhat also reminds drivers of the safety technologies that can help vehicles adapt in slippery and changing conditions.

• Anti-lock braking systems (ABS) help drivers maintain control by preventing wheels from locking up. ABS works differently than traditional brakes, delivering and releasing precise braking pressure to each wheel as needed. So, don’t pump the brakes if you have ABS. Just hold them down firmly and look and steer in the direction you want to go. The brakes may buzz and vibrate when the ABS has activated.
• Traction control helps you accelerate without spinning out on slippery surfaces like snow and ice.
• Electronic stability control senses when you may be losing control around a corner or curve, and can stabilize your car if it begins to veer off the road.
• Adaptive headlights adjust to changing roadway conditions -- such as curves -- to provide optimum illumination along the roadway during long winter nights and periods of low daytime visibility.
• The temperature warning feature provides updates about upcoming roadway conditions such as black ice.

“When there is snow and ice on the road, antilock brakes can improve the stability of your braking so you can steer better,” said Dan McGhee, director of the University of Iowa National Advanced Driver Simulator. “Remember to hold the brakes down even when they pulse and vibrate.”

For more information, visit MyCarDoesWhat.org and follow MyCarDoesWhat on Twitter and Facebook.

Stay safe this winter. Learn how your car works and drive slowly in dangerous conditions.

New Year’s Resolutions for a Healthier You

(StatePoint) New Year’s resolutions can be a double-edged sword. While many of us feel motivated to make goals to improve our health, happiness and well-being, we often find the changes hard to sustain, and sometimes end up reverting back to old practices.

Check out these tips for starting and maintaining a healthier lifestyle.

Baby Steps

Many people start a new year hoping to improve their fitness routines and eating habits, and quickly become discouraged when results aren’t immediate. Instead of canceling your new gym membership and opting for a box of chocolates by Valentine’s Day, set achievable and realistic goals to stay on track.

If losing weight is the objective, aim for 10 pounds instead of 50. If you succeed at losing the first 10, celebrate and make a new goal.

Instead of adopting an extreme diet, cut back on one snack a day or incorporate a smoothie as a healthy meal replacement. Use ingredients like fresh fruit, dark leafy greens, flax or chia seeds -- even savory vegetables like beets -- the possibilities are endless.

Fuel Up to Get Fit

Sticking to fitness goals takes the right fuel. Eating whole foods instead of processed foods will give you more and longer-lasting energy. Plus, a whole-food diet is more simple and sustainable than restrictive calorie counting or elimination diets.

Powering your body with snacks like low-fat yogurt topped with granola, fresh hummus and whole-grain pita, or an apple and peanut butter, will feed your body through a work-out and help you feel fuller longer. To make delicious homemade nut butter, throw three cups of roasted, unsalted peanuts or cashews into a high-powered blender like a Vitamix machine and blend for a minute or so. The result is a gooey, good-for-you treat that will provide ample energy for healthy pursuits.

Indulge Your Sweet Tooth

Being healthy and eating whole foods doesn’t mean you have to sacrifice your sweet tooth. Before you plunge into a tub of cookie dough, consider other ways to curb cravings. Make your own, customized whole-food ice cream without artificial colors, flavors or preservatives using a blender. Varieties like apple pie and spiced roasted, unsalted peanuts or cashews can stand alone or be mixed into everything from healthy salads to frozen desserts.

Looking for something that feels even more decadent? Find recipes like chocolate hazelnut spread and more at vitamix.com/ Find-Recipes.

For a healthier new year, focus on small, attainable goals, and use whole foods to get creative with your diet.

IF IT’S REAL ESTATE, IT’S ROBERTA!!

ROBERTA

301-937-3124

E-mail: rbyaklich@verizon.net • 301-262-1700 • www.ROBERTAREALTOR.com

Experienced, Reputable • Distinguished Sales Club Full time professional • CRS, GRI, SFR • Associate Broker

WONDERING WHAT YOUR HOME IS WORTH?

Go to www.homesandprices.com

Homes of all sizes, all locations!

How About a New Home in the New Year?

I Can Help You With That!

“Make Deller Your Seller”

Bette Deller, CRS, GRI, SRES

Long & Foster Real Estate, Inc.

bette.deller@longandfoster.com

301-384-8700 (Office)

301-257-5852 (Cell)

Downsizing or Relocating? CALL ME TO LIST YOUR HOME.

Interest Rates are Still Low! CALL ME TO HELP YOU BUY.

Interested in Renting? I HANDLE THOSE, TOO.

Experienced, Certified, and Local

NO DRESS CODE, NO DINNER, NO PROCESSION, NO WREATHS

My Car Does What also reminds drivers of the safety technologies that can help vehicles adapt in slippery and changing conditions -- such as curves -- to provide optimum illumination along the roadway during long winter nights and periods of low daytime visibility.

• The temperature warning feature provides updates about upcoming roadway conditions such as black ice.

“When there is snow and ice on the road, antilock brakes can improve the stability of your braking so you can steer better,” said Dan McGhee, director of the University of Iowa National Advanced Driver Simulator. “Remember to hold the brakes down even when they pulse and vibrate.”

For more information, visit MyCarDoesWhat.org and follow MyCarDoesWhat on Twitter and Facebook.

Stay safe this winter. Learn how your car works and drive slowly in dangerous conditions.

New Year’s Resolutions for a Healthier You

(StatePoint) New Year’s resolutions can be a double-edged sword. While many of us feel motivated to make goals to improve our health, happiness and well-being, we often find the changes hard to sustain, and sometimes end up reverting back to old practices.

Check out these tips for starting and maintaining a healthier lifestyle.

Baby Steps

Many people start a new year hoping to improve their fitness routines and eating habits, and quickly become discouraged when results aren’t immediate. Instead of canceling your new gym membership and opting for a box of chocolates by Valentine’s Day, set achievable and realistic goals to stay on track.

If losing weight is the objective, aim for 10 pounds instead of 50. If you succeed at losing the first 10, celebrate and make a new goal.

Instead of adopting an extreme diet, cut back on one snack a day or incorporate a smoothie as a healthy meal replacement. Use ingredients like fresh fruit, dark leafy greens, flax or chia seeds -- even savory vegetables like beets -- the possibilities are endless.

Fuel Up to Get Fit

Sticking to fitness goals takes the right fuel. Eating whole foods instead of processed foods will give you more and longer-lasting energy. Plus, a whole-food diet is more simple and sustainable than restrictive calorie counting or elimination diets.

Powering your body with snacks like low-fat yogurt topped with granola, fresh hummus and whole-grain pita, or an apple and peanut butter, will feed your body through a work-out and help you feel fuller longer. To make delicious homemade nut butter, throw three cups of roasted, unsalted peanuts or cashews into a high-powered blender like a Vitamix machine and blend for a minute or so. The result is a gooey, good-for-you treat that will provide ample energy for healthy pursuits.

Indulge Your Sweet Tooth

Being healthy and eating whole foods doesn’t mean you have to sacrifice your sweet tooth. Before you plunge into a tub of cookie dough, consider other ways to curb cravings. Make your own, customized whole-food ice cream without artificial colors, flavors or preservatives using a blender. Varieties like apple pie and spiced roasted, unsalted peanuts or cashews can stand alone or be mixed into everything from healthy salads to frozen desserts.

Looking for something that feels even more decadent? Find recipes like chocolate hazelnut spread and more at vitamix.com/ Find-Recipes.

For a healthier new year, focus on small, attainable goals, and use whole foods to get creative with your diet.
CALENDAR OF EVENTS

January 2017

MONTEPLER MANSION & ART CENTER
9650 Munkirk Rd., Laurel, MD 20708, Phone: 301.377.7817. Contact the Art Center at 301.377.7810 regarding art and photography classes. Self-guided tours of the mansion: Thur. – Tue. from 11 a.m. to 3 p.m. Cost: $5/adults, $4/seniors, $2/children ages 5 – 12. Tours are scheduled throughout the exhibit. Please contact the center regarding classes and events for January. Membership is free for Beltsville residents who are age 60 or older.

SOCIETY FRIENDSHIP CLUB
Friendship Club regular office hours are Mon. – Fri. from 10 a.m. to 12:30 p.m. Phone: 301.362.3180. The monthly meeting will take place on Wed., Jan. 11 at 10:30 a.m. A special program on the Anacostia Trails will be presented. Sign-up and pay for the luncheon by Wed., Jan. 4.

THURSDAY MOVIE MATINEE
The featured movie for Thur., Jan. 12 is Now You See Me. The featured movie for Thur., Jan. 26 is Me Before You. Start time is 10 a.m. and the end time is about 12 noon. Popcorn will be provided.

NATIONAL WILDLIFE VISITOR CENTER
13001 Scarlet Tanner Loop, Laurel, MD 20708. Main phone: 301.497.5772. See fws.gov/refuge/PrinceWilliam/NWVC.html. The entrance is accessed from Powder Mill Rd. between the Baltimore–Washington Parkway, and Rt. 197. Holiday closures for the Visitor Center: 1) Closing at 1 p.m. on New Year’s Eve (Sat., Dec. 31); reopening on Tue., Jan. 3. 2) Closed Mon., Jan. 16 for Martin Luther King, Jr. Day. Regular hours of operation for the Visitor Center are: Fri. – Wed. from 9 a.m. to 4:30 p.m.; closed Thursdays and federal holidays. Regular hours of operation for the trails and grounds are: Open daily from sunrise to sunset, except for federal holidays. Free admission to the Visitor Center and its exhibits, grounds, and trails. Space in public programs is limited. Registration is by phone only and is required unless otherwise specified – call 301.497.5887. Note: These public programs are designed for individuals/families. Programs are subject to changes or cancellation due to weather or low participation. Activities and events are free of charge if not noted, but donations to the Friends of Patuxent are always appreciated. Please advise us of any special needs so that we may accommodate you. Contact the Visitor Center regarding events for January.

HOLLMINGS ART GALLERY
The featured artist for January is Leela Rae Hien. The gallery is open when the Visitor Center is open. Registration is not required. All ages.

WILDIFlE IMAGES BOOKSTORE
The bookstore is operated by the Friends of Patuxent and is open 11 a.m. to 4 p.m. on days that the Visitor Center is open. Applications to adopt a window crank (Adopt A Window crank program) may be left at the bookstore.

HUNTING SEASON
Hunting is now in season and may be occurring in various areas throughout the refuge through Jan. 31. Make sure to stay on marked trails at all times and find out about closed areas when visiting.

NATURE TOTS: HELLO HIBERNATION
Wed., Jan. 11 and Tue., Jan 17 from 10:30 a.m. to 11:30 a.m. both days. Ages 3 – 9. Come to learn how to hibernate! What does hibernation mean and who does it? Parental participation is required.

MICROHABITAT HIKE
Sat., Jan. 14 from 10 a.m. to 11:30 a.m. Ages 8 – 10. Discover the amazing world of microhabitats in this guided hike. Wear good walking shoes and dress for the weather.

WILD ABOUT THE CITY
Wed., Jan. 18 from 1 p.m. to 2 p.m. Ages 8 – 10. Come to learn about issues urban wildlife face and what you can do to help, so we can all continue to enjoy wildlife in our neighborhoods.

BIRD BRAINS
Sat., Jan. 21 from 10:30 a.m. to 11:30 a.m. Ages 8 – 10. Join us as we search for birds on this guided walk and learn about adaptations they have to survive the cold days of winter. Dress for the weather.

WINTER BIRD WALK
Sun., Jan. 22 from 8 a.m. to 10 a.m. Ages 8+. Search for birds in several refuge habitats on this guided hike. Field guides and binoculars recommended.

TINY TOTS: NATURE AND MUSIC
Sun., Jan. 22 and Mon. Jan. 23 from 10:30 a.m. to 11:15 a.m. both days. Ages 16 – 24 mos. Learn about wildlife at the refuge through fun and interactive songs and rhyming. Parental participation is required.

REMARKABLE RAPTORS
Wed., Jan. 25 from 1 p.m. to 2 p.m. Ages 5 – 7. Raptors have very interesting adaptations that make them well-suited to rule the skies. Learn about eagles, falcons, hawks, and their role in maintaining healthy ecosystems.

FAMILY FUN: WINTER WORLDS
Sat., Jan. 28 from 1 p.m. to 3 p.m. Ages 3 – 4. Greetings to hibernation! Set in, learn how various animals change their habits in order to survive!

WINTER WONDERLAND
Mon., Jan. 30 from 10:30 a.m. to 11:30 a.m. Ages 5 – 7. As the winter season sets in, learn how various animals change their habits in order to survive!

BELTSVILLE EVENTS

Please contact the individual facilities regarding late changes or updates to hours of operations; especially during holidays or inclement weather.

NATIONAL AGRICULTURAL LIBRARY (NAL)
Free and open to the public. Special closings: Closed Mon., Jan. 2 in observance of the New Year’s holiday as well as Fri., Jan. 20 for Inauguration Day. Regular hours of operation are Mon. – Fri. from 8:30 a.m. to 4:30 p.m., except for federal holidays. The library is located at 10301 Baltimore Ave., near Sunnyside Ave. Parking is free. Main phone number: 301.504.5755. NAL is on Twitter at http://twitter.com/#!/National_Agr.Lib. See NAL.USDA.gov for more information.

BENKIE NURSERIES
GARDEN CENTER
11300 Baltimore Ave. Please call 301.937.1100, ext. 0 or see Behnkes.com for more information and events.

HOUSEPLANTS 101:
ALL THE BASICS AND MORE
Sat., Jan. 21 from 2 p.m. to 3:30 p.m. Whether you are a novice or just brushing up, this class is a must for houseplant owners. Learn about reliable and/or finicky houseplants, lighting, fertilizing, watering, transplanting, and problem solving basics.

BELTSVILLE LIBRARY
The library will be closed 1) Mon., Jan. 2 in observance of the New Year’s holiday, 2) Mon., Jan. 16 for Martin Luther King, Jr. Day, and 3) Fri., Jan. 20 for Inauguration Day. The library is located at 4319 Sellman Rd., Beltsville, next to the police station. Main phone number: 301.937.0294. Regular hours of operation are Mon. – Tue. from 1 p.m. to 9 p.m., Wed. – Fri. from 10 a.m. to 6 p.m., Sat. from 10 a.m. to 5 p.m., closed Sunday. Visit our library system website at www.pims.org.info to check for weather-related closings and to use our online library services.

PROGRAMS FOR CHILDREN AND FAMILIES

CHESS CLUB
Tuesdays, 4:30 p.m. to 7 p.m. Drop in to learn to play or improve your game. All ages welcome.

READY TO READ PRESCHOOL STORYTIMES
Tuesdays at 7 p.m., repeated on Wednesdays at 10:30 a.m. Ages 3 – 5.

READY TO READ TODDLER STORYTIME
Wednesday mornings at 11:30 a.m. for ages 2 – 3.

STEM FOR FAMILIES
Wed., Jan. 4 from 4 p.m. to 5 p.m. Learn new things about food in this hands-on session. Ages 5 – 12 years.

TAYL WAGGIN’ TUTOR
Sat., Jan. 21 from 2 p.m. to 3 p.m. Children read to a dog. Ages 5 – 12. For information, call or visit the Branch.

PROGRAM FOR ADULTS

COLLEGE FINANCIAL AID ASSISTANCE WORKSHOP
Mon., Jan. 30 from 6 p.m. to 8 p.m. Adult students can get hands-on assistance completing the FAFSA form in cooperation with the University of Maryland. It is suggested that participants bring last year’s tax forms.

BELTSVILLE COMMUNITY CENTER
3900 Sellman Rd., Beltsville, Phone: 301.937.6613, Spanish line: 301.445.4509. Regular hours of operation are: Mon. – Thur. from 9 a.m. to 9 p.m., Fri. from 9 a.m. to 7 p.m., Sat. from 9 a.m. to 4 p.m., closed on Sunday. Hours of operation for Youth Teens and Pre-teens: Fri. – Sat. from 7 p.m. to 7 p.m. Contact the Center regarding events for January.

YOUNG AT HEART CLUB
The Beltsville Young at Heart Club meets on the 1st and 3rd Thursday of each month at 12 noon. Members must be at least 55 years old. If you visit us three times you can become a member. We have speakers, entertainment, trips, 50/50, bingo, plus light refreshments. Call Jean at 301.879.4304 with any questions.

STRATEGY GAME CLUB
Mondays from 7 p.m. to 9 p.m. Play board games, strategy games, and tons of fun. All skill levels welcome. Any game can be played as well as brought to the club to be played. Free. All ages.

XTREME TEENS AND PRE-TEENS REGULAR EVENTS
Fridays from 7 p.m. to 10 p.m. Free with valid Center ID card. Ages 10 – 17.

VANSVILLE COMMUNITY CENTER
6813 Ammandale Rd., Vansville, Phone: 301.937.6621, Fax: 301.937.6623, Spanish line: 301.445.4509. TTY: 301.445.4512. Closed Sun., Jan. 1 for New Year’s Day. Regular hours of operation: Mon. – Thur. from 9 a.m. to 9 p.m., Fri. from 9 a.m. to 7 p.m. (except for Xtreme Teens), Sat. from 9 a.m. to 4 p.m., Sun. from 12 noon to 4 p.m. Hours of operation for Xtreme Teens: Fri. – Sat. from 7 p.m. to 10 p.m. Contact the Center regarding events for January.

XTREME TEENS AND PRE-TEENS REGULAR EVENTS
Fridays from 7 p.m. to 10 p.m. Ages 10 – 17. With valid Center ID card.
Yea, a new year’s coming. I like the old saying “if I knew I was going to live this long, I would have taken better care of myself when I was younger!” We had a good Christmas; all my family was over Christmas Day and brought the meal. We reserved a room here at Riderwood to hold the gang, 14 in all. It was a fun afternoon.

My second oldest granddaughter, Molly, graduated from the University of Maryland last December, and the college gave her a job that pays well to start with. She is a smart one. She was rated one of the top students at Maryland. The school did not want her to go elsewhere.

Let’s start the year off well. Here’s a recipe to follow. If you try it you, I guarantee you will pass it on to all your family: it’s that good.

**Cornbread**

From the store, buy cornmeal and creamed corn (if you can find some); regular corn will work as well.

1. In a medium-sized bowl, place:
   - 1/2 cup sugar
   - 1 cup flour

2. Stir in:
   - 2 eggs
   - 1/2 cup milk
   - a pinch of salt
   - 2 level teaspoons of baking powder

3. Mix well about a minute

4. Add:
   - 1/2 cup Crisco Oil
   - 3 heaping tablespoons creamed corn
   - 4 heaping tablespoons cornmeal
   - Mix well

5. Bake in a fast oven 400 degrees about 20 minutes. There should be no wet spots on top.

This recipe will make 6 great corn muffins or smooth and tasty cornbread.

Baker Bill @ Riderwood

---

**Christian Science Church**

8300 Adelphi Rd., Hyattsville, MD (301) 422-1822

**Sunday Church Services:**
- 10:30-11:30 a.m. (doors open at 10 a.m.)
- Sunday school for youth up thru. age 19 (same time)
- **Wednesdays**: 7:30 - 8:30 pm. testimonies of healing, sharing gratitude, and fellowship service (doors open at 7 pm)

All are welcome • Free literature available

---

**Emmanuel United Methodist Church**

12511 Old Gunpowder Rd Spur
Beltsville, MD 20705

Phone: 301-998-6300  •  Website: www.eumcbeltsville.com

**Sunday Service**
- Adult Sunday School 9 am
- Praise & Worship 10 am
- Children’s Ministry 10 am

**Thursday Service**
- Adult Bible Study 7 pm
- Youth Ministry 7 pm
- Kids’ Power Hour 7 pm
- Discipleship Class 7 pm
- Search for Truth 7 pm

---

**Bells are Ringing**

Bells are ringing, voices singing. At last harmony reigns.

Memories bring light to darkness, grace and blessing for the believer.

It is Christmas with all its promises, when the young wonder the old know.

* (c) Ingeborg Carsten-Miller

---

**Join Us at The City**

Lighthouse Ministries International

10727 Tucker Street
Beltsville, Maryland 20705

301-477-1074 | 443-574-LHMI

contactus@lhmintnc.org | www.LHMInc.org

---

**Share Your News!**

Send your article submissions to 
News Director 
Rick Bergmann at editorbnnews@gmail.com

---

**FROM OUR FAMILY TO YOURS, MERRY CHRISTMAS AND A HAPPY NEW YEAR!!!**
The Beltsville News  •  JANUARY 2017

CHURCH DIRECTORY

First Baptist Church of Beltsville (SBC)
4700 Odell Road Beltsville, MD 20705
301-937-7771
www.fbcbeltsville.org
Keith Holland, Pastor

Abundant Grace; Abundant Life; Abundant God!

Sundays:
*Sunday School for all ages  9:45 a.m.
*Morning Worship 11:00 a.m.
Evening Worship 6:00 p.m.
Adult Choir Practice 7:00 p.m.

Wednesdays:
*Adult Bible Study & Prayer  7:00 p.m.
RA’s, GA’s, Mission Friends  7:00 p.m.
Youth Fellowship  7:00 p.m.

Mother’s Morning Out Program
For 2 & 3 year olds
Tues/Thurs mornings (Sept-May)  8:30 – 11:30 a.m.
For more info email us at: mmodirector@fbcbeltsville.org
*Childcare available for children up to 3 years old

St. John's Episcopal/Anglican Church
at the corner of Route 1 & Powder Mill Road in Beltsville
(301) 937-4292
The Reverend Joseph M. Constant, Rector

Sunday Worship Schedule
Quiet service: 8:00 a.m.
Family-oriented service: 10:00 a.m.
Between September and June
Sunday Nursery - during our 10 a.m. service Wednesday Evenings Bible Study 6-9 p.m.
We are a beacon of Christ’s love offering hospitality and sustenance to all on their spiritual way.
www.saintjohnsbeltsville.org

St. Joseph Catholic Church
11007 Montgomery Road Beltsville, MD 20705
301-937-7183
www.sjcs.org
Pastor: Msgr. Karl Chimniak
Mass: Sat. 5 pm; Sun. 8 am, 10 am, 12 noon

Holy Apostles Orthodox Church
Come and see.

From Lighthouse Ministries International
With Rev. Dr. Oswen Cameron & Pastor Cora-Dian Cameron
If Kim Lewers and her strawberry research team are successful—and the odds lean in their favor—an exquisite, tasty strawberries may become a year-round fixture in a supermarket near you.

A newly released cultivar named ‘Flavorfest’ could be a major step toward realizing that goal. Disease resistant and tasty, ‘Flavorfest’ is rapidly replacing older, standard strawberry cultivars. And even newer cultivars with longer shelf-life and other improved qualities are marching down the research pipeline.

STRAWBERRIES
continued from page 7

In my opinion, this “live tile” functionality is a waste because the tiles are only visible from the Start Menu. If you could place the tiles on the desktop like the Windows 7 widgets, this might be useful. I have turned off all my tiles. Face it: even if you play Candy Crush Soda, do you really need it to be updated every few minutes when you are not playing it?

In addition, Windows 10 has many background applications that run automatically but do not need to run if you do not use them. These are turned off by clicking the gear icon on the left of the “start menu,” selecting privacy, scrolling to the bottom, and selecting background apps. Turn off each app you do not use. I have turned them all off.

Security, Privacy, and Cortana the Spy
I can find many other annoying things about Windows 10. If you have a particular one, let me know, and I will try to cover it in the future. In the meantime, I am running out of time and space this month. Next month we will look at security, privacy, and “Cortana the Spy.”

MERRY CHRISTMAS!

From Lighthouse Ministries International
With Rev. Dr. Oswen Cameron & Pastor Cora-Dian Cameron

Bread of Life Distribution Pantry
BOLD Pantry distributes food items on Wednesday 6PM - 7PM and Sunday following 10AM Morning Service. Apply online www.LHMIinc.org

Night of Carols :: Wed. Dec. 21, 2016
Join us for a time of Prayers, Testimonies and Caroling at 8PM
Let us celebrate the birth of The Savior of The World: Jesus

Christmas Day Service :: Sun., Dec. 25, 2016 at 10AM
Worship with us in celebration and honor of the Birth of Jesus Christ.

Crime Reduction in Beltsville, MD :: Sun., January 15, 2017 at 10AM
10727 Tucker St. Beltsville, MD 20705 | www.LHMIinc.org

Security, Privacy, and Cortana the Spy
In addition, Windows 10 has many background applications that run automatically but do not need to run if you do not use them. These are turned off by clicking the gear icon on the left of the “start menu,” selecting privacy, scrolling to the bottom, and selecting background apps. Turn off each app you do not use. I have turned them all off.

Security, Privacy, and Cortana the Spy
I can find many other annoying things about Windows 10. If you have a particular one, let me know, and I will try to cover it in the future. In the meantime, I am running out of time and space this month. Next month we will look at security, privacy, and “Cortana the Spy.”

Security, Privacy, and Cortana the Spy

In my opinion, this “live tile” functionality is a waste because the tiles are only visible from the Start Menu. If you could place the tiles on the desktop like the Windows 7 widgets, this might be useful. I have turned off all my tiles. Face it: even if you play Candy Crush Soda, do you really need it to be updated every few minutes when you are not playing it?

In addition, Windows 10 has many background applications that run automatically but do not need to run if you do not use them. These are turned off by clicking the gear icon on the left of the “start menu,” selecting privacy, scrolling to the bottom, and select-
JANUARY 2017  •  The BELTSVILLE NEWS  • Page 15

SERVICES

TAX RETURNS - For businesses/individuals. Payrolls. Gerald Neumaier CPA. 301-953-1341; 301-776-6545. gncpa@verizon.net. 01/17

HAULING AND JUNK REMOVAL - Complete Clean Out - Garages, Homes, Construction Debris, etc. Licensed, insured, free estimates. Mike Smith 301-346-0840. 07/17

TREE AND STUMP REMOVAL - Pruning, land clearing, contact Bob Berra, 301-674-3770 or 301-384-4746. 12/22

STAMP COLLECTIONS purchased/appraised; U.S., Foreign, and worldwide collections - anything philatelic. Phone Alex: 301-309-3622 or E-Mail: Stampex1@gmail.com; long-time APS member. 01/17

TRASHING SERVICE - House cleaning, weekly, bi-weekly. Reasonable prices. Reliable. Call 240-593-7829

FOR SALE

JOTUL 602 Box Stove, very good condition, $300 firm Call Brian at 301-641-0775

LOG SPLITTER - Hydraulic wood splitter, in good working condition for $750.00. Call Maria at 202-431-9813.

SCAFFOLDING - good condition with platforms, 4 wheels, 4 stands to complete 5 tiers up to 20 feet high. Asking $100.00. Call Maria at 202-431-9813.

KENMORE REFRIGERATOR in good condition. White, 35 x 30 inches. $250 or best offer. 269-697-3574

HO Scale Bachmann - Electric Train Sets - Transformer Rail Power monitor TECH II (w/round); LOGO & CABOOSE combo, P9 Diesel Locomotive; Casey Jones - steam Locomotive & 4 cars (180 pieces); Diesel Blaster 72”.432” oval track 5 cars, 2 locomotives (185 pieces); EZ track III System 56”.338” oval track, power pack, 5 cars, Diesel Loco Thunderbolt (156 pieces); Accessories (houses, trees, cars, buses). Huffy Adult Bike - 10-speed, & tire pump (Huffy). For details call 301-445-2183, raud9999@verizon.net

CPR & First Aid Training: We offer day and evening classes every Saturday. Weekdays by appointment only. Please call to sign up. No walk-ins accepted. 301-595-8800 cpreadandfirstaid.net

I PAY CASH FOR OLD RECORDS

Albums and 45s from 50s, 60s, 70s. Highest Prices Paid.

Call Tom at (410) 533-1057

BELTSVILLE REFUSE SERVICE

By the Job or by the Month Dependable Reliable 937-5932

Kitt’s Music School

PIANO/KEYBOARD LESSONS

Free Trial Lesson
10762 Baltimore Avenue
Beltsville, MD 20705
(located in the Twin Chimneys Office Park)

301-589-2888 Ext. 1
Mblakely@jordankitts.com

Reach your Beltsville neighbors with a “low-cost” classified ad in The Beltsville News Call 301-937-6796
GET YOUR FINANCES READY IN 2017
GET A FINANCIAL CHECK-UP & EARN A $50 GIFT CARD!* ASK HOW...

A new year is here and now is the perfect time to learn how much you could save when you refinance your high-interest debt. Auto loans, credit cards, mortgage? Speak to a Member Service Representative and receive strategies on how you could add some extra cash in your pocket each month!

Financial Checkup Solutions:

- **Consolidate** high-interest bills
- **Lower** or **eliminate fees**
- **Save $$$** over each month or over the life of the loan
- **Earn a $50 Gift Card** when you get a Financial Checkup, open a new account & apply for a loan!*

STOP BY TODAY! | 800.952.PGCU | 301.627.2666 | WWW.PRINCEGEORGESCFCU.ORG/DEBT

*APR=Annual Percentage Rate. The above example is based on a $25,000 loan with a term of 60 equal monthly installment payments, starting rate of 15.75% APR. To qualify for the $50 gift card, the loan must have a minimum balance of $10,000 at the time of disbursement. All applications and new accounts must be received by 2/28/17, and settled by 3/31/17. Loans exclude PayDay Express, Share Secured and current PGCFCU confirmed loans. New account must remain open for 3 months. Gift cards will be disbursed to qualified members after promotion end. Your actual rate will be based on your loan amount, term and credit history. Contact us to apply and for details.

**EXAMPLE:**

<table>
<thead>
<tr>
<th>$1,605</th>
<th>$3,169</th>
<th>$4,690</th>
</tr>
</thead>
<tbody>
<tr>
<td>2% APR Reduction</td>
<td>4% APR Reduction</td>
<td>6% APR Reduction</td>
</tr>
</tbody>
</table>

*The chart above gives examples of how much you can save over the life of a five year loan for $25,000 with certain rate reductions. Imagine being able to reduce your monthly expenses and save over the life of the loan!*

**NCUA**