Mallards Mysteriously Come Each Spring to Give Birth

Baby ducks and their mom explore the courtyard of the Renaissance Gardens extended care neighborhood at Riderwood Retirement Community in Silver Spring, Md., each spring for the past few years to hatch their ducklings.

MALLARDS continues on page 11

Celebrate Community at Beltsville Day

Beltsville Day is Sunday, May 20, from noon to 5 p.m. The theme for the day is Celebrate Community. The celebrations will be located at the Beltsville Community Center, 3900 Sellman Road, Beltsville, Md., and activities are planned for the whole family. These include games for kids, such as a moon bounce and slides, but also carnival games with prizes.

There will be displays from local businesses, civic groups and politicians. The Beltsville police and fire departments will have their equipment on display, including a ladder truck. The Beltsville Boy Scouts will have their monkey bridge set up for people to try their balancing skills. The Beltsville Lions will be providing vision and hearing screenings in their mobile van. Inside the Center there will be model trains on display and a variety of foods by Young at Heart. Tables will be set up for crafters to display and sell their products. Non-profit groups, such as churches and schools, will be selling foods, including:

COMMUNITY continues on page 22

Zurkowski Leads Maryland Air National Guard A-10C Squadron on Deployment to Afghanistan

Lt. Col. Paul C. Zurkowski, the 32nd commanding officer of the 104th Fighter (A-10C) Squadron of the 175th Wing of the Maryland Air National Guard, enjoyed an evening out in Havre de Grace, Md., on the eve of his ninth combat deployment during his 24 years of service. Originally, the unit was formed as an Observation Squadron in 1921, transitioned to A-10 aircraft in 1977, rendering 35 years of state and national service since. Zurkowski has served:

ZURKOWSKI continues on page 22

NEXT ISSUE:
Submissions Due
No Later Than:
May 16
Paper Out:
May 26

On the Agenda

By Karen M. Coakley

Please join us on Wednesday, May 16, at 7 p.m. at Beltsville Academy. Delegates Barbara Frush and Josefina Pena Melnyk will be our guest speakers. They will give us an update on the 2012 session in Annapolis, bills that passed the budget and more. If you have specific questions or concerns you would like them to address, please contact me by May 14.

High Point High School is about to become a S.T.E.M. school. The curriculum will focus on Science, Technology, Engineering and Math. Councilwoman Mary Lehman is hosting an education town hall on Wednesday, May 9, 6:30 to 8:30 p.m. at Martin Luther King Middle School, 4545 Ammendale Road, Beltsville, Md.

Dr. Hite will discuss the school cluster plan along with the different programs offered, options available to your children if they do not like the programs within their school cluster and transportation.

District VI police will sponsor Senior Coffee on Thursday, May 3, at 1 p.m. at the Laurel/Beltsville Senior Center. This month’s guest speaker from the FBI will discuss human trafficking.

If you have a community concern, I can be reached at 301.937.3490 or karenmcoakley@msn.com

The Beltsville News
PUBLISHED BY THE BELTSVILLE-VANSVILLE DISTRICT CITIZENS’ ASSOCIATION, INC.
AN ALL-VOLUNTEER NEWSPAPER
Vol. 60, Number 5
Beltsville, Maryland
May 2012

Scouts Deliver a Mountain of Mulch

By Gary Bauchan

Boy Scout Troop 1033 delivered more than 45 tons of hardwood and pine mulch, completing another successful spring lawn and garden products fundraiser. In total, the scouts delivered more than 2,100 bags of mulch, fertilizer, manure, and top soil products all over the Beltsville area and all within nine

MULCH continues on page 22

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MULCH continues on page 22
Letter to the Editor

Perhaps Jeannine A. Carter could get some peace of mind by posting a “No Soliciting” sign. Although I’ve thought of putting one on my door, I have not yet felt it necessary.

Amazon.com offers one in Spanish. I found English-Spanish bilingual “No Soliciting” signs on the internet at www.ComplianceSigns.com, an e-tailer I’ve not purchased from and cannot assure as trustworthy.

Adeline Wilcox, Beltsville

Editorial

What PGSTTT Means to Me

By Jake Rayburn

For the first time in 47 years, PGSTT is in danger of not having a summer performance because of funding difficulties. As I wrote, I asked myself, “Why is this little summer teen theater program worth saving?” to which I responded, “I’m glad you asked…”

PGSTT works with people between the ages of 10 and 24. For this group of America’s youth, few things are more vital than a solid sense of self-esteem. I can personally attest that PGSTT helped me find my sense of self when I first auditioned for Bye Bye Birdie six years ago. I believe that most other young people who find themselves involved in the arts will develop their own confidence, as well.

Participating in any form of art contributes to creative problem-solving skills, academic success and, most of all, the development of self-esteem and social skills. For 46 years, PGSTT has created a safe atmosphere in which area youth can experience the art of musical theater. Summer after summer, it has given me such a rewarding experience in which I not only developed skills in dance, vocal performance, and acting, but also formed truly lasting friendships and discovered a belief in myself that is invaluable. The evidence is obvious in everything that I am today: a confident performer; a talented make-up artist; and a happy, social person with a love for live performance. What has PGSTT given you?

There are a million arts programs, all of which are in desperate need of funding. But I believe PGSTT most deserves the support of those of us who have benefited from its program. From the moment you get the phone call saying, “We’d like to offer you a spot in our show,” you can feel that PGSTT is a family. When you’re part of a PGSTT show, you know you’re part of something special. When, then, the curtain closes on your final performance, and you look around at the people with whom you’ve spent so many sweaty summer days, you feel a sense of accomplishment that no electronic device can possibly provide.

PGSTT makes sure that all cast members get their moment in the spotlight. Now, it’s our turn – and our responsibility – to make sure that spotlight doesn’t go out for good.

Please donate today! Use the PayPal donate button at www.pgsttt.org or send a check to PGSTT, 12407 Starlight Lane, Bowie, Md., 20715; or contact us at pgstt@hotmail.com to learn about other ways you can help.

Beltsville

News: Carissa Schorback, Bvnewsdirector@hotmail.com, P.O. Box 1607 Beltsville, MD 20704-1607. Enclose self-addressed stamped envelope if photo is to be returned. Accepted material may be edited. Letters to the Editor on local topics are encouraged. Names may be withheld upon request.


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37x37]Page 2 • The BELTSVILLE NEWS • MAY 2012
Prince George’s County Magician Wins Magician of the Year Contest

VIENNA, Va. – For the seventh time, Noland Montgomery, a professional magician from Beltsville, Md., has been dubbed the Washington, D.C., area Magician of the Year by the International Brotherhood of Magicians, Ring 50, The National Capital Ring.

Montgomery received the honor in April, after winning the annual Dan Lacey Memorial Magic Contest sponsored by Ring 50. Montgomery was selected over nine other competitors.

Montgomery, 59, who has been doing magic since he was 12, performed several classic cards magic including a routine in which five cards are shown, two are discarded, and five cards are shown again repeatedly. He did another routine in which a signed card magically reveals itself in several different ways after being lost in the deck, ultimately being found inside a sealed compartment inside a wallet.

As a result of his selection, Montgomery was selected to be the lead performer at Ring 50’s annual Magi-Whirl Gala Magic Show on April 14 at Bishop Ireton High School in Alexandria, Va.

A graduate of Yale College with a major in history, Montgomery has performed magic for private parties, birthdays, weddings, corporate events, banquets, fundraisers, shopping mall promotions, picnics and even the White House Easter Egg Roll. He has performed in several restaurants throughout and done street magic regularly in Alexandria, Va., and Baltimore’s Inner Harbor.

In addition to being a long-time member of the International Brotherhood of Magicians, Montgomery is a past president of the Society of American Magicians local Assembly 23.

May is Better Hearing Month

By Kathy Mellott, Au.D.

Hearing loss is the thirteenth most common health problem in the United States, currently affecting more than 36 million Americans.

Although hearing problems are commonly associated with the normal aging process, more than half of all hearing-impaired people are younger than 65. With the increased use of personal music players (MP3s) and earbuds, the number of Americans experiencing hearing loss at a younger age is growing.

Many Americans consider hearing loss a condition that is simply associated with aging; some do not know how to recognize the condition or know who is qualified to diagnose and treat the condition. In an effort to raise public awareness, the American Academy of Audiology, in conjunction with Audiology Unlimited and College Park Hearing Services, is celebrating Better Hearing Month this May, where they are encouraging consumers to be more aware of their hearing health.

“Hearing loss can be caused by exposure to loud noises; ear infections, trauma or ear disease; harm or certain medications; and deterioration due to normal aging process,” explains Kathy Mellott, doctor of audiology.

An audiologist is a highly educated and clinically experienced health-care professional who specializes in evaluating, diagnosing and treating people with hearing loss and balance disorders. Hearing loss can affect patients of all ages — newborns, infants, babies, toddlers, children, teens, adults and the elderly.

You may have a problem with your hearing and need to see an audiologist if you have trouble hearing conversation in a noisy environment such as a restaurant, are unable to hear people talk to you without looking at them or have a constant ringing in your ears.

Audiology Unlimited and College Park Hearing Services have a variety of specialties including, but not limited to:

- Performing hearing evaluations on all ages, including newborns and infants
- Prescribing and fitting hearing aids
- Designing and implementing hearing conservation programs
- Providing hearing rehabilitation training

Although most hearing loss is permanent, an audiologist can determine the best treatment, which may include hearing aids, assistive listening devices and hearing rehabilitation. Ear protection and information will be given out at the Audiology Unlimited table at Beltsville Day, Sunday, May 20.

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MAY 2012 • The BELTSVILLE NEWS • Page 3
Jonece Layne Won National Achievement NMSC Scholarship

Jonece Layne won the National Achievement Scholarship Program, which is conducted by National Merit Scholarship Corporation, and honors academically gifted black Americans. She has been awarded an annual $2,500 scholarship for up to four years, which will assist her in her educational career.

Emmanuel Food Bank Celebrates One Year Anniversary

By Rick Bergmann

In May, 2011, Emmanuel Unit ed Methodist Church opened the Emmanuel Food Bank, a program to help needy families in the area with food or clothing. In the first year, they have made a lasting impact on the lives of several people in the area, both volunteers in the program as well as those who have come to them for help.

The food bank began as a program where volunteers from Emmanuel would go to Washington, D.C., six times a year to hand out food and clothing to the home less in the city. They partnered with Faith United Methodist Church in Accokeek, Md. After several years, many members expressed a desire to create a program that would help families who were local to Belts ville, Md.

Julie Pavelka, co-chairperson of the food bank, said, “We began seeing more of a need locally. Our emergency food pantry was getting used by more people and more often.”

According to Pavelka, this need spurred a lot of thinking and plan ning. The group set a date of May, 2011, to begin giving out boxes of food once a month to anyone who asked for it. From then on, things started moving fast.

Some volunteers said, “This past year the Holy Spirit took hold of the food distribution ministry in a big way. Since it began in May of 2011, many people have volunteered their time to start up a monthly distribution to approxi mately 40 families, which soon blossomed into serving over 120 families per month. Not only have we been helping those in need of food, but our congregation and community had been generous in their time, money and donations to help fill our boxes, find freezers, refrigerators and shelving to hold all this food. We expanded into giving out clothing, baby items and health/beauty items, too. Each area has a separate room where people can get what they need to supplement their family’s needs.

Over the months, many people from Emmanuel United Methodist Church, as well as the surrounding communities, began pitching in and helping in a variety of ways. With the help of an Eagle Scout and several other scouts, a clothing shed was built on the grounds of Emmanuel, three garden carts were built to move the food boxes and household items. A demonstration nutrition cart with food and recipes has been set up so, while people are waiting, they can taste test and learn how to make nutritious and tasty foods. Shelves were built in the church to store the food as well. In addition to all of this, several local businesses heard about the program and they became sponsors and partners to the program. Pane ra Bread of Silver Spring, Md., provided bread to hand out each month. Spicknall’s Food Market has provided fresh produce, Tisch cher Accura of Laurel, Md., held clothing, food and school supply drives and, most recently, Behnke’s Nursery has provided garden beds and plants for the members to host a community garden.

Mary Ann Vaughn, volunteer, said, “We are fortunate to have Tischer, Panera Bread, Spicknalls, and Behnke’s.”

The volunteers for the food bank range in age from 3 to 80. Several of them came to know the program because they needed food or clothing. Once they saw what the bank did on a monthly basis, they returned as volunteers.

Shirley Nelson, a community volunteer, said, “I saw an ad in the newspaper for the food distribution and it was at a time when I was in need myself. It was in my neighborhood and I said, ‘Let me just check it out.’ So I just called and the next thing I know I was all involved. I like helping people and all my life I have tried to be a volunteer.”

There are many stories like Nel son’s among the volunteers. Vaughn continued, “I started helping in May, and was a bit concerned I would be welcomed. I was received with open arms, and have come to know more people within the church better. I have also met so many kind people that we assist. We have gained some volunteers that had been recipients of our assistance or others who read of the program and decided to help. This is a wonderful outreach that we have. We work hard each month, but we do this, not for recognition, but for service to our Lord.”

As the program began to move forward, it was obvious there was a bigger need than the bank had anticipated. The people who have received help from the food bank are a very diverse group. They come from more than 23 different cities in the D.C.-metro area. The volunteers and the recipients have become friends. Many who return each month exchange hugs, smiles and thanks between them.

Pastor Daniel Mejia of Emmanuel said, “The smiles and thank yous are making this program worth it.”

Since opening a year ago the Emmanuel Food Bank has helped more than 300 families. They have provided basic needs to anyone who asked. There have been hundreds of smiles, hundreds of hugs and some tears of joy. The food bank is a program many in the Beltsville community have embraced with open and loving arms. There is a constant need for clothing, food, baby supplies (diapers, food, wipes etc.) and more and the community has responded. The outpouring of support is overwhelming.

If you would like to learn how you can help or if you need assistance, please contact them at foodbank@emmanuelumcbeltsville.net or 301-937-7114. You can also visit www.emmanuelumcbeltsville.net/ emmanuel-food-bank to learn a little more.
Neighbors in the News

Ola Ojewumi Honored in Glamour Magazine’s Top 10 College Women Competition

NEW YORK – L’Oréal Paris exclusively sponsored Glamour magazine’s Top 10 College Women Awards on April 3 in New York. L’Oréal Paris also presented one of the top ten winners with the twelfth annual Beauty of Giving award at the event.

University of Maryland student Ola Ojewumi, 21, was honored at the awards ceremony. A native of Beltsville, Md., Ojewumi is currently studying government and politics.

In fifth grade, when most kids were struggling with fractions, Ojewumi was diagnosed with a heart defect and kidney failure; she received both a heart and kidney transplant.

“People know a transplant is major surgery but think that afterward, you’re fine,” said Ojewumi. “My reality is 22 pills a day and one injection a week, with a motorized wheelchair to get around.”

More recently, she’s been diagnosed with a form of post-transplant cancer—but even that hasn’t slowed her down. Ojewumi created the Sacred Hearts Children’s Transplant Foundation (www.sacredheartsctf.org) to advocate for organ donation and provide hundreds of sick kids with stuffed animals.

Ojewumi also founded Project Ascend, which funds a summer camp for low-income Maryland teens. Her work landed her an internship at the White House, so she took a group of campers for a round-table with six White House staffers, as well as a tour, which is now a monthly event.

“If I wasn’t sick, I wouldn’t be doing this,” said Ojewumi. “So while this condition is taking my life slowly, it’s giving me life, too.”

Riderwood’s Peep Show Winners Announced

The votes are in and the winning displays in Riderwood retirement community’s first Peep Show are, “Movie Night” by the Renaissance Gardens extended care staff and “Before Life at Riderwood, Living the Good Life at Riderwood” by the Community Resources and Wellness staff.

The Peep Show invited staff members to take their favorite candy – Peeps – and turn it into art. Departmental teams created all sorts of art using Peeps candies based on something that happened at Riderwood in the past year, everything from cultural events, technology, fitness programs, Wildlife Habitat Work, movies and more. All participating departments created its art from Peep Kits of 10 packages of peeps.

The winning Peeps displays were selected from among 13 entries to the three-week Peep Show held on Riderwood’s 120-acre campus in Silver Spring, Md. “Movie Night” won the popular People’s Choice Award while “Before Life at Riderwood/Living the Good Life at Riderwood” won the prestigious Judges’ Award. Judging the contest were Linda Carey, Pastoral Associate, and residents Lesley Easton and John Teti.

“Movie Night” was designed and produced by Robin Amicar, Carrie Rogers, MaryAnn Ingram, Brandon Jordan, Pauline Fraser, Derrick Harrigan, Sharon Flowers-Williams, and Noel Vasquez with special thanks to Adam Dickson and Jason Boyle.

“Before Life at Riderwood/Living the Good Life at Riderwood” was designed and produced by Nancy Welsh, Karen Spicer, Tracy Fowlkes and residents Trudy Downs and Levern Allen.

The Peep Show was sponsored by the Riderwood’s human resources department and provided the winners with a huge basket of candy and free lunch courtesy. No peeps were harmed in producing the award-winning displays.
Daryn Robinson’s Play about Bullying Debuts in May

Bullying has been a hot topic within our schools for the past several years. Virtually everyone can recall some point in their lives when they have been harassed or ridiculed for being different. One local student, Daryn Robinson, from Prince George’s County, wishes to speak out against bullying and discrimination through her original play, You Never Know. The show focuses on youth dealing with Asperger’s Syndrome, an autism spectrum disorder (ASD). Robinson’s work will make its debut performance to the public during the first weekend of May.

Robinson was given this opportunity through a contest sponsored by the Prince George’s Summer Teen Theatre (PGSTT) program this past winter. PGSTT has produced musical theatre performances for young teens over the last 45 years. Traditionally, these shows would take place over the summer. However, PGSTT has been looking for ways to include additional performances into their program. This year they decided to introduce a spring production that the local youth had written. This would provide a rare opportunity for young teens to watch their creations come to fruition on stage.

In a contest they dubbed the PGSTT Project, youth from the Prince George’s County area were asked to submit proposals illustrating their ideas for the spring production. These submissions included sample script excerpts. An important and challenging aspect of the competition required the winner to write the entire play within a month’s time in order to allow for the spring debut. In the end, Daryn Robinson from Georgetown Visitation Preparatory School won the honor of having her play, You Never Know, become PGSTT’s first spring production.

Rick Bergmann, former president of PGSTT, for a number of years, directed Robinson’s play. Bergmann is a Prince George’s County school teacher and has worked with special needs children in the past. He was excited to return to PGSTT to take on this project.

A majority of the cast are new to the PGSTT program, including Krem Lephew, 15, a student diagnosed with autism. Lephew said “likes being on stage and meeting new people.” Her favorite part of the show is “when the actors get excited and talk loud.” Performances of You Never Know will take place at the Charis Center of the Arts, 13010 8th Street, Bowie, Md., 20720. Showtimes occur on May 4 and May 5, at 7 p.m., with a matinee performance on May 6 at 2 p.m. Tickets are $10 and will be sold at the door. Handicap parking is available in the Charis Center lot. General parking can be found along the streets, but please do not park in the fire station lot. Contact the show’s producer, Hark Tagunicar, for any questions you may have. Please visit www.pgstt.org to help support the program.
Chotiner, Alan I.

On Wednesday, April 18, beloved husband of 70 years to Ann B. Chotiner; father of Barbara Ann Chotiner; Kathleen Chotiner (B. Thomas) Harter and Nancy Chotiner (James A.) Schretter; grandfather of John (Heather) Harter, Michael Harter, Emily Harter, Jennifer Schretter and Catherine Schretter; great-grandfather of Maxwell and Walker. Relatives and friends called at the Borgwardt Funeral Home 4400 Powder Mill Road, Beltsville, Md., on Sunday, April 22, from 2 to 4 p.m. and 7 to 9 p.m.; The family held the funeral mass at St. Hugh of Grenoble Catholic Church 135 Crescent Road Greenbelt, Md., on Monday, April 23, at 11 a.m.; Intermem Gate of Heaven Cemetery. Memorial contributions may be made to the Alan I. Chotiner Scholarship Fund, c/o High Point High School, 3601 Powder Mill Road, Beltsville, Md., 20705. www.borgwardtfuneralhome.com.

Obituaries

BVFD Volunteer of the Month is Firefighter Nathan Sweeney

Americans remember the events of September 11, 2001, in a variety of ways. Locally, the terrorists crashing the plane into the Pentagon paired with the devastating tornado that swept through College Park on September 24, 2001, spotlighted fire and emergency medical services personnel in our area and the challenges they face on a daily basis.

According to Nathan Sweeney’s mother, although he was only 7 at the time, the terrorist attacks and subsequent natural disaster were when Sweeney really started to become aware of events occurring around him. That was when his fascination with the public service seemed to have started. As he grew, so did his interest.

Sweeney says he always loved the fire trucks, always loved the lights and sirens and, typical of a lot of young men his age, wanted to be “part of the action.” What is not typical of many young men his age is Sweeney did something he never expected and he hopes to have a career in public service someday. The members at BVFD are happy to have him as part of the family, and look forward to watching him grow to love something many of us have already dedicated so much to.

If you are interested in becoming a volunteer firefighter or emergency medical technician, please stop by the firehouse on Prince George’s Avenue on any Monday after 6 p.m. and ask to speak to someone about becoming a volunteer.

Neighbors in the News

BVFD Volunteer of the Month is Firefighter Nathan Sweeney

The Beltsville Volunteer Fire Department (BVFD) is once again one of the proud beneficiaries of the Annual BAPS Charities Walk. The officers and members of the BVFD would like to extend our gratitude to the BAPS Swaminarayan Sanstha for their continued support. Above: Chief Al Schwartz accepts a generous donation. The check was presented at the BAPS Charities annual banquet earlier this month.

Share Your News!

Send your neighborhood news items to tedian82@aol.com.

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in the Garden

Graze

In Beltsville This Month Don’t Miss

Tomato and Pepper Talks May 5
Lettuce Making Workshop May 5
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Herb-o-dilly Days May 19 and 20
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Boy Scouts Visit Camp Rodney

By Gary Bauchan, Assistant Scoutmaster

Back in early March when it was still cold outside, several scouts from Troop 1033 stayed at a lodge for a weekend at Camp Rodney outside of Baltimore. Camp Rodney is where the scouts have been going to summer camp for a number of years. The Boy Scouts invited the Cub Scout Webelo scouts, who will be crossing over to the Boy Scout troop in late April, to go camping with them to show them the facilities at Camp Rodney and to encourage them to attend summer camp with the troop. The scouts visited their favorite sites, including the swimming pool, craft center, boating shore, scout crafts, climbing tower, scout store and the shooting sports range.

Despite the chill in the air, the scouts were able to try their skills at archery and fishing while visiting camp. All of the scouts, including the Webelos, were able to shoot arrows with a bow, some for the very first time. The scouts on the trip included Patrick Deery, Justin Nowlin, Joseph Miller, Alex Orellana, Patrick Miller, Luke Yarmas, Al Diagne, Surya Pukazhenthi and Trey Ridley. Adults who braved the cold were Webelo’s dad, Budhan Pukazhenthi; Assistant Scoutmaster, Gary Bauchan; and Scoutmaster, Rick Deery.

The scouts enjoyed chicken, beans and rice for dinner while huddling close to a campfire outside in the fresh cold air. The scouts will return to Camp Rodney this summer and enjoy another summer of camping, hiking, climbing, shooting, swimming, birding, canoeing and just plain having fun.

Scouts visit summer camp in spring

Beltsville Library Programs for May

Programs for Everyone

Chess Club
Tuesday, May 8 and 22, at 6 p.m. Chess for all ages and levels. Everyone welcome. Come to learn or just to play and have fun!

Programs for Children and Families

In celebration of children’s book week: meet the author, Ai-Ling Louie, Monday, May 7, at 7 p.m. Meet the author of Yeh-Shen: A Cinderella Story from China and hear a family story turned into a classic.

Teddy Bears on Parade
Thursday, May 17, at 10:30 a.m. It’s a teddy bear parade! Bring along your favorite stuffed animal and join us for a morning of teddy bear inspired activities and songs. Ages 6 and under.

3 – 5 Year Old Storytime
Wednesdays, May 2, 9, 16, 23 and 30 at 10:30 a.m. Songs, stories and fingerplays.

Toddler Time
Wednesdays, May 2, 9, 16, 23 and 30 at 11:30 a.m. Songs, fingerplays and stories for children 18 – 36 months with caregiver.

Family Game On
Tuesday, May 15, at 6 p.m. Families are invited to join the library for a night of video games and board games.

Programs for Adults

Afternoon Book Discussion
Tuesday, May 15, at 2 p.m. The group will be discussing The Ele - gance of the Hedgehog by Muriel Barbery.

Evening Book Discussion
Monday, May 14, at 7 p.m. The group will be discussing Major Pettigrew’s Last Stand: a Novel by Helen Simonson.

Computers for Everyone
Thursday, May 1, at 6:30 p.m.

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Remember Your Mother on Mother’s Day

“Mama” was my first word, might also be my last. How lucky to be loved and cared for — the closest I will ever know!

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Neighbors in the News

Patuxent Research Refuge Public Programs for May

Registration
All programs are free, however, donations to the Friends of Patuxent are greatly appreciated. These public programs are designed for individuals and families. Most programs require advance reservations. Please call 301.497.5887 to make your reservation and advise the refuge of any special needs so you may be accommodated. Visit http://patuxent.fws.gov for directions or more information.

Programs Held at the Patuxent North Tract Entrance
The North Tract is located on Route 198 between the Baltimore-Washington Parkway and Route 32, east of Laurel, Md.

Weed Warriors
Wednesday, May 2, 1-3 p.m. Ages 14+
Non-native invasive plants are threatening our wildlife habitat. You are invited to help stop them from spreading, bring gloves and water (and hand tools if available).

Spring Stirrings
Sunday, May 6, 8:30-10:30 a.m. Ages 6+. What is that noise? Is someone singing? Join refuge staff to look and listen for the sights and sounds of familiar residents and new visitors.

Maryland Mammals
Saturday, May 19, 10-11:30 a.m. All ages join a park ranger on a hike through Patuxent’s ponds, rivers and woodlands searching for mammals. Discover the mammals of Maryland, their characteristics and how they have adapted to Maryland’s steamy summers and chilly winters.

Butterflies: Nature’s Festival of Colors
Saturday, May 12, 8:30-11 a.m. Ages 10+
Saturday, May 26, 8:30-11 a.m. Ages 10+
Discover the role that butterflies play in the ecosystem and learn to identify several common

to Maryland on this guided 2.5 mile walk. Field guide recommended. Bring water and dress for the outdoors.

Tree ID 101 Hike
Sunday, May 20, 1 p.m. Ages 6+
Have you always wanted to learn to identify your local trees, but didn’t know where to start? Join a naturalist to discover how easy it is to identify some of Maryland’s local trees by leaf, bark and flower in this informative hike.

Heron Search
Saturday, May 26, noon-1:30 p.m. All ages join a refuge naturalist on this guided search for wading birds. Field guides and binoculars recommended.

Bird Walk
Sunday, May 27, 8:15-10:15 a.m. All ages. Search for birds in several refuge habitats on this guided hike. Field guides and binoculars recommended.

Programs Held at the National Wildlife Visitor Center
The Visitor Center is located on Powder Mill Road between the Baltimore-Washington Parkway and Route 197, south of Laurel, Md.

Springtime Surprises Puppet Show
Friday, May 4, 11:30 a.m. and 3:00 p.m. All ages. Join a very special American toad puppeteer on a springtime day at Patuxent as he bumps into old and new friends after a long winter. No registration necessary.

Bird Walk
Saturday, May 5, 7:30-9:30 a.m. Ages 14+. Search for spring migrants in various refuge habitats on this guided hike. Wear good walking shoes; bring binoculars and a field guide if you can.

Flutterby Butterfly
Tuesday, May 8, 1-2:30 p.m. Ages 5-7. Discover the incredible life of the butterfly through stories, crafts and a hike in this fun program.

Bird Walk
Wednesday, May 9, 8-10:30 a.m. Ages 16+
Wednesday, May 23, 8-10:30 a.m. Ages 16+
Search for birds in several refuge habitats on this guided hike. Field guides and binoculars recommended.

Nature Tots: Marvelous Mamas
Friday, May 11, 10:30-11:30 a.m. and 1-2 p.m., Ages 3-4. Celebrate Mother’s Day by learning about how nature’s mamas nurture and care for their babies in the wild through stories and crafts.

Migration Madness
Saturday, May 12, 1-2:30 p.m., Ages 8-10. Did you know May 12 is International Migratory Bird Day? Visit Patuxent Research Refuge for an interactive program with hands-on activities to explore the birds that migrate right through our own backyards.

Worlds of Wildlife
Tuesday May 22, 1-2:30 p.m., Ages 5-7. Come celebrate Biodiversity Day. Discover Patuxent’s amazing variety of life, from big to small and fuzzy to slimy, through interactive games, stories and a hike.

Animal Advertisers
Thursday, May 24, 2-3:30 p.m., Ages 8-10. Most animals use camouflage to hide. Learn why and how some animals advertise their presence with bold colors and bizarre behaviors.

Tiny Tots: Nature and Music
Wednesday, May 30, 10:30-11:30 a.m. Ages 18 months – 3 years. Learn about the wildlife at the refuge through songs and rhyming.

Endangered Species Celebrations National Wildlife Visitor Center
Endangered Species Tour
Tuesday, May 15, 11 a.m. and 1:30 p.m., Ages 14+ Register for a behind-the-scenes tour of the Patuxent Wildlife Research Center to observe the graceful endangered whooping cranes and much more. Arrive early, as tours will leave on time. Tours will last approximately one hour. Space is very limited. Call 301.497.5887 to register.

Endangered Species Presentation
Tuesday, May 15, 12:30-1:15 p.m., Ages 14+ Register for a presentation by the Friends of the Patuxent Wildlife Research Center to learn about the United States Fish and Wildlife Service plays in the lives of these fragile species. No registration necessary.

American Bird Conservancy Presents Endangered Hawaii
Film showing Tuesday, May 15, 3 p.m. (30 minutes). Learn about the tragic extinctions of Hawaiian island bird species and the suggested solutions to save these endemic and fascinating birds. No registration necessary.
Neighbors in the News

Record Number Attend Bluegrass Jam at Riderwood Retirement Community

A record 250 people attended an April Bluegrass Jam held at Riderwood Retirement Community in Silver Spring, Md. The Riderwood Ol’ Opry Bluegrass/County/Old-Timey Music Jams are a stage show format that take place every two to three months. The Lonesome Pine Band provided accompaniment, playing a wide selection of bluegrass, country, western swing and novelty songs. Riderwood residents, relatives and friends got up on stage to perform the various styles of music, backed by the band.

Regular performers included resident Henry Plotkin on fiddle and mandolin, and Eddie Schaeffer on guitar and vocals. The next Bluegrass Jam at Riderwood will be held Thursday, May 10, at 7:30 p.m., in the community’s performance hall, 3140 Gracefield Road, Silver Spring, Md.

MALLARDS continued from page 1

They then leave by summer to explore new worlds of wonder. Renaissance Gardens residents and staff are now feeding the duck visitors and taking care of them as if they were their adopted pets.

Renaissance Gardens, much like its baby duck visitors, has recently spread its wings to incorporate enhanced apartment, activity, and lobby designs that maximize socialization and independence of its residents. Renaissance Gardens has 230 assisted living units and 132 skilled nursing units.

Riderwood sits on 120 acres that stretch across Montgomery and Prince George’s Counties. It has received Wildlife Habitat Council Certification, making its campus a beautiful ambiance for the baby ducks. Nearly 3,000 people live at Riderwood.

Health News

Seven effective habits to prevent hearing loss

(ARA) - Hearing loss is common, but the perception that hearing loss is only caused by aging is incorrect. More than 36 million Americans have hearing loss. Changing lifestyle habits, and treating a variety of health conditions can help to prevent hearing loss.

Seven healthy habits may help prevent or delay the onset of hearing loss.

1. Noise
   Noise-induced hearing loss is the most common yet preventable cause of hearing loss. Exposure to dangerous levels of noise can occur at work, home and in many recreational activities. Wear ear plugs or muffs when operating loud equipment (i.e., lawn mower, power saw, leaf blower, etc.) or when using firearms. Buy quieter products (compare dB ratings advertised on the products - the smaller the better).

2. iPod/MP3 Players
   Listening to MP3 players at dangerous levels can cause permanent hearing loss. You can download apps to ensure noise exposure through your iPod does not exceed dangerous decibel levels. “Volume Limit” is a switch in the “settings” section of your iPhone or iPod to make sure that your hearing is protected. This allows you to set a maximum level for the volume output of the media player and even put a 4-digit code on it to keep it fixed.

3. Diabetes
   The National Institute of Health (NIH) has found that hearing loss is twice as common in people with diabetes. Furthermore, of the 79 million adults with pre-diabetes, the rate of hearing loss is 30 percent higher than in those with normal blood sugar levels. Moderate weight loss, eating healthy and exercise can delay or prevent type 2 diabetes among adults at-risk for diabetes.

4. Smoking
   Smoking is a risk factor for hearing loss. Smokers are nearly 70 percent more likely than non-smokers to suffer hearing loss. Exposure to second-hand tobacco smoke almost doubles the risk of hearing loss among adolescents. Studies show that smoking, age and noise exposure together increase the risk for hearing loss more than each of these factors alone.

5. Cardiovascular disease
   Not only does exercise help to prevent type 2 diabetes, but...
By Senator Jim Rosapepe (D-21)

Join us at Beltsville Day — Sunday, May 20

Beltsville Day will be held the afternoon of May 20 at Beltsville Community Center, located at 3900 Sellman Road. There are games for kids, music, food, great fellowship, and much more. Stop by the 21st District Delegation’s table where we’ll have free maps — road, bicycle, and greenways — guides to festivals and other fun events around Maryland, and info on how to solve problems like high property assessments and unemployment. We look forward to seeing you and hearing your

2012 Legislation Focused on Job Creation

As I write this in mid-April, I don’t know when Governor O’Malley will call the legislature back into session to finalize the budget. As you may know, when the regular session ended April 9, several pieces of the budget were not completed, threatening cuts on local school funding and big college tuition hikes, among other things.

Delegates Barbara Frush, Joseline Peña-Melnyk, Ben Barnes and I urged the Governor to move quickly and, today, we are hopeful he will. The summary below covers the full budget package including the revenue package we expect to finalize soon. At a time when too many of our neighbors are still suffering from lower incomes and unemployment, we focused on protecting and creating jobs. We voted for a balanced state budget package by cutting unnecessary spending and raising revenue by closing corporate loopholes and making the income tax more progressive (this is the legislation that needs to be finalized in the Special Session). Key priorities we succeeded in protecting include:
- state aid to Prince George’s to keep teachers, police and fire-fighters on the job
- creating construction jobs in repairing and building schools, fixing roads and bridges, and repairing Metro elevators
- investing more than $250 million in improving the University of Maryland and other public college campuses

In recent years, while other states and the federal government have failed to face their fiscal problems, Maryland has protected education and other important public services while balancing the state budget and preserving the state’s AAA bond rating. Other important legislation included:
- implementation of President Obama’s plan to expand health insurance to working families, championed by Delegate Peña-Melnyk
- new tools to clean up the Chesapeake Bay by restricting septic tanks and raising funds to treat sewage, championed by Delegate Frush
- increased state aid for Prince George’s schools, championed by Delegate Barnes
- capping college tuition hikes at 3% at the University of Maryland and other public colleges, championed by me

High Point High School Gets Funds from Alcohol Tax Hike

Last year the Delegates and I voted to fund local school improvements by extending the sales tax to alcohol. Recently the Maryland Board of Public Works approved a request to spend $1.25 million of the funds at High Point High School for piping and unit ventilator replacement.

Working to Improve Sunrise Plaza

Councilwoman Mary Lehman and I were approached by the tenants of Sunrise Plaza with the hope that we could steer these businesses in the right direction to get through these troubled economic times and help get the landlord to take better care of the plaza.

We had a productive meeting with the tenants. We encouraged them to form an organization, which shortly led to the formation of the Sunrise Plaza Merchants Association. Along with the 21st District Delegates, Mary and I are concerned about their situation and want to help. We look forward to a future meeting with the new Association and the plaza’s landlord to reach a solution.
Club News

Beltville Rotary Happenings
By Ivy Christoffers

These past few weeks were very interesting ones for our members. We enjoyed hearing from very influential Beltville residents. The principal of High Point High School, Sandy Jimenez, spoke of her upbringing in Wichita, Kan., her marriage to a Spanish-speaking fellow who moved her to South America where she quickly learned Spanish. She returned to Prince George’s County as a single parent with four children. Because of her language skills, Jimenez was placed in an EOS elementary school nearby, then transferred to a middle school and finally appointed as principal of High Point.

She pointed out that High Point is number ten in educating minority students and feels her school is a microcosm of the United States. She feels educators need to be actively engaged in the community to foster a successful high school and finds STEM is engaged with active, creative learning processes with FDA, WAU and other businesses that offer internships to high school students.

Jimenez is seeking academic grants for after school programs that will keep the students off the streets. She spoke of how the State of Maryland is comparing the number of students who enter high school against the number who graduate. It seems 40% of high school students in Prince George’s County drop out before.

ROTARY continues on page 17

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Beltsville Garden Club’s Second Spring Plant Sale
By Louise DeJames, Publicity Chair

The Beltsville Garden Club will hold the second plant sale of the season, on Saturday, May 12, from 8 a.m. until noon, rain or shine, at High Point High School, 3601 Powder Mill Road, Beltsville, Md. Quality perennials, annuals and vegetable plants will be sold at reasonable prices. Plants grown in the Beltsville Garden Club greenhouse will also be available. For more information call Geoff White at 301.937.1539. For directions visit our website at www.beltsvillegardenclub.org.

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Beltsville Young at Heart
By Barbara Schofield

Beltsville Young at Heart enjoyed a scrumptious luncheon at our last meeting to celebrate our 54th anniversary. The Laurel Meat Market catered the luncheon. Bill Miles always does a wonderful job of catering; thank you for the delicious food. Members won door prizes, raffle baskets and 50/50. Please don’t forget Beltsville Day on May 20; we need your patronage. Hope to see you there, come inside for good things to eat and buy. A friend is always at home in your heart.

National Active and Retired Federal Employees, Chapter 1122, is Holding Monthly Meeting

The monthly meeting will be on Wednesday, May 9, 1:30 pm, at the Greenbriar Community Building, Terrace Room, 7600 Hanover Parkway, Greenbelt, Md. Call the office for directions: 301-441-1096 Dial “0.” Speaker will be Dr. Gene Lester from BARC, whose topic will be Food as Medicine: What Melons Offer. Come and learn about food that may help you. Prospective members are welcome. Executive board meeting follows chapter meeting; members are invited.

Women’s Community Club of Beltsville

The May meetings of the Women’s Community Club of Beltsville are scheduled for Wednesday, May 9, at 7 p.m. at Three Brothers Pizza in Beltsville, Md. and Monday, May 14, at 12:30 p.m. at Emmanuel United Methodist Church on Cedar Lane in Beltsville, Md. We are a 501(c)3 organization whose mission is to serve the Beltsville community. Women of Beltsville are invited to join us; we are always looking for new members and community support for our mission. If you would like more information about our club, please contact Elaine Chabot, President at ecchabot@aol.com

Children’s Corner
By Denita Johnson

The weather has been beautiful. It’s spring time so it’s time to start planting our gardens and taking care of our lawns. It’s also a time to think of others. This month we are going to celebrate our mothers and teachers. Making homemade gifts always seems to give them a smile so here are a few to get you started and remember to have fun and enjoy activities with your children.

Mother’s Day Ideas
- make a card out of a tea cup shape and add an herbal tea bag
- make a pop up card that pops up a bouquet of flowers
- make a crown and let your mom be the queen of the day while you do the chores
- make dinner for your mom (with help from dad for the little ones)
- make a picture book for mom telling her how much she means to you

Teacher Appreciation Gift
- write “You are out of this world” on a milky way bar
- write “You are extra special” on a pack of extra gum
- write “Thanks for giving us a hand” on a bottle of hand lotion
- write “You are tea-rrific” on a mug with a tea bag
- write “You are our biggest fan” on a handheld personal fan
- write “We are fortunate to have you” on a box of fortune cookies

These are just a few ideas; I know you can think of a lot more. Have fun.
By Ivy Christoffers

Last month I told you of happenings and special events held at our post home in College Park, Md. Now I want to inform you of another event that is shaping up nicely. On Saturday, May 19, we will be holding a yard sale and car wash from 8 a.m. to 1 p.m. For information, please call 301.441.2783 or e-mail lindseylando@yahoo.com. There may be an opportunity for you to rent a table, participate and get the pollen off your car.

We are entering the month of May when you will encounter those American Legion and Auxiliary members who will be distributing those pretty little crepe paper poppies of remembrance in honor of all who have lost their lives fighting for our freedoms. Donations are gladly accepted for these flowers; we use all money received for our veterans programs.

There will be many Memorial Day observances held throughout the area. The one held at the College Park Veterans Monument at Route One and Greenbelt Road is always a beautiful affair. Refreshments are served at our American Legion post home at 9218 Baltimore Blvd. following the services. Come join us.

Our annual Miss College Park Scholarship Pageant was held at the Moose Lodge on Metzerott Road, Sunday, April 15, and we have crowned Morgan Lash, a cheerleader and freshman at the University of Maryland, the new Miss College Park. Our retiring Miss College Park, Jordyn Goddard, did a fabulous job representing unit #217 throughout her year.

Their obligations begin immediately and they are kept busy appearing and speaking at many events throughout the state, as well as participating in local parades, entertaining our veterans at Washington Veterans Affairs and Charlotte Hall Veterans Home, and participating in children’s parties at Halloween, Christmas and Easter.

We members of the American Legion Auxiliary believe in volunteering our time to serving others and enjoy serving as mentors to our youth, thus insuring our future.

By Kenneth Labbe

Get Tuned In and Turn out for a Good Cause

Doug Gansler, Obama for America, Former Maryland Governor Bob Ehrlich, Romney for President and Maryland Senate Candidate Daniel Bognino

Tuned In’s goal is to motivate thousands of teens and their families to take an active role in election year opportunities, serve their community and develop civic responsibility. Don’t miss this once-in-a-generation experience.

Come to the event starting at 8:30 p.m. at Thomas S. Wootton High School, 2100 Wootton Parkway, Rockville, Md., 20850. Gates open at 8 p.m. Tickets are available at www.tunedinmaryland.org for $25 or $30 at the door.

There will be a free shuttle from the Universities at Shady Grove and free parking at Frost Middle School and Lakewood Elementary School. Portable facilities will be available in the stadium as well as Wootton Stadium. The Boosters Association will be selling concessions.


School News

The Magic of AVID
By Yeny Hernandez, Layla Hernandez, Shanane Harris, Jennifer Hernandez, Luis Garcia, Luis Gutierrez

At Martin Luther King, Jr., Middle School we have a course called AVID which means Advancement Via Individual Determination. We are all AVID students. In AVID you have a family that means the people in class you treat with respect, and you treat them how you would treat your family. Some of the skills we learn are tutorials, Socratic seminars and MSA/college-ready SAT words.

In AVID we have a coach, not a teacher. Our coach is Coach Davis and she helps us with our classwork, homework and projects. Sometimes when we have guest speakers, we have to write Cornell Notes. Cornell Notes are a skill that we have to learn. You have to put the main idea and supporting details on your paper. With Cornell Notes you do not have to have complete sentences, just thoughts and ideas. Also, our coach tells us when we are doing a BCR so that you fill in all the lines. This is AVID and what we are all about.

How AVID is Special
By Demetrius Craft, Tobi Aroloye and Ariela Ayala

AVID is a college prep class for middle school students. “AVID helps you get better grades in school,” said Tobi Aroloye, a student at Martin Luther King, Jr., Middle School. AVID is an academic program. If you are struggling in school, AVID is where you want to be so you can get better. “In elementary school,” said Ariela Ayala, another student at MLK, Jr., Middle School, “I got some Cs on my report card, but ever since I started AVID, my grades improved.” AVID helps you get ready for the SAT in high school and for the MSA. AVID is a good program and helps students get straight As or As and Bs. It also prepares you for college.

What AVID Means to Us
By Rick Hart, Derrick Poag, Jayson Do

AVID is everything you need to be successful in school and life. AVID is what motivates the young people to achieve their goals in school. AVID means to strive in school and for the MSA. AVID is a good program and helps students get straight As or As and Bs. It also prepares you for college.

AVID helps us because we go on field trips and we get to see the things that we learn about. AVID helps us to do new things. For example, when we went to the Walters Art Museum, we learned about the Roman Gods, like Zeus and Athena. We have fun on our field trips and they inspire us to try new things.

AVID prepares us for life. It gives us lots of projects that prepare us for high school classes and college. AVID teaches all subjects that we have or need help with like reading, language, arts, math, science and social studies. AVID helps with all types of learning skills such as how to organize our data with a graphic organizer. AVID is a great program.

AVID Preparations for College
By James Bethune, Kevin Cruz-Guevara, Ernest Akers Jr., Andy Do, Daniel Dixon, Erik Baten

I’m ready for college. Are you? Here in AVID we prepare each other for college in the early stages of our lives. In the AVID program, failure is not an option. We focus on projects that are on a college level. We also focus on writing our resumes early so throughout the years of our education we can add on to it. We use Cornell Notes to see how colleges use notes differently than grade school. This helps us to evaluate our skills to get a good education. So if you want to be prepared for college like us, then join the AVID program.

AVID Field Trips and Freedom
By Harsh Patel, Tyosha Qualis, Achkha Page

The best thing about AVID is freedom, field trips, group work and rewards. In seventh grade, we had little freedom from holding hands to the buddy system. Now that we are in the eighth grade AVID program, we have more freedom and responsibilities. This makes us proud of ourselves. The field trips help us take a load off from school. These field trips give us a future education to see and learn new things. Group work helps us to cooperate amongst our AVID family and other people we may have to work with in the future. The rewards help us to show that we earned the reward. It is hard to find the best part of AVID because nothing is bad about AVID.

The AVID Family
By Aaron Pillal, Ralph May, and Nandini Neubulsii

As a member of the AVID family, we are very connected to each other through thick and thin. Sometimes, as AVID family members, we need supplies, and as an AVID family, we have to help each other. But if an AVID family member wants to copy off of us, we give them tough love by not letting them copy and telling them it is wrong.

People in today’s society have others for what they want. They need to treat each other like their family. People don’t really understand how important it is to have a family. You should be grateful because you all have been gone in the blink of an eye. This is why you have an AVID family who is always there to support you.

The Opportunities in AVID
By Lourie Williams, Joveli Leslie-Alston, and Emily Mendez

When we come in to class, we get ready to start our usual routine. In AVID, you’ll have the opportunity to get high school and college credit. We go on lots of educational field trips such as the White House, UMBC, UMCP, the wax museum and more. When we have the opportunity, we go onto www.collegeboard.org website and practice on our SAT knowledge. We are given difficult words to discuss. In AVID, we do lots of essays and write-a-books. One of the essays we worked on was the patriotism essay for the American Legion contest. This helps us prepare for our high school and college essays. AVID: Where Failure Is Not An Option
By Jasmin Lolin, Nesheah McQueen, Carlam Lambe, Imani McClendon

AVID is a program in our school, Martin Luther King, Jr., middle school, which counts as one of our classes. We do a lot of activities such as going on field trips to colleges and have guest speakers. Some of the colleges we go to are UMBC and Howard University. Most of our guest speakers come from colleges or they come out to talk to us about colleges. As you can see, our AVID coach, Coach Davis, cannot stress to us enough how much college is for us; however, AVID is not all about college. AVID prepares you for life so when you become an adult, you can decide on a career. In this program, the class helps you to practice your favorite subjects so when you go to your classes, you will understand your topics.

AVID Activities
By Sherepa Page

At the beginning of the year, we found out what our learning styles were. There were visual, auditory, tactile, individual, group, oral and written styles of learning. A lot of people thought they were going to be something else than they actually were. Then they found out what people they could be studying with. We do many activities in AVID, but we do not have much time. That’s why we learned earlier, when we get an assignment, we do the work whenever we get a chance. For example, when we get the math project, we first start the project and then we start right away on the next one. After the write-a-book, we started on the Americanism essay contest.

AVID continues on page 20
By Becky Cavallo

As part of its positive behavior incentives (PBIS), Calverton Elementary held three sock hops in March to celebrate the third quarter Pre-K, kindergarten classes and first graders had their sock hop on Wednesday, March 28, in the afternoon. Second and third grade students had a sock hop on Thursday morning, March 29, and fourth and fifth grade students danced the afternoon away that afternoon.

The cost of admission was $25 of Calverton cash, which students earn for good behavior and hard work. Some favorite songs that the students enjoyed were Party Rock (LMFAO), Single Ladies (LMAFO), and Moves Like Jagger (Maroon 5).

Because it was a sock hop, students were encouraged to wear crazy socks they proudly showed off on stage during the sock hops. Star students were also recognized for the third quarter. These students, picked by their classroom teachers, have demonstrated they are ready to learn. These Star Students are: Jhenelle Siarez (Hernandez - Pre-K), Kristian Javier (Hankey - Kindergarten), Gloriana Rentas (Bosssler - Kindergarten), Rosa Olivir (Hart - Kindergarten), Brianza Gonzalez Bastida (Freeman - Kindergarten), Rene Bawueh (McClain - Kindergarten), Josue Benitez (Basley - Kindergarten), Arshiya Qureshi (Fraser - First Grade), Dianora Sagastizado (Albert - First Grade), Lizbeth Arevala (Rinck - First Grade), Thora Robinson (Pap - First Grade), Erica Atchirini (McCollum - First Grade), Ashley Ortega (Russell - Second Grade), Rashawn Miller (Bellers - Second Grade), Clyde Tajong (Wood - Second Grade), Minely Martinez (Hayes - Second Grade), Damon Meyers (Prelovsky - Second Grade), Maame Agymang (Joyner – Third Grade), Markets Pritchett (Williams - Third Grade), Sophia Charles (Fulcher - Third Grade), Almas Galeano (Stamps - Third Grade), Isis Eastwick (Bravo - Fourth Grade), Diana Saravia (Gibson - Fourth Grade), McLure Joseph (Geatz - Fourth Grade), Samaa Zaman (Hartman - Fourth Grade), Jaclyn Tran (Waelb - Fifth Grade), Jada Willis (Rossman - Fifth Grade), Ryan Lange (Levin - Fifth Grade), Alexandra Denzo (Berg - Fifth Grade).

Keeping on Top of Your Child’s Asthma Care During Allergy Season

(ARA) — For many with seasonal allergies, the start of spring means itchy eyes and a runny nose, but for the almost 25 million Americans suffering with asthma, the season can be much more threatening. In fact, according to a recent survey, Asthma Insights and Management, conducted by the national public research organization Abt SRBI Inc., 21 percent of asthmatics note “pollen” as a trigger for their asthma symptoms.

Asthma is a chronic lung disease that inflames and narrows the airways, and may cause chest tightness, shortness of breath, coughing and wheezing. When not properly managed, these symptoms may sometimes become life threatening.

For parents of the nearly 7 million children living with asthma, monitoring of the condition and identifying when symptoms are becoming problematic can be difficult any time of year, but can be even more challenging during allergy season.

“During allergy season, assessing whether my child symptoms are asthma- or allergy-related is even more stressful as exacerbations become more frequent,” said Denise Grohinsky, mother of an 8-year-old asthmatic. “I’m often asking myself whether my child’s cough is from a cold or allergies, or whether it’s asthma-related and potentially more serious.”

But for parents of asthmatics, there is a new tool available to help monitor and assess their child’s symptoms anytime and anywhere. The U.S. Food & Drug Administration (FDA) recently cleared to market Spiro PD, the first and only personal spirometer that allows patients to measure their lung function outside of the doctor’s office. The device measures the amount and speed of air individuals exhale which helps evaluate how well
Neapolitan

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Lawn and Garden

301-937-0078

School News

High Road Upper School Report

In an effort to increase employment opportunities for our students, the High Road Upper School has been a proud member of the Greater Beltsville Business Association (GBBA) since 2010. Our involvement has opened the doors to many opportunities for our students. Our membership has enabled us to really expand the vocational aspect of our transition program.

In addition, our connection with the GBBA has increased our involvement in the greater Beltsville community. Our school has participated in several community events over the last year including National Night Out and other networking events. Recently, the High Road Upper School opened its doors to the community for a GBBA networking event. This event allowed members to come meet our staff and see first-hand the services the High Road Upper School provides to our students. Participation in our local Beltsville community is very important for our entire school. We look forward to participating in upcoming events this spring.

St. Joseph’s Regional Catholic School Honors Jay Konar

On Monday evening, April 30, St. Joseph’s Regional Catholic School will honor Jay Konar as a distinguished volunteer. Konar has been volunteering at St. Joseph’s School for more than 13 years with his technological expertise and exemplary volunteer spirit. Notable projects that Konar has either designed or with which he has assisted include the installation of projectors and interactive smart boards in the middle school classrooms, the renovation and updating of the new computer lab in the school, the conversion of the school newsletter from paper to email, the continual updating of computer systems, the installation and donation of new servers, the improvement of internet capabilities through the shifting of internet providers and more.

This does not include his continued service to St. Joseph’s Parish with similar tech support and cooking skills, especially burgers and pancakes. This humble volunteer is always ready to help the school and he will be sorely missed as his youngest daughter graduates from eighth grade this year. Konar will be honored at the Catholic Business Network of Prince George’s County annual gala at the Greenbelt Marriott.

Fire Prevention Poster Winners

The Beltsville Volunteer Fire Department Ladies Auxiliary is pleased to announce that ten Beltsville students received awards for their fire prevention posters from the Prince George’s County Fire and Rescue Association.

The Jan. 2012 issue of the Beltsville Volunteer Fire Department Ladies Auxiliary newsletter provided photos of all the winners of the annual fire prevention poster contest sponsored by the Ladies Auxiliary. The winning entries were then submitted to the Prince George’s County Fire and Rescue Association’s poster contest.
Silver Spring Retirees Observe Earth Day Everyday

Riderwood retirement community residents observe Earth Day every day of the year at their 120-acre campus through their wildlife habitat work. Their Riderwood Wildlife Habitat Program, certified under the Wildlife Habitat Council’s Wildlife at Work program, this certification recognizes the partnership between Riderwood residents and the campus’ grounds department staff and their longstanding commitment to the natural environment, which is visible through the extensive acreage of protected woodlands and enhancements projects. Their commitment is setting new industry benchmarks, which will benefit a variety of birds, insects and mammals.

During construction of Riderwood, more than 80 individual tree species that would have been cut were relocated on site and replanted in an arboretum and other natural areas around the campus. For this activity, the site received a grand award from the National Arborists Association in 2003.

Riderwood residents built upon this work by forming a Wildlife Habitat Steering Committee to further enhance the property for wildlife. Resident members of the committee actively work to enhance the quality and diversity of plant life on the property, improve the nesting habitat for small mammals and birds, manage and control invasive plant species, and educate and involve other residents in the implementation of the wildlife habitat management plan.

Prescriptions recommended to achieve these goals are carried out by focused groups, such as the Garden Club, Weeds Warriors, Birders, Butterfly Garden Group, Global Warming Group and Project Budburst Group. The Steering Committee also works closely with the Grounds Department to implement many of the projects, such as those involving the landscaping. For example, the committee has worked with the Grounds Department to gradually replace the non-native, woody ornamental trees and shrubs around the property with native, berry-producing shrubs and trees, which will benefit a variety of birds, insects and mammals.

The committee has undertaken other projects which include maintaining butterfly and sensory gardens, creation of meadow habitats, snag management, recycling Christmas greens and fallen trees into brush piles, monitoring monarch butterfly migration, fall migration of birds and butterflies, birds of Riderwood, and environmental challenges of the 21st century.

Central Maryland Chorale Presents Spring Concert

This May, the Central Maryland Chorale, together with director Monica Oatal, presents Back to Bach: Selections from the Bach Family of Composers. The program includes Lobet den Herrn, alle Heiden (J.S. Bach), Fürchte dich nicht (J.C. Bach), Acht, bleib bei uns, Herr Jesus Christ (J.M. Bach) and some whimsical pieces by PDQ Bach. Other treats include a J.S. Bach organ soloist Dr. Theodore Gaff and soprano soloist Caitlin Vincent in Cantata 51: Jachetet Gott, in all Landen (J.S. Bach).

The concert is on Saturday, May 19, at 7:30 p.m. at the Lutheran Church of Saint Andrew, 15300 New Hampshire Ave., in Silver Spring, Md. Tickets are $15 for general admission and $10 for students/seniors. For tickets and information, call 301.317.9646 or see www.centralmarylandchorale.org.

Vacation Bible School at First Baptist Church of Beltsville

Are you looking forward to an exciting and adventurous summer? Spend a week in Vacation Bible School at First Baptist Church of Beltsville. Come soar with us as you earn your wings at Amazing Wonders Aviation. You will encounter God’s awesome power as we fly to some of the world’s greatest natural wonders. Children age four through sixth grade will hear Bible stories about God’s awesome and amazing power and learn how God wants to give us everything we need through His power, glory and everlasting mercy. This one week adventure is absolutely free and kids will learn and share through Bible stories, crafts, games and motivating music. Our adventure will be June 25 to 29 from 9 a.m. to noon. First Baptist Church of Beltsville is located at 4700 Odell Road, Beltsville, Md., 20705.

To register for Vacation Bible School or obtain additional information on our program, you may contact the church office at 301.937.7771 or visit our website at www.fbcbeltsville.org.

Looking for a Few Good Men: Volunteers Needed

S.T.A.R.S. -- Speakers, Tutors, Achievement, Retention, Success -- is a MENTORING program in Laurel, Md., which serves motivated youth, 16 to 24, who want a successful life. We have many young men looking for guidance from those who’ve gone before, as they reach for their goals in life, work, education, family and community. No mentoring experience necessary; just draw on your own life’s lessons. If you can spare just one to two hours per week, one night per week, and are willing to listen and help a young man reach his full potential, we want to hear from you. We currently have students waiting for you. Training and support provided.

Contact Gloria Coliton at (301) 362-6045 or e-mail coliton.gloria@jobcorps.org to find out more about this exciting program.

Invest In Yourself and Create True Prosperity

Spirit of Life Center is the place for the neighborhood community to come together to experience, learn and enjoy simple activities through a variety of classes and workshops. Join us to explore and grow your own spirituality, health and community through an open and accepting environment of friends.

Use the Spirit of Life Center at Paint Branch Unitarian Universalist Church to renew yourself with one-, two- or half-day retreats of classes and workshops on Saturdays between the hours of 8 a.m. and 1 p.m. at 3215 Powder Mill Road, Adelphi, Md., 20783.

Choose from the Quality of Life workshop, Laughter Yoga-Mix, Dance Within, Meditation, Simplicity Circle, the Artist in You or Zumba. For schedules and more information, contact Raman Pathik at solccc@pbusc.org or 301-937-3666. You can also visit the Paint Branch Church website at www.pbusc.org.

Save the Date for St. John’s 2012 Strawberry Festival

Mark your calendars for St. John’s 2012 Strawberry Festival on Saturday, June 9, 2012 from 8 a.m.-1 p.m. There will be a silent auction, yard sale, delicious food, baked goods & strawberries, kids games and lots of fun. St. Johns is located at the corner of Rte. 1 & Powder Mill Road, Beltsville, Md. We look forward to seeing you there.

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Contact the center to learn about classes and special events.

Send your neighborhood news items to tidelst@gst.net.

Don’t forget to check out the Laurel-Beltsville Senior Center. The center is one of several M-NCPPC centers connected to a public school, with shared-use areas.

The center is open to the public. Regular hours of operation are Monday-Thursday from 2 to 9 p.m., Friday from 9 a.m. to 7 p.m., and Saturday, 7 a.m. to 11 a.m. Free with valid center ID card. The center offers exercise, arts and crafts, family fun, and community events. Phone: 301.937.6621 or Jeremy.Weiss@pgparks.com for information on basic services, resources and special events. Free and open to the public.

**BELTSVILLE DAY**
Sunday, May 20, noon to 5 p.m., at the Beltsville Community Center, 3651 Selman Road, Beltsville, Md. Spend the day having fun with games, entertainment, crafts, food, and more.

**BELTSVILLE CITIZENS ASSOCIATION**
Wednesday, May 16, 7 p.m. at Laurel-Beltsville Academy, 4300 Wisconsin Ave, Beltsville, Md.

**VANSWILLE CITIZENS ASSOCIATION**
Monday, May 7, 7-8 p.m. at Franklin Brown Building, Vansville Recreation Park, 1733 Old Baltimore Pike, Vansville, Md.

**WOMEN’S COMMUNITY CLUB of BELTSVILLE**
Monday, May 14, 12:30 p.m. at Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, Md.

**BELTSVILLE RECUREMENT COUNCIL**
Monday, May 21, 7:30 p.m. at the Beltsville Community Center

**YOUNG AT HEART CLUB**
First and third Thursdays at 11 a.m. at the Beltsville Community Center. For ages 50 and older. Activities include speakers, entertainment, trips and socials. Info 301.937.6613.

**NATIONAL AGRICULTURAL LIBRARY (NAL)**
10301 Baltimore Ave, Beltsville, Md. Hours of operation: Monday-Friday, 8:30 a.m. to 4:30 p.m., except federal holidays. NAL houses one of the world’s largest and most accessible agricultural information collections and serves as the nexus for a national network. Call 301.504.5876 for information on basic resources, services and special events.

**MOTHER’S DAY CRAFT**
Saturdays and Sundays from 7 to 10 a.m. Ages 13-17, Free with valid center ID card.

**VANSWILLE COMMUNITY CENTER**
6813 Amstel Road, Vansville, Md. The Director is Jeremy Weiss. Contact him at 301.937.6621 or Jeremy.Willis@pgparks.com for more information. Fax: 301.937.6623. Spanish line: 301.445.4509. TTY: 301.445.4512. Regular hours of operation are Monday-Thursday from 2 to 9:30 p.m., Friday from 2 to 7 p.m., Saturday from 9 a.m. to 7 p.m.

**EXTREME TEENS REGULAR EVENTS**
Fridays and Saturdays from 7 to 10 p.m. Ages 13-17. Free with valid center ID card.

**AVID continued from page 16**

**AVID: Stupendous Trips**

By Paige Harris, Jorgo Dumenjic, Jaylen Harris, Marcey Fernandez, Kelsey Griffin

We went to the Walters Art Museum this year. When we arrived we learned about Ancient Greece. There were so many stories about the gods. When we went down the stairs to make the craft project, it was a lot of fun. We learned a lot about the gods and goddesses. We also made many crafts.

Before AVID, we were unorganized. Our AVID class really gives us the tools to get organized. We know what to expect from our AVID class and it always teaches us about time management. The AVID class really teaches us about time management as well.

**Our AVID Program**

By Danielle Evans, Sarina Dockett, David Atkinson, Sean Barr

In AVID we learn and do a lot of things that deal with college and career. In our AVID class we learn how to manage our time better. Before AVID we were unorganized because we did not know how to use our time. But once we got into AVID that all changed because it taught us how we manage our time better. Before we saved all our projects until the last minute. We learned that it is not good because we were not putting all of our full quality into it we should be. Also, doing projects can help you with your time management skills. You may think that since you have a lot of things to do, you don’t know where to start. That is where time management comes in. Another thing that we do in AVID is an AVID showcase. Our AVID class is unique and the class really gives us an opportunity to catch up on our other subjects. We love AVID.

**MOTHER’S DAY CRAFT**
Saturdays and Sundays from 7 to 10 a.m. Ages 13-17, Free with valid center ID card.
The word “buttered” doesn’t mean they can’t just use blue cheese for Roquefort cheese in a salad, Bacardi rum in a drink if you ask. In many ways. Well, in a couple of this day no one seems to enforce it. But in advertising? I think it was Senator to itch. Do you get this as well? I have been using a fingers on the stuff, my eye starts to hurt. I have been using a course; I go and do things every day. I am having a down day. I’m an active man. I work at the golf course; I go and do things every day. But of late, I have had a back problem, so today I will do nothing but back out this article and eat. I will read a good bit. That doesn’t involve walking around, which hurts. I have been using a product called Ben-something. It seems to me, every time I get my fingers on the stuff, my eye starts to itch. Do you get this as well? Consumer stuff first. Did you know there is a law called truth in advertising? I think it was Senator Byrd who pushed it through, but to this day no one seems to enforce it in many ways. Well, in a couple of ways. For example, a bar must put Bacardi rum in a drink if you ask for a Bacardi and coke. If you ask for Roquefort cheese in a salad, they can’t just use blue cheese. The word “buttered” doesn’t mean there needs to be butter in it, because “buttered” is a slang word meaning spread; for example, garlic buttered bread. Last week I bought a box of crackers called buttery thins. You guessed it; no butter in the mix. The advertisers use these catch words to sell the product. For example: garlic, and when you get it home, there is no garlic flavor or garlic listed in the ingredients.

We all love angel food cake, but the ones we buy in the stores have a strange flavor we don’t remember. This is because it is made from a powdered mix. Angel food cake recipe: buy 1/2 pint of egg whites in the market. Wash out the bowl you will be using with hot water and soap making sure there’s no grease on it. Now, put 8 ounces of egg whites, 2 tablespoons of sugar, 1 tablespoon of cream of tartar. Whip until you see a high peak and set it aside. Measure out 1/2 cup of sugar and 3/4 cup all-purpose flour. Mix together. Now wash your hands and fold into the egg mixture. Do not use a mixer and do not over mix. Pour into an ungreased tube pan and bake in a 360 degrees oven approx. 40 minutes. I made it and it turned out well. But I have a very large tube pan and it only filled one half of it. So use a bundt pan or a small tube pan. This recipe looks complicated, but it is not; just think it over. As usual, all things written are my opinion. Thought of the month, “Before you give someone a piece of your mind, be sure you have enough to spare.”

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**ASTHMA**

continued from page 17

lungs are working. It is easy-to-use, portable and affordable. “While the National Institute of Health Clinical Guidelines call for regular spirometry, the location of the test was previously limited to doctor’s offices,” said Michael S. Blaiss, MD, the Board of Director of World Allergy Organization and a Clinical Professor of Pediatrics and Medicine, Division of Allergy and Immunology, University of Tennessee. “With the availability of Spiro PD, patients or parents of asthmatics are able to measure lung function and share data with their doctor anywhere and anytime, empowering patients to take an active role in managing their disease, always knowing exactly how their condition is doing and informing them as to when they may need to seek further medical attention.”

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**COMMUNITY**

continued from page 1

hamburgers, hot dogs, fish sandwiches and an assortment of desserts.

Entertainment for the day will be inside and outside. The performances are free of charge and the outdoor stage will be conveniently located near the food vendors with tables set up so people can enjoy music while eating their food. Below is the schedule of the exciting entertainment planned for Beltsville Day:

**Indoor Stage:** Joyful Motion Dance Group, Eleanor Roosevelt High School, School of Dance, the Ballet Academy. Judo Demonstration by Hui-O Judo, Reptile Show by the MNCPCL, Mount Rainier Center, and a concert by Beltsville area school bands.

**Outdoor Stage:** Eleanor Roosevelt High School Dixeland Combo, Zumba demonstration, Good Company and more.

Parking is not allowed at the Community Center during Beltsville Day, except limited handicapped parking with a valid handicap cap tag or permit. Shuttle buses will be running all afternoon from the Beltsville Library at the intersection of Sellman and Montgomery Roads, Beltsville Academy on Wicomico Avenue, and at Francis Fuchs School on Cherry Hill Road. A tram will transport people from the Community Center Driveway on Sellman Road to the festival. Tickets for the rides and games are five for $1 and will be available at the entrance, along with a schedule of the day’s activities.

The sponsors for Beltsville Day can be identified by ribbons and tablecloths. Be sure to stop by the sponsors’ tables to thank them for making Beltsville Day happen. Also, thank the staff of the Maryland National Capital Park and Planning Commission and volunteers for helping with the day.

Beltsville Day’s t-shirts with 10 “you know you’re from Beltsville” reasons will be available for purchase at Beltsville Day in white, black and gray. They are currently available for purchase through the Beltsville Recreation Council for $15 or two for $25. Contact us through email at beltsvillerecouncil@gmail.com to order a t-shirt.

Much planning has gone into making the 2012 Beltsville Day the best ever. The Beltsville Recreation Council is committed to providing quality activities and entertainment throughout the year for the whole Beltsville community. A series of free jazz concerts are scheduled in December to delight the whole family.

Come to Beltsville Day for an afternoon of family fun and consider joining the Beltsville Recreation Council to help make these events happen. To join the Council, contact Peter Doan, president of the Beltsville recreation council, at beltsvillerecouncil@gmail.com.
Come worship with us on Sundays at 11:00 a.m. at:

St. John's Episcopal/Anglican Church
Beltsville, MD 20705
Phone: 301-595-3001 or 240-280-6341
E-mail: laabc007@gmail.com
Website: www.laabc.org

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"A Joyful Multicultural Community of Faith"

Marvelous Light Christian Worship Center
10772 Rhode Island Avenue, Beltsville, MD 20705
Phone: (301) 937-1194
Email: MarvelousLightCWC@yahoo.com
Website: www.marvelouslightcwc.com
Rev. Wyndell O. Banks, Senior Pastor
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Sabado Evangelisado 7:00-9:00 p.m.
Domingo Alabanza y adoracion de 2:00–5:00 p.m.
El Pastor Elvin Moscoyo y la congregacion le dan la bienvenida ven y gozate con nosotros
301-379-3945

First Baptist Church of Beltsville (SBC)
4700 Odell Road, Beltsville, MD 20705
301-937-7771
www.fbcbeltsville.org
Keith Holland, Pastor

Vacation Bible School
June 25 - 29
9:00 a.m. - 12:00 p.m.
Children 4 years - 6th grade are welcome
For more information or to pre-register call 301-937-7771

Sundays:
Sunday School for all ages 9:45am
*Morning Worship 11:00am
*Evening Worship Activities 6:00pm
Adult Choir Practice 7:00pm

Wednesdays:
*Adult Bible Study & Prayer 7:00pm
RA’s & GA’s (4 yr. old - 6th grade) 7:00pm
Youth Fellowship (7th - 12th grade) 7:00pm
*Childcare available for children up to 4 years old

St. John’s Episcopal/Anglican Church
at the corner of Route 1 & Powder Mill Road in Beltsville
(301) 937-4292
The Rev. Paula E. Clark, Rector

New Hope and Deliverance Church of Holiness in Christ
10772 Rhode Island Avenue, Beltsville, MD 20705
(301) 937-1194 • www.newhopeanddeliverance.org
Apostle L.J. Beato/ Founder/Senior Pastor • Elder Arlinda A. Page/ Pastor
“A Ministry Where Lives Are Being Changed - One Soul; One Goal!”

Sunday Worship:
9:30 a.m. in English
10:30 Coffee and Social Hour
11:00 a.m. in Korean
Rev. Jongki Na
www.APLChurch.org
Come and Join Us
Located in the Beltsville Professional Center

ZURKOWSKI
continued from page 1
in the unit for 24 of those 35 years. Deployment involves 104th Squadron pilots ferrying the single seat A-10Cs, in this case, to Afghanistan over as much as a six-day period. The A-10C provides support to the troops on the ground and has seen repeated deployment to the middle east for periods of up to six months.
Zurkowski has worked as an aerospace engineer and has a bachelor’s degree in Aerospace Engineering from the University of Maryland. He is a Boeing 777 copilot with United Airlines and is a skilled cabinet maker.

MUlCH
continued from page 1
hours.
The door-to-door transport was made possible, not only by 16 scouts, but also by the parents and friends of scouts who volunteered their trucks, trailers and cars for the deliveries. Thanks to the support of the community, each scout earned “scout bucks” which allows them to pay for such activities as Boy Scout Summer Camp at Camp Rodney, biking at Fort Frederick, tubing at Antietam Creek near Harpers Ferry, W.Va., and hiking at the Gettysburg Battlegrounds.
Troop 1033 would like to thank Behnke’s Nursery, Inc. for its continued support of our fundraiser. We especially want to thank the Beltsville Community for all its support.

HEARING
continued from page 11

6. Earwax (Cerumen)
Don’t swab your ear canals.
Cerumen cleans and lubricates the skin of the ear canal and provides protection from bacteria, fungi, insects and water. Attempting to remove cerumen or cleaning the ear canal with a cotton swab tends to push earwax deeper into the ear canal. Excess or impacted cerumen can press against the eardrum and/or occlude the external auditory canal resulting in hearing loss.

7. See an audiologist
Susceptibility to hearing loss is often undiagnosed and unrecognized. The Audiology Awareness Campaign, a nonprofit foundation aimed at providing the public with information on hearing loss, is sponsoring the fifth annual Listen Up America Week, National Hearing Screening Week, May 14 to 18, where audiologists will offer free hearing screenings nationwide. Call 888-833-EARS (3277) or visit www.audiologyawareness.com to find an audiologist in your area.

HEARING
continued from page 11
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TAX RETURNS - For businesses/individuals. Payrolls. Gerald Neumaier CPA. 301-953-1341; 301-776-6545. gncpa@verizon.net. 01/13.


DUSTIN’S HANDYMAN - Home Repairs 30 yrs. Personal Experience Roofing • Concrete • Fencing Siding • Drywall • Rotten Wood Replacement Gutters • Painting • Pressure Washing Windows • Plumbing • Floating (all types) Doors • Hauling Call Ken Dustin Home: 301-937-2542 or Mobile: 443-354-2502 anytime 4426 Powder Mill Rd. Beltsville, MD 20705 07/12

TREE AND STUMP REMOVAL - Pruning, land clearing, contact Bob Berra, 301-674-3770; or 301-384-4746. 04/13.

Hauling and Junk Removal, Complete Clean Out - Garages, Homes, Construction Debris, etc. Licensed, free estimates. Mike Smith 301-346-0840. 07/12

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MUSIC INSTRUCTION - Piano, Organ, Guitar, Voice Ukulele, Keyboard, Soprano Recorder, Flute and Drum Lessons in College Park, MD. Call Jean Carstens 301-345-2752, email immusic16@comcast.net. BMEE degree. Register now. 05/13

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MEALS ON WHEELS OF COLLEGE PARK is now accepting new customers. Meals are delivered to your door Monday thru Friday between the hours of 11:30 am and 12:30 pm. Each daily delivery consists of a hot meal, a bread pack (with coffee, tea and other condiments), a sandwich, salad, fruit, juice and milk. The price is $25.00 a week. To enroll or to get answers to any of your questions, please call Meals on Wheels of College Park at 301-474-1002 Monday thru Friday 9 am to noon. 06/12

BAY MID-ATLANTIC IN-HOME HEALTHCARE: • RN (Registered Nurses) • CNA (Certified Nursing Assistants) • HHA (Home Health Aides) 3 yrs recent experience / CPR certification / background investigation. Contact us at: MAHHHC@gmail.com | www.midatlantic-homehealthcare.com

HELP WANTED
MEALS ON WHEELS OF COLLEGE PARK - serving Beltsville, Adelphi, Berwyn Heights, Greenbelt and College Park - needs volunteers to help pack daily meals for seniors and those who cannot cook for themselves. We also need drivers Monday thru Friday. Packers work from 9 a.m. to 11:30 a.m. and drivers and runners work from 11 a.m. to 12:30 p.m. Please, we need help. Won’t you volunteer to work one day a week, once or twice a month or whenever you can? Please call Monday thru Friday, 301-474-1002 to help and for more information. 6/12.

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