

The Beltsville News

AN ALL-VOLUNTEER NEWSPAPER

PUBLISHED BY THE BELTSVILLE-VANSVILLE DISTRICT CITIZENS' ASSOCIATION, INC.

Vol. 60, Number 5

Beltsville, Maryland

May 2012

Scouts Deliver a Mountain of Mulch

By Gary Bauchan

Boy Scout Troop 1033 delivered more than 45 tons of hardwood and pine mulch, completing another successful spring lawn and garden products fundraiser. In total, the scouts delivered more than 2,100 bags of mulch, fertilizer, manure, and top soil products all over the Beltsville area and all within nine

MULCH

continues on page 22



Scouts stack mulch on trailer

Mallards Mysteriously Come Each Spring to Give Birth



Baby ducks and their mom explore the courtyard of the Renaissance Gardens extended care neighborhood at Riderwood Retirement Community in Silver Spring, Md.

Mallards have mysteriously come to Renaissance Gardens at Riderwood Retirement Community in Silver Spring, Md.,

each spring for the past few years to hatch their ducklings.

MALLARDS

continues on page 11

Celebrate Community at Beltsville Day

Beltsville Day is Sunday, May 20, from noon to 5 p.m. The theme for the day is *Celebrate Community*. The celebrations will be located at the Beltsville Community Center, 3900 Sellman Road, Beltsville, Md., and activities are planned for the whole family. These include games for kids, such as a moon bounce and slides, but also carnival games with prizes.

There will be displays from local businesses, civic groups and politicians. The Beltsville police and fire departments will have their equipment on display, including a ladder truck.

The Beltsville Boy Scouts will have their monkey bridge set up for people to try their balancing skills. The Beltsville Lions will be providing vision and hearing screening in their mobile van. Inside the Center there will be model trains on display and a variety of foods by Young at Heart. Tables will be set up for crafters to display and sell their products. Non-profit groups, such as churches and schools, will be selling foods, including

COMMUNITY

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Beltsville Briefs

St. Joseph's Flea Market

St. Joseph's School in Beltsville, Md., will hold a flea market on May 19, from 8 a.m. to 2 p.m. A space with tables is available for \$20 and a space only is \$15. We are also accepting donations for the St. Joseph's table. Please call Melissa Gott at 301.642.1967 or St. Joseph's at 301.937.7154 for more information. The flea market will happen rain or shine. Please come and join us for food and fun.

BELTSVILLE BRIEFS

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Zurkowski Leads Maryland Air National Guard A-10C Squadron on Deployment to Afghanistan



Lt. Col. Paul C. Zurkowski sits with his wife Christine and family members (front l-r); Zurkowski's daughter, Claire, Christine Zurkowski; Paul Zurkowski; and Peg, his mother; (standing back row; l-r) Paula Zurkowski; Dr. Pam C. Cacchione (partially blocked); her two children, Anthony and Victoria Cacchione; and Peter Zurkowski, his father. The couple's two sons, Christian and Coleman, live in Chicago and were unable to attend.

Lt. Col. Paul C. Zurkowski, the 32nd commanding officer of the 104th Fighter (A-10C) Squadron of the 175th Wing of the Maryland Air National Guard, enjoyed an evening out in Havre de Grace, Md., on the eve of his ninth combat deployment during his 24 years of service.

Originally, the unit was formed as an Observation Squadron in 1921, transitioned to A-10 aircraft in 1977, rendering 35 years of state and national service since. Zurkowski has served

ZURKOWSKI

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The Beltsville News
6001 Ammendale Rd.
Beltsville, Md. 20705

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NEXT ISSUE:

Submissions Due

No Later

Than:

May 16

Paper Out:

May 26

On the Agenda

By Karen M. Coakley

Please join us on Wednesday, May 16, at 7 p.m. at Beltsville Academy. Delegates Barbara Frush



Karen Coakley

and Joseline Pena Melnyk will be our guest speakers. They will give us an update on the 2012 session in Annapolis, bills that passed the

budget and more. If you have specific questions or concerns you would like them to address, please contact me by May 14.

High Point High School is about to become a S.T.E.M. school. The curriculum will focus on Science, Technology, Engineering and Math. Councilwoman Mary Lehman is hosting an education town hall on Wednesday, May 9 6:30 to 8:30 p.m. at Martin Luther King Middle School, 4545 Ammendale Road, Beltsville, Md. Dr. Hite will discuss the school cluster plan along with the different programs offered, options available to your children if they do not like the programs within their school cluster and transportation.

District VI police will sponsor *Senior Coffee* on Thursday, May 3, at 1 p.m. at the Laurel/Beltsville Senior Center. This month's guest speaker from the FBI will discuss human trafficking.

If you have a community concern, I can be reached at 301.937.3490 or karenmcoakley@msn.com

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Letter to the Editor

Letter to the Editor

Perhaps Jeannine A. Carter could get some peace of mind by posting a "No Soliciting" sign. Although I've thought of putting one on my door, I have not yet felt it necessary.

Amazon.com offers one in Spanish. I found English-Spanish bilingual "No Soliciting" signs on the internet at www.ComplianceSigns.com, an e-tailer I've not purchased from and cannot assure as trustworthy.

Adeline Wilcox,
Beltsville

Editorial

What PGSTT Means to Me

By Jake Rayburn

For the first time in 47 years, PGSTT is in danger of not having a summer performance because of funding difficulties. As I wrote, I asked myself, "Why is this little summer teen theater program worth saving?" to which I responded, "I'm glad you asked..."

PGSTT works with people between the ages of 10 and 24. For this group of America's youth, few things are more vital than a solid sense of self-esteem. I can personally attest that PGSTT helped me find my sense of self when I first auditioned for *Bye Bye Birdie* six years ago. I believe that most other young people who find themselves involved in the arts will develop their own confidence, as well.

Participating in any form of art contributes to creative problem-solving skills, academic success

and, most of all, the development of self-esteem and social skills. For 46 years, PGSTT has created a safe atmosphere in which area youth can experience the art of musical theater. Summer after summer, it has given me such a rewarding experience in which I not only developed skills in dance, vocal performance, and acting, but also formed truly lasting friendships and discovered a belief in myself that is invaluable. The evidence is obvious in everything that I am today: a confident performer; a talented make-up artist; and a happy, social person with a love for live performance. What has PGSTT given you?

There are a million arts programs, all of which are in desperate need of funding. But I believe PGSTT most deserves the support of those of us who have benefited from its program. From the moment you get the phone call

saying, "We'd like to offer you a spot in our show," you can feel that PGSTT is a family. When you're part of a PGSTT show, you know you're part of something special. Then, when the curtain closes on your final performance, and you look around at the people with whom you've spent so many sweaty summer days, you feel a sense of accomplishment that no electronic device can possibly provide.

PGSTT makes sure that all cast members get their moment in the spotlight. Now, it's our turn – and our responsibility – to make sure that spotlight doesn't go out for good.

Please donate today! Use the PayPal donate button at www.pgstt.org; or send a check to PGSTT, 12407 Starlight Lane, Bowie, Md., 20715; or contact us at pgstt@hotmail.com to learn about other ways you can help.

Beltsville News

PUBLISHED BY THE BELTSVILLE-VANSVILLE DISTRICT
CITIZENS' ASSOCIATION INC.

News: Carissa Schorback, Bvnewsdirector@hotmail.com, P.O. Box 1607 Beltsville, MD 20704-1607. Enclose self-addressed stamped envelope if photo is to be returned. Accepted material may be edited. Letters to the Editor on local topics are encouraged. Names may be withheld upon request.

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Classifieds:

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General Information: 301-210-7443 Ext. 42, Phil Whitman

Subscriptions:

Send \$15.00 to Carolyn Scarcia, 11007 Emack Rd., Beltsville 20705

Business/Billing:

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Circulation

14,000 copies published monthly; 10,000 mailed in the 20705 zip code (total saturation) and 4,000 pick up copies available at the Beltsville library, community center, selected stores, and churches.



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Neighbors in the News

Prince George's County Magician Wins Magician of the Year Contest

VIENNA, Va. — For the seventh time, Noland Montgomery, a professional magician from Beltsville, Md., has been dubbed the Washington, D.C., area Magician of the Year by the International Brotherhood of Magicians, Ring 50, The National Capital Ring.

Montgomery received the honor in April, after winning the annual Dan Lacey Memorial Magic Contest sponsored by Ring 50. Montgomery was selected over nine other competitors.

Montgomery, 59, who has been doing magic since he was 12, performed several classics of card magic including a routine in which five cards are shown, two are discarded, and five cards are shown again repeatedly. He did another routine in which a signed card magically reveals itself in several different ways after being lost in the deck, ultimately being found inside a sealed compartment inside a wallet.



Noland Montgomery of Beltsville, Md., (center) receives the Dan Lacey Memorial Magic Contest Trophy from Cecelia A. Lacey, sister of the late president of the International Brotherhood of Magicians, Ring 50, The National Capital Ring. At right is Ring 50 president Daniel Selnick. It was the seventh time Montgomery has won the contest and the Ring's title Washington, D.C., Magician of the Year (Photo by Bob Patterson)

As a result of his selection, Montgomery was selected to be the lead performer at Ring 50's annual Magi-Whirl Gala Magic Show on April 14 at Bishop Ireton High School in Alexandria, Va.

A graduate of Yale College with a major in history, Montgomery has performed magic for private parties, birthdays, weddings, corporate events, banquets, fundraisers, shopping mall promotions, picnics and even the White House Easter Egg Roll. He has performed in several restaurants throughout the Washington, D.C., area and done street magic regularly in Alexandria, Va., and Baltimore's Inner Harbor.

In addition to being a long-time member of the International Brotherhood of Magicians, Montgomery is a past president of the Society of American Magicians local Assembly 23.

I.B.M. Ring 50 meets at 8 p.m. the first Wednesday of every month in Vienna, Va. For more information about Ring 50, go to: ibmring50.blogspot.com/.

May is Better Hearing Month

By Kathy Mellott, Au.D.

Hearing loss is the third most common health problem in the United States, currently affecting more than 36 million Americans. Although hearing problems are commonly associated with the normal aging process, more than half of all hearing-impaired people are younger than 65. With the increased use of personal music players (MP3s) and earbuds, the number of Americans experiencing hearing loss at a younger age is growing.

Many Americans consider hearing loss a condition that is simply associated with aging; some do not know how to recognize the condition or know who is qualified to diagnose and treat the condition. In an effort to raise public awareness, the American Academy of Audiology, in conjunction with Audiology Unlimited and College Park Hearing Services, is celebrating *Better Hearing Month* this May, where they are encouraging consumers to be more aware of their hearing health.

"Hearing loss can be caused by exposure to loud noises; ear infections, trauma or ear disease; harm to the inner ear and ear drum; illness or certain medications; and deterioration due to normal aging process," explains Kathy Mellott, doctor of audiology.

An audiologist is a highly educated and clinically experienced health-care professional who spe-

cializes in evaluating, diagnosing and treating people with hearing loss and balance disorders. Hearing loss can affect patients of all ages — newborns, infants, babies, toddlers, children, teens, adults and the elderly.

You may have a problem with your hearing and need to see an audiologist if you have trouble hearing conversation in a noisy environment such as a restaurant, are unable to hear people talk to you without looking at them or have a constant ringing in your ears.

Audiology Unlimited and College Park Hearing Services have a variety of specialties including, but not limited to:

- Performing hearing evaluations on all ages, including newborns and infants
- Prescribing and fitting hearing aids
- Designing and implementing hearing conservation programs
- Providing hearing rehabilitation training

Although most hearing loss is permanent, an audiologist can determine the best treatment, which may include hearing aids, assistive listening devices and hearing rehabilitation. Ear protection and information will be given out at the Audiology Unlimited table at Beltsville Day, Sunday, May 20.

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Envelop a room with the glamour and softness that only comes from custom draperies. Any fabric will suffice from silks, muslins, cottons, linens and even sheets. The newest spring fabric collections, bursting with fresh colors and creatively smart patterns, have arrived at Will's Home Decorating (www.decoratemaryland.com) and are guaranteed to inspire you to update your window dressings.



Brother-Sister design team, Michael and Valerie.

When selecting fabrics for the windows, Michael Richards and Valerie Kabelac, the owners of Will's Home Decorating always recommend considering the impact you want to create in a space before making a final selection. Do you want drama, color or a quiet soothing tone? For instance, hang light toned curtains against a dramatically darker wall to allow the illusion of more light, creating drama by contrast. Try leaving the draperies unlined to achieve maximum light and the graceful movement of the fabric when a gentle breeze blows in. Enliven a color scheme with brilliant pops of chartreuse, yellows or vibrant blues in pillows, artwork, or interesting ceramic accent pieces. Arrange the furniture to encourage conversation because the draperies will make a room warm and inviting, but it is the interaction that brings the room to life.

Will's Decorating

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Jonece Layne Won National Achievement NMSC Scholarship

Jonece Layne won the National Achievement Scholarship Program, which is conducted by National Merit Scholarship Corporation, and honors academically gifted black Americans. She has been awarded an annual \$2,500 scholarship for up to four years, which will assist her in her educational career.

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Emmanuel Food Bank Celebrates One Year Anniversary

By Rick Bergmann

In May, 2011, Emmanuel United Methodist Church opened the Emmanuel Food Bank, a program to help needy families in the area with food or clothing. In the first year, they have made a lasting impact on the lives of several people in the area, both volunteers in the program as well as those who have come to them for help.

The food bank began as a program where volunteers from Emmanuel would go to Washington, D.C., six times a year to hand out food and clothing to the homeless in the city. They partnered with Faith United Methodist Church in Accokeek, Md. After several years, many members expressed a desire to create a program that would help families who were local to Beltsville, Md.

Julie Pavelka, co-chairperson of the food bank, said, "We began seeing more of a need locally. Our emergency food pantry was getting used by more people and more often."

According to Pavelka, this need spurred a lot of thinking and planning. The group set a date of May, 2011, to begin giving out boxes of food once a month to anyone who asked for it. From then on, things started moving fast.

Some volunteers said, "This past year the Holy Spirit took hold of the food distribution ministry in a big way. Since it began in May of 2011, many people have volunteered their time to start up a monthly distribution to approximately 40 families, which soon blossomed into serving over 120 families per month. Not only have we been helping those in need of food, but our congregation and community had been generous in



their time, money and donations to help fill our boxes, find freezers, refrigerators and shelving to hold all this food. We expanded into giving out clothing, baby items and health/beauty items, too. Each area has a separate room where people can get what they need to supplement their family's needs."

Over the months, many people from Emmanuel United Methodist Church, as well as the surrounding communities, began pitching in and helping in a variety of ways. With the help of an Eagle Scout and several other scouts, a clothing shed was built on the grounds of Emmanuel, three garden carts were built to move the food boxes and household items. A demonstration nutrition cart with food and recipes has been set up so, while people are waiting, they can taste test and learn how to make nutritious and tasty foods. Shelves were built in the church to store the food as well. In addition to all of this, several local businesses heard about the program and they became sponsors and partners to the program. Panera Bread of Silver Spring, Md., provided bread to hand out each month, Spicknall's Food Market has provided fresh produce, Tischer Accura of Laurel, Md., held clothing, food and school supply drives and, most recently, Behnke's Nursery has provided garden beds and plants for the members to host a community garden.

Mary Ann Vaughn, volunteer, said, "We are fortunate to have Tischer, Panera Bread, Spicknalls, and Behnke's."

The volunteers for the food bank range in age from 3 to 80. Several of them came to know the program because they needed food or clothing. Once they saw what the bank did on a monthly basis, they returned as volunteers.

Shirley Nelson, a community volunteer, said, "I saw an ad in the newspaper for the food distribution and it was at a time when I was in need myself. It was in my neighborhood and I said, 'Let me just check it out.' So I just called and the next thing I know I was

all involved. I like helping people and all my life I have tried to be a volunteer."

There are many stories like Nelson's among the volunteers.

Vaughn continued, "I started helping in May, and was a bit concerned I would be welcomed. I was received with open arms, and have come to know more people within the church better. I have also met so many kind people that we assist. We have gained some volunteers that had been recipients of our assistance or others who read of the program and decided to help. This is a wonderful outreach that we have. We work hard each month, but we do this, not for recognition, but for service to our Lord."

As the program began to move forward, it was obvious there was a bigger need than the bank had anticipated. The people who have received help from the food bank are a very diverse group. They come from more than 23 different cities in the D.C.-metro area. The volunteers and the recipients have become friends. Many who return each month exchange hugs, smiles and thanks between them.

Pastor Daniel Mejia of Emmanuel said, "The smiles and thank yous are making this program worth it."

Since opening a year ago the Emmanuel Food Bank has helped more than 300 families. They have provided basic needs to anyone who asked. There have been hundreds of smiles, hundreds of hugs and some tears of joy. The food bank is a program many in the Beltsville community have embraced with open and loving arms. There is a constant need for clothing, food, baby supplies (diapers, food, wipes etc.) and more and the community has responded. The outpouring of support is overwhelming.

If you would like to learn how you can help or if you need assistance, please contact them at foodbank@emmanuelumcbeltsville.net or 301-937-7114. You can also visit www.emmanuelumcbeltsville.net/emmanuel-food-bank to learn a little more.



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Neighbors in the News

Ola Ojewumi Honored in *Glamour* Magazine's Top 10 College Women Competition

NEW YORK – L'Oréal Paris exclusively sponsored *Glamour* magazine's Top 10 College Women Awards on April 3 in New York. L'Oréal Paris also presented one of the top ten winners with the twelfth annual Beauty of Giving award at the event.

University of Maryland student, Ola Ojewumi, 21, was honored at the awards ceremony. A native of Beltsville, Md., Ojewumi is currently studying government and politics.

In fifth grade, when most kids were struggling with fractions, Ojewumi was diagnosed with a heart defect and kidney failure; she received both a heart and kidney transplant.

"People know a transplant is major surgery but think that afterward, you're fine," said Ojewumi. "My reality is 22 pills a day and one injection a week, with a motorized wheelchair to



Ola Ojewumi stands in front of the Capitol Building in Washington, D.C. (Photo by Brian Marcus)

get around."

More recently, she's been diagnosed with a form of post-transplant cancer—but even that hasn't slowed her down. Ojewumi created the Sacred Hearts Children's Transplant Foundation (www.sacredheartscf.org) to advocate for organ donation and provide hundreds of sick kids with stuffed animals.

Ojewumi also founded Project Ascend, which funds a summer camp for low-income Maryland teens. Her work landed her an internship at the White House, so she took a group of campers for a round-table with six White House staffers, as well as a tour, which is now a monthly event.

"If I wasn't sick, I wouldn't be doing this," said Ojewumi. "So while this condition is taking my life slowly, it's giving me life, too."

Riderwood's Peep Show Winners Announced

The votes are in and the winning displays in Riderwood retirement community's first Peep Show are, "Movie Night" by the Renaissance Gardens extended care staff and "Before Life at Riderwood, Living the Good Life at Riderwood" by the Community Resources and Wellness staff.

The Peep Show invited staff members to take their favorite candy – Peeps – and turn it into art. Departmental teams created all sorts of art using Peeps candies based on something that happened at Riderwood in the past year, everything from cultural events, technology, fitness programs, Wildlife Habitat Work, movies and more. All participating departments created its art from Peep Kits of 10 packages of peeps.

The winning Peeps displays were selected from among 13 entries to the three-week Peep Show held on Riderwood's 120-acre campus in Silver Spring, Md. "Movie Night" won the popular People's Choice Award while "Before Life at

Riderwood/Living the Good Life at Riderwood" won the prestigious Judges' Award. Judging the contest were Linda Carey, Pastoral Associate, and residents Lesley Easton and John Teti.

"Movie Night" was designed and produced by Robin Arnica, Carrie Rogers, MaryAnn Ingram, Brandon Jordan, Pauline Fraser, Derrick Harrigan, Sharon Flowers-Williams, and Noel Vasquez with special thanks to Adam Dickson and Jason Boyle.

"Before Life at Riderwood/Living the Good Life at Riderwood" was designed and produced by Nancy Welsh, Karen Spicer, Tracy Fowlkes and residents Trudy Downs and Levern Allen.

The Peep Show was sponsored by the Riderwood's human resources department and provided the winners with a huge basket of candy and free lunch courtesy. No peeps were harmed in producing the award-winning displays.



The People's Choice Award winner, "Movie Night" by the Renaissance Gardens extended care staff



The Judges' Award winner, "Before Life at Riderwood, Living the Good Life at Riderwood" by the Community Resources and Wellness staff and residents

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We meet at the Cross Creek Country Club on the 3rd Wednesday of each month 7:30-9:00 am.

Check out firsthand what is going on and network with businesses, organizations and other home based businesses like yourself. You never know where you might find your next new clients, customers and local civic groups.



Go to www.BeltsvilleBusiness.com to see better who we are and to register for our up coming monthly meeting.

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Neighbors in the News

Kasasa Changes the Face of Local Banking

Money One FCU introduces Kasasa, a striking alternative to the megabank rollercoaster. Money One FCU asks consumers, "Do you Kasasa?" as it becomes the first financial institution in Maryland to launch the country's most innovative financial products.

Kasasa is a new brand of free checking and savings accounts that pays consumers to use their account with what interests them most: high interest, automatic savings or digital downloads from iTunes or Amazon.com. These accounts, combined with the personal service that only community financial institutions can deliver, are offer-



ing residents a better checking account option than the megabank experience.

"Consumers deserve to wake up to happier days of banking and leave behind the nightmare of megabank fees and mistreatment. We are pleased to be the first in Maryland to offer these unique

products," said Angela Harvey, vice president of marketing and business development at Money One FCU. "Kasasa delivers what research shows people really want but believe they can't have - great financial products with the personal service of a community based financial institution."

Money One FCU is offering three Kasasa financial products, including Kasasa Cash, Kasasa Tunes and Kasasa Saver. All Kasasa products are free, reward-based accounts, with no minimum balance to get the rewards, no monthly service fees, online banking and nationwide ATM fee refunds.

Beltsville World War II Veterans Still Serving

Beltsville World War II veterans are still serving in official capacities in VFW Post 10260, Beltsville, Md. They are Vincent Crowley, trustee; Daniel Dove, service officer; John Garofolo chaplain; Daniel Meola, adjutant; Walter Mietus, quartermaster; Raymond Schar, surgeon; Dominic Vicino, junior vice commander; John Worthington, senior vice commander; and Raymond Turek,

judge advocate. Some served in the European theater and some in the Pacific theater.

Every month, World War II veteran Robert Haas makes a trip to the Armed Forces Retirement Home in Washington, D.C. Robert takes with him five dozen donuts Raulin's Bakery donates. Though most of the occupants of the retirement home are in wheelchairs, they make it to the

day room to enjoy a snack and visit with Haas. Hats off to these patriots.

If you are a veteran in need, contact us. If you want to become a member of the VFW, America's prestige veterans organization, contact Commander Alvin Becraft at 301.937.8123 or go to www.vfw.org for eligibility requirements.

Daryn Robinson's Play about Bullying Debuts in May

Bullying has been a hot topic within our schools for the past several years. Virtually everyone can recall some point in their lives when they have been harassed or ridiculed for being different. One local student, Daryn Robinson from Prince George's County, wishes to speak out against bullying and discrimination through her original play, *You Never Know*. The show focuses on youth dealing with Asperger's Syndrome, an autism spectrum disorder (ASD). Robinson's work will make its debut performance to the public during the first weekend of May.

Robinson was given this opportunity through a contest sponsored by the Prince George's Summer Teen Theatre (PGSTT) program this past winter. PGSTT has produced musical theatre performances for young teens over the last 45 years. Traditionally, these shows would take place over the summer. However, PGSTT has been looking for ways to include additional performances into their

program.

This year they decided to introduce a spring production that the local youth had written. This would provide a rare opportunity for young teens to watch their creations come to fruition on stage.

In a contest they dubbed *The PGSTT Project*, youth from the Prince George's County area were asked to submit proposals illustrating their ideas for the spring production. These submissions included sample script excerpts.

An important and challenging aspect of the competition required the winner to write the entire play within a month's time in order to allow for the spring debut. In the end, Daryn Robinson from Georgetown Visitation Preparatory School won the honor of having her play, *You Never Know*, become PGSTT's first spring production.

Rick Bergmann, former president of PGSTT for a number of years, directed Robinson's play. Bergmann is a Prince George's County school teacher and has worked with special needs chil-

dren in the past. He was excited to return to PGSTT to take on this project.

A majority of the cast are new to the PGSTT program, including Krem Lephew, 15, a student diagnosed with autism. Lephew said she "likes being on stage and meeting new people." Her favorite part of the show is "when the actors get excited and talk loud."

Performances of *You Never Know* will take place at the Charis Center of the Arts, 13010 8th Street, Bowie, Md., 20720. Showtimes occur on May 4 and May 5, at 7 p.m., with a matinee performance on May 6 at 2 p.m. Tickets are \$10 and will be sold at the door.

Handicap parking is available in the Charis Center lot. General parking can be found along the streets, but please do not park in the fire station lot. Contact the show's producer, Hark Tagunicar, for any questions you may have. Please visit www.pgstt.org to help support the program.

Share Your News! Send your neighborhood news items to tedladd02@aol.com.

Obituaries

Chotiner, Alan I.

On Wednesday, April 18; beloved husband of 70 years to Ann B. Chotiner; father of Barbara Ann Chotiner, Kathleen Chotiner (B. Thomas) Harter and Nancy Chotiner (James A.) Schretter; grandfather of John (Heather) Harter, Michael Harter, Emily Harter, Jennifer Schretter and Catherine Schretter; great-grandfather of Maxwell and Walker. Relatives and friends called at the Borgwardt Funeral Home 4400

Powder Mill Road, Beltsville, Md., on Sunday, April 22, from 2 to 4 p.m. and 7 to 9 p.m.; The family held the funeral mass at St. Hugh of Grenoble Catholic Church 135 Crescent Road Greenbelt, Md., on Monday, April 23, at 11 a.m.; Interment Gate of Heaven Cemetery; Memorial contributions may be made to the Alan I. Chotiner Scholarship Fund, c/o High Point High School, 3601 Powder Mill Road, Beltsville, Md., 20705. www.borgwardtfuneralhome.com.

Neighbors in the News

BVFD Volunteer of the Month is Firefighter Nathan Sweeney

Americans remember the events of September 11, 2001, in a variety of ways. Locally, the terrorists crashing the plane into the Pentagon paired with the devastating tornado that swept through College Park on September 24, 2001, spotlighted fire and emergency medical services personnel in our area and the challenges they face on a daily basis.

According to Nathan Sweeney's mother, although he was only 7 at

first; however, after seeing how he has grown and made his own way at BVFD, they know he made a choice that was good for him.



Although he just celebrated his 18th birthday, Sweeney has already completed his basic firefighting training which consists of 108 hours classroom/practical time and he is currently attending class to become an emergency medical technician, which adds another 163 hours of classroom/practical

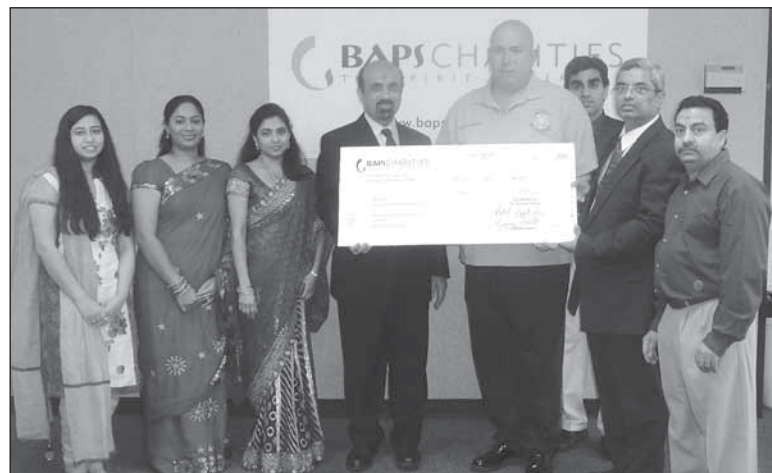
thing many of us have already dedicated so much to.

If you are interested in becoming a volunteer firefighter or emergency medical technician, please stop by the firehouse on Prince George's Avenue on any Monday after 6 p.m. and ask to speak to someone about becoming a volunteer.

time to his training transcript at the University of Maryland Fire and Rescue Institute (MFRI).

In addition to the time spent at MFRI, Sweeney has spent countless hours at BVFD with the senior members to practice the skills learned in class in order to be ready for real life situations. On top of all of this, he was still responsible for his high school studies.

Sweeney said joining the BVFD is much more than what he ever expected and he hopes to have a career in public service someday. The members at BVFD are happy to have him as part of the family, and look forward to watching him grow to love some-



The Beltsville Volunteer Fire Department (BVFD) is once again one of the proud beneficiaries of the Annual BAPS Charities Walk. The officers and members of the BVFD would like to extend our gratitude to the BAPS Swaminaryan Sanstha for their continued support. Above: Chief Al Schwartz accepts a generous donation. The check was presented at the BAPS Charities annual banquet earlier this month.

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Graze in the Garden

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MAY IS BETTER HEARING MONTH

Neighbors in the News



Scouts visit summer camp in spring

Boy Scouts Visit Camp Rodney

By Gary Bauchan,
Assistant Scoutmaster

Back in early March when it was still cold outside, several scouts from Troop 1033 stayed at a lodge for a weekend at Camp Rodney outside of Baltimore. Camp Rodney is where the scouts have been going to summer camp for a number of years. The Boy Scouts invited the Cub Scout Webelos scouts, who will be crossing over to the Boy Scout troop in late April, to go camping with them to show them the facilities at Camp Rodney and to encour-

age them to attend summer camp with the troop. The scouts visited their favorite sites, including the swimming pool, craft center, boating shore, scout crafts, climbing tower, scout store and the shooting sports range.

Despite the chill in the air, the scouts were able to try their skills at archery and fishing while visiting camp. All of the scouts, including the Webelos, were able to shoot arrows with a bow, some for the very first time. The scouts on the trip included Patrick Deery, Justin Nowlin, Joseph Miller, Alex Orellana, Patrick Miller, Luke Yar-

mas, Al Diagne, Surya Pukazhenth and Trey Ridley. Adults who braved the cold were Webelos's dad, Budhan Pukazhenth; Assistant Scoutmaster, Gary Bauchan; and Scoutmaster, Rick Deery.

The scouts enjoyed chicken, beans and rice for dinner while huddling close to a campfire outside in the fresh cold air. The scouts will return to Camp Rodney this summer and enjoy another summer of camping, hiking, climbing, shooting, swimming, birding, canoeing and just plain having fun.

Beltsville Library Programs for May

Programs for Everyone

Chess Club

Tuesday, May 8 and 22, at 6 p.m. Chess for all ages and levels. Everyone welcome. Come to learn or just to play and have fun!

Programs for Children and Families

In celebration of children's book week: meet the author, Ai-Ling Louie, Monday, May 7, at 7 p.m. Meet the author of Yeh-Shen: *A Cinderella Story from China* and hear a family story turned into a classic.

Teddy Bears on Parade

Thursday, May 17, at 10:30 a.m. It's a teddy bear parade! Bring along your favorite stuffed animal and join us for a morning of teddy bear inspired activities and songs. Ages 6 and under.

3 - 5 Year Old Storytime

Wednesdays, May 2, 9, 16, 23 and 30 at 10:30 a.m. Songs, stories and fingerplays.

Toddler Time

Wednesdays, May 2, 9, 16, 23 and 30 at 11:30 a.m. Songs, fingerplays and stories for children 18 - 36 months with caregiver.

Family Game On

Tuesday, May 15, at 6 p.m. Families are invited to join the library for a night of video games and board games.

Programs for Adults

Afternoon Book Discussion

Tuesday, May 15, at 2 p.m. The group will be discussing *The Elegance of the Hedgehog* by Muriel Barbery.

Evening Book Discussion

Monday, May 14, at 7 p.m. The group will be discussing *Major*

Pettigrew's Last Stand: a Novel by Helen Simonson.

Computers for Everyone

Thursday, May 31, at 9:10 a.m. Don't be intimidated by computers. Join us to learn basic computer skills, terminology and how to use the library's computers. Leave the library feeling more confident using a computer. Limit 16 per class. Registration required.

Friends of the Beltsville Library Meeting

Tuesday, May 1, at 6:30 p.m.

Contact the Beltsville Library by phone at 301.937.0294. Visit us at 4319 Sellman Road, Beltsville, next door to the police station. Hours are Monday and Tuesday, 1- 9 p.m., Wednesday, Thursday and Friday, 10 a.m. - 6 p.m., and Saturday 10 a.m. - 5 p.m. Closed Sunday. Closed Monday, May 28, for Memorial Day. Visit our library system web site at www.pgcmils.info

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Neighbors in the News

Patuxent Research Refuge Public Programs for May

Registration

All programs are free, however, donations to the Friends of Patuxent are greatly appreciated. These public programs are designed for individuals and families. Most programs require advance reservations. Please call 301.497.5887 to make your reservation and advise the refuge of any special needs so you may be accommodated. Visit <http://patuxent.fws.gov> for directions or more information.

Programs Held at the Patuxent North Tract Entrance

The North Tract is located on Route 198 between the Baltimore-Washington Parkway and Route 32, east of Laurel, Md.

Weed Warriors

Wednesday, May 2, 1-3 p.m.
Ages 14+

Wednesday, May 16, 1-3 p.m.
Ages 14+

Non-native invasive plants are threatening our wildlife habitat. You are invited to help stop them from spreading. Bring gloves and water (and hand tools if available).

Spring Stirrings

Sunday, May 6, 8:30-10:30 a.m.
Ages 6+ What is that noise? Is someone singing? Join refuge staff to look and listen for the sights and sounds of familiar residents and new visitors.

Maryland Mammals

Saturday, May 19, 10-11:30 a.m. All ages join a park ranger on a hike through Patuxent's ponds, rivers and woodlands searching for mammals. Discover the mammals of Maryland, their characteristics and how they have adapted to Maryland's steamy summers and chilly winters.

Butterflies: Nature's Festival of Colors

Saturday, May 12, 8:30-11 a.m.
Ages 10+

Saturday, May 26, 8:30-11 a.m.
Ages 10+

Discover the role that butterflies play in the ecosystem and learn to identify several common

to Maryland on this guided 2.5 mile walk. Field guide recommended. Bring water and dress for the outdoors.

Tree ID 101 Hike

Sunday, May 20, 1p.m. Ages 6+ Have you always wanted to learn to identify your local trees, but didn't know where to start? Join a naturalist to discover how easy it is to identify some of Maryland's local trees by leaf, bark and flower in this informative hike.

Herp Search

Saturday, May 26, noon-1:30 p.m., All ages join a refuge naturalist on this guided search for reptiles and amphibians. Wear good walking shoes.

Night Hike

Saturday, May 26, 8-9:30 p.m., Ages 5+ Discover the nighttime world of the refuge as you look and listen for nocturnal animals on this guided walk.

Bird Walk

Sunday, May 27, 8:15-10:15 a.m. All ages. Search for birds in several refuge habitats on this guided hike. Field guides and binoculars recommended.

Programs Held at the National Wildlife Visitor Center

The Visitor Center is located on Powder Mill Road between the Baltimore-Washington Parkway and Route 197, south of Laurel, Md.

Springtime Surprises Puppet Show

Friday, May 4, 11:30 a.m. and 3:00 p.m. All ages. Join a very special American toad on a springtime day at Patuxent as he bumps into old and new friends after a long winter. **No registration necessary.**

Bird Walk

Saturday, May 5, 7:30-9:30 a.m. Ages 14+ Search for spring migrants in various refuge habitats on this guided hike. Wear good walking shoes; bring binoculars and a field guide if you can.

Flutterby Butterfly

Tuesday, May 8, 1-2:30 p.m., Ages 5-7. Discover the incredible life of the butterfly through stories, crafts and a hike in this fun program.

Bird Walk

Wednesday, May 9, 8-10:30 a.m. Ages 16+

Wednesday, May 23, 8-10:30 a.m. Ages 16+

Search for birds in several refuge habitats on this guided hike. Field guides and binoculars recommended.

Nature Tots: Marvelous Mamas

Friday, May 11, 10:30-11:30 a.m. and 1-2 p.m., Ages 3-4. Celebrate Mother's Day by learning about how nature's mamas nurture and care for their babies in the wild through stories and crafts.

Migration Madness

Saturday, May 12, 1-2:30 p.m., Ages 8-10. Did you know May 12 is International Migratory Bird Day? Visit Patuxent Research Refuge for an interactive program with hands-on activities to explore the birds that migrate right through our own backyards.

Worlds of Wildlife

Tuesday May 22, 1-2:30 p.m., Ages 5-7. Come celebrate Biodiversity Day. Discover Patuxent's amazing variety of life, from big to small and fuzzy to slimy, through interactive games, stories and a hike.

Animal Advertisers

Thursday, May 24, 2-3:30 p.m., Ages 8-10. Most animals use camouflage to hide. Learn why and how some animals advertise their presence with bold colors and bizarre behaviors.

Tiny Tots: Nature and Music

Wednesday, May 30, 10:30-11:30 a.m. Ages 18 months - 3 years. Learn about the wildlife at the refuge through songs and rhyming.

Endangered Species Celebrations National Wildlife Visitor Center

Endangered Species Tour

Tuesday, May 15, 11 a.m. and 1:30 p.m., Ages 14+ Register for a behind-the-scenes tour of the Patuxent Wildlife Research Center to observe the graceful endangered whooping cranes and much more. Arrive early, as tours will leave on time. Tours will last approximately one hour. Space is very limited. Call 301.497.5887 to register.

Endangered Species Presentation

Tuesday, May 15, 12:30-1:15 p.m., Ages 14+ Refuge Manager, Brad Knudsen, will discuss endangered species and the role the United States Fish and Wildlife Service plays in the lives of these fragile species. **No registration necessary.**

American Bird Conservancy Presents Endangered Hawaii

Film showing Tuesday, May 15, 3 p.m. (30 minutes). Learn about the tragic extinctions of Hawaiian island bird species and the suggested solutions to save these endemic and fascinating birds. **No registration necessary.**

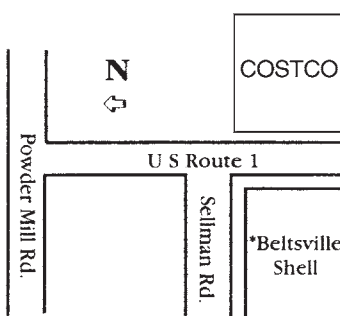


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Neighbors in the News



Riderwood resident Pat Kral plays autoharp and sings *Danny Boy* accompanied by resident Bruce Clark on guitar and the Lonesome Pine Band

Record Number Attend Bluegrass Jam at Riderwood Retirement Community

A record 250 people attended an April Bluegrass Jam held at Riderwood Retirement Community in Silver Spring, Md. The Riderwood Ol' Opry Bluegrass/Country/Old-Timey Music Jams are a stage show format that take place every two to three months.

The Lonesome Pine Band provided accompaniment, playing a wide selection of bluegrass, country, western swing and novelty songs. Riderwood residents, relatives and friends got up on stage to perform the various styles of music, backed by the band.

Regular performers included resident Henry Plotkin on fiddle, resident Glen Leshner and his

sons on guitar and resident Walter Krauss on bass. Family members of residents, Ron Davies on guitar and vocals and Doris Justis on guitar and vocals, also performed. The Lonesome Pine Band also consisted of resident Bruce Clark, resident Pat Kral on autoharp and vocals, Barb Diederich on bass and vocals, Allan Oresky on fiddle and mandolin, and Eddie Schaeffer on guitar and vocals.

The next Bluegrass Jam at Riderwood will be held Thursday, May 10, at 7:30 p.m., in the community's performance hall, 3140 Gracefield Road, Silver Spring, Md.

MALLARDS

continued from page 1

They then leave by summer to explore new worlds of wonder.

Renaissance Gardens residents and staff are now feeding the baby ducks and taking care of them as if they were their adopted pets.

Renaissance Gardens, much like its baby duck visitors, has recently spread its wings to incorporate enhanced apartment, activity, and lobby designs that maximize socialization and independence of its residents. Renaissance Gardens has 230 assisted living units and 132 skilled nursing units.

Riderwood sits on 120 acres that stretch across Montgomery and Prince George's Counties. It has received Wildlife Habitat Council Certification, making its campus a beautiful ambience for the baby ducks. Nearly 3,000 people live at Riderwood.

Health News

Seven effective habits to prevent hearing loss

(ARA) - Hearing loss is common, but the perception that hearing loss is only caused by aging is incorrect. More than 36 million Americans have hearing loss. Changing lifestyle habits, and treating a variety of health conditions can help to prevent hearing loss.

Seven healthy habits may help prevent or delay the onset of hearing loss.

1. Noise

Noise-induced hearing loss is the most common yet preventable cause of hearing loss. Exposure to dangerous levels of noise can occur at work, home and in many recreational activities. Wear ear plugs or muffs when operating loud equipment (i.e., lawn mowers, power saws, leaf blower, etc.) or when using firearms. Buy quieter products (compare dB ratings advertised on the products - the

smaller the better).

2. iPod/MP3 Players

Listening to MP3 players at dangerous levels can cause permanent hearing loss. You can download apps to ensure noise exposure through your iPod does not exceed dangerous decibel levels. "Volume Limit" is a switch in the "settings" section of your iPhone or iPod to make sure that your hearing is protected. This allows you to set a maximum level for the volume output of the media player and even put a 4-digit code on it to keep it fixed.

3. Diabetes

The National Institute of Health (NIH) has found that hearing loss is twice as common in people with diabetes. Furthermore, of the 79 million adults with pre-diabetes, the rate of hearing loss is 30 percent higher than in those with

normal blood sugar levels. Moderate weight loss, eating healthy and exercise can delay or prevent type 2 diabetes among adults at-risk for diabetes.

4. Smoking

Smoking is a risk factor for hearing loss. Smokers are nearly 70 percent more likely than non-smokers to suffer hearing loss. Exposure to second-hand tobacco smoke almost doubles the risk of hearing loss among adolescents. Studies show that smoking, age and noise exposure together increase the risk for hearing loss more than each of these factors alone.

5. Cardiovascular disease

Not only does exercise help to prevent type 2 diabetes, but

HEARING
continues on page 22

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Rosapepe's Report to Beltsville

By Senator Jim Rosapepe (D-21)

Join us at Beltsville Day — Sunday, May 20

Beltsville Day will be held the afternoon of May 20 at Beltsville Community Center, located at 3900 Sellman Road. There are games for kids, music, food, great fellowship, and much more. Stop by the 21st District Delegation's table where we'll have free maps -- road, bicycle, and greenways -- guides to festivals and other fun events around Maryland, and info on how to solve problems like high property assessments and unemployment. We look forward to seeing you and hearing your concerns.

2012 Legislation Focused on Job Creation

As I write this in mid-April, I don't know when Governor O'Malley will call the legislature back into session to finalize the budget. As you may know, when the regular session ended April 9, several pieces of the budget were not completed, threatening cuts on local school funding and big college tuition hikes, among other things.

Delegates Barbara Frush, Joseline Peña-Melnyk, Ben Barnes and I urged the Governor to move quickly and, today, we are hopeful he will. The summary below covers the full budget package including the revenue package we expect to finalize soon. At a time when too many of our

neighbors are still suffering from lower incomes and unemployment, we focused on protecting and creating jobs. We voted for a balanced state budget package by cutting unnecessary spending and raising revenue by closing corporate loopholes and making the income tax more progressive (this is the legislation that needs to be finalized in the Special Session).

Key priorities we succeeded in protecting include:

- state aid to Prince George's to keep teachers, police and firefighters on the job

- creating construction jobs in repairing and building schools, fixing roads and bridges, and repairing Metro elevators

- investing more than \$250 million in improving the University of Maryland and other public college campuses

In recent years, while other states and the federal government have failed to face their fiscal problems, Maryland has protected education and other important public services while balancing the state budget and preserving the state's AAA bond rating. Other important legislation included:

- implementation of President



Senator Jim Rosapepe

Obama's plan to expand health insurance to working families, championed by Delegate Peña-Melnyk

- new tools to clean up the Chesapeake Bay by restricting septic tanks and raising funds to treat sewage, championed by Delegate Frush

- increased state aid for Prince

George's schools, championed by Delegate Barnes

- capping college tuition hikes at 3% at the University of Maryland and other public colleges, championed by me

High Point High School Gets Funds from Alcohol Tax Hike

Last year the Delegates and I voted to fund local school improvements by extending the sales tax to alcohol. Recently the Maryland Board of Public Works approved a request to spend \$1.25 million of the funds at High Point High School for piping and unit ventilator replacement.

Working to Improve Sunrise Plaza

Councilwoman Mary Lehman and I were approached by the tenants of Sunrise Plaza with the hope that we could steer these businesses in the right direction to get through these troubled economic times and help get the landlord to take better care of the plaza.

We had a productive meeting with the tenants. We encouraged them to form an organization, which shortly led to the formation of the Sunrise Plaza Merchants Association. Along with the 21st District Delegates, Mary and I are concerned about their situation and want to help. We look forward to a future meeting with the new Association and the plaza's landlord to reach a solution.

Construction of Final Segment of the Intercounty Connector (ICC)

The Maryland State Highway Administration is moving ahead on the next one-mile segment of the roadway from I-95 to Route 1. The final segment of the ICC will connect to Virginia Manor Road with a partial interchange and to Route 1 near the Muirkirk MARC commuter rail station with a signal-controlled intersection. Construction will also include separated parallel lanes along I-95 between the ICC and Route 198 interchange for traffic to safely merge at exits. Construction of this final segment will support up to 1,000 jobs. Engineering design work is underway, with construction starting by late spring of this year. The project is scheduled for completion late 2013 or early 2014, weather permitting.

Let us Know How We Can Help You

Please let the Delegates and me know if there are other issues you have questions or thoughts about. And, of course, feel free to be in touch if the Delegates or I can be of help to you. Just email 21stDistrictDelegation@gmail.com or call 301.858.3141.



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Club News

Beltsville Rotary Happenings

By Ivy Christoffers

These past few weeks were very interesting ones for our members. We enjoyed hearing from very influential Beltsville residents. The principal of High Point High School, Sandy Jimenez, spoke of her upbringing in Wichita, Kan., her marriage to a Spanish-speaking fellow who moved her to South America where she quickly learned Spanish. She returned to Prince George's County as a single parent with four children. Because of her language skills, Jimenez was placed in an EOS elementary school nearby, then transferred to a middle school and finally appointed as principal of High Point.

She pointed out that High Point is number ten in educating minority students and feels her school is a microcosm of the United States. She feels educators need to be actively engaged in the community to foster a successful high school and finds STEM is engaged with active, creative learning processes with FDA, WAU and other



Pictured above are newly inducted Beltsville Rotarian, Karen Coakley, a Beltsville, Md., activist and real estate agent next to High Point High School principal, Sandy Jimenez

businesses that offer internships to high school students.

Jimenez is seeking academic grants for after school programs that will keep the students off the streets. She spoke of how the State of Maryland is comparing

the number of students who enter high school against the number who graduate. It seems 40% of high school students in Prince George's County drop out before

ROTARY

continues on page 17

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Club News

Beltsville Young at Heart

By Barbara Schofield

Beltsville Young at Heart enjoyed a scrumptious luncheon at our last meeting to celebrate our 54th anniversary. The Laurel Meat Market catered the

luncheon. Bill Miles always does a wonderful job of catering; thank you for the delicious food. Members won door prizes, raffle baskets and 50/50.

Please don't forget Beltsville Day on May 20; we need your patronage. Hope to see you there, come inside for good *things to eat and buy*. A friend is *always at home in your heart*.

National Active and Retired Federal Employees, Chapter 1122, is Holding Monthly Meeting

The monthly meeting will be on Wednesday, May 9, 1:30 pm, at the Greenbriar Community Building, Terrace Room, 7600 Hanover Parkway, Greenbelt, Md.

Call the office for directions: 301-441-1096 Dial "0." Speaker will be Dr. Gene Lester from BARC, whose topic will be *Food as Medicine: What Melons Offer*. Come

and learn about food that may help you. Prospective members are welcome. Executive board meeting follows chapter meeting; members are invited.

Beltsville Garden Club's Second Spring Plant Sale

By Louise DeJames, Publicity Chair

The Beltsville Garden Club will

hold the second plant sale of the season, on Saturday, May 12, from 8 a.m. until noon, rain or shine, at High Point High School, 3601 Powder Mill Road, Beltsville, Md. Quality perennials, annuals and vegetable plants will be sold at reasonable prices. Plants grown in

the Beltsville Garden Club greenhouse will also be available.

For more information call Geoff White at 301.937.1539. For directions visit our website at www.beltsvillegardenclub.org.

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Women's Community Club of Beltsville

The May meetings of the Women's Community Club of Beltsville are scheduled for Wednesday, May 9, at 7 p.m. at Three Brothers Pizza in Beltsville, Md. and Monday, May 14, at 12:30 p.m. at Emmanuel United Methodist Church on Cedar Lane in Beltsville, Md. We are a 501(c)3 organization whose mission is to serve the Beltsville community. Women of Beltsville are invited to join us; we are always looking for new members and community support for our mission. If you would like more information about our club, please contact Elaine Chabot, President at ecchabot@aol.com

Children's Corner

By Denita Johnson

The weather has been beautiful. It's spring time so it's time to start planting our gardens and taking care of our lawns. It's also a time to think of others. This month we are going to celebrate our mothers and teachers. Making homemade gifts always seems to give them a smile so here are a few to get you started and remember to have fun and enjoy activities with your children.

Mother's Day Ideas

- make a card out of a tea cup shape and add an herbal tea bag
- make a pop up card that pops up a bouquet of flowers
- make a crown and let your mom be the queen of the day while you do the chores
- make dinner for your mom (with help from dad for the little ones)
- make a picture book for mom

telling her how much she means to you

- make mom a t-shirt with everyone's handprint with the saying mom's little helping hands

Teacher Appreciation Gift

- write "You are out of this world" on a milky way bar
- write "You are extra special" on a pack of extra gum
- write "Thanks for giving us a hand on a bottle of hand lotion
- write "You are tea-rrific" on a mug with a tea bag
- write "You are our biggest fan" on a handheld personal fan
- write "We are fortunate to have you" on a box of fortune cookies

These are just a few ideas; I know you can think of a lot more. Have fun.

Club News

College Park American Legion and Auxiliary

By Ivy Christoffers

Last month I told you of happenings and special events held at our post home in College Park, Md. Now I want to inform you of another event that is shaping up nicely. On Saturday, May 19, we will be holding a yard sale and car wash from 8 a.m. to 1 p.m. For information, please call 301.441.2783 or e-mail lindseylando@yahoo.com. There may be an opportunity for you to rent a table, participate and get the pollen off your car.

We are entering the month of May when you will encounter those American Legion and Auxiliary members who will be distributing those pretty little crepe paper poppies of remembrance in honor of all who have lost their lives fighting for our freedoms. Donations are gladly accepted for these flowers; we use all money received for our veterans programs.

There will be many Memorial Day observances held throughout



Morgan Lash was crowned Miss College Park 2012 by outgoing Miss College Park 2011, Jordyn Goddard, on Sunday, April 15, at the College Park Moose Lodge. Lash received a \$2,000 Cash Scholarship for her big win.

the area. The one held at the College Park Veterans Monument at Route One and Greenbelt Road is always a beautiful affair. Refresh-

ments are served at our American Legion post home at 9218 Baltimore Blvd. following the services. Come join us.

Our annual Miss College Park Scholarship Pageant was held at the Moose Lodge on Metzert Road, Sunday, April 15, and we have crowned Morgan Lash, a cheerleader and freshman at the University of Maryland, the new Miss College Park. Our retiring Miss College Park, Jordyn Goddard, did a fabulous job representing unit #217 throughout her year.

Their obligations begin immediately and they are kept busy appearing and speaking at many events throughout the state, as well as participating in local parades, entertaining our veterans at Washington Veterans Affairs and Charlotte Hall Veterans Home, and participating in children's parties at Halloween, Christmas and Easter.

We members of the American Legion Auxiliary believe in volunteering our time to serving others and enjoy serving as mentors to our youth, thus insuring our future.

Get Tuned In and Turn out for a Good Cause

By Kenneth Labbe

Friday nights in Washington, D.C., can be expensive and annoying. There's waiting for valet parking, spending tons of money for a small, portioned entrée that won't fill you up, and let's not even talk about the traffic and parking. Who wants all of that hassle? Here's your chance to have fun, keep your wallet full and support a great cause.

In 2008, the country made history with a movement that took the politics out of Washington and put it into the hands of those who speak the loudest — the voters.

On Saturday, April 28, it's happening even bigger. Thomas S. Wootton High School, BBYO, Rock the Vote and a growing number of partners present *Tuned In: Be the Voice That Rocks the World*.

CNN's John King will host the event featuring the bands Third Eye Blind and Timeflies, as well as Maryland Councilman Phil Andrews, Maryland Attorney General

Doug Gansler, Obama for America, Former Maryland Governor Bob Ehrlich, Romney for President and Maryland Senate Candidate Daniel Bognino.

Tuned In's goal is to motivate thousands of teens and their families to take an active role in election year opportunities, serve their community and develop civic responsibility. Don't miss this once-in-a-generation experience.

Come to the event starting at 8:30 p.m. at Thomas S. Wootton High School, 2100 Wootton Parkway, Rockville, Md., 20850. Gates open at 8 p.m. Tickets are available at www.tunedinmaryland.org for \$25 or \$30 at the door.

There will be a free shuttle from the Universities at Shady Grove and free parking at Frost Middle School and Lakewood Elementary School. Portable facilities will be available in the stadium as well as Wootton Stadium. The Boosters Association will be selling concessions.

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School News

The Magic of AVID

By **Yeny Hernandez, Layla Hernandez, Shanae Harris, Jennifer Hernandez, Luis Garcia, Luis Gutierrez**

At Martin Luther King, Jr., Middle School we have a course called AVID which means Advancement Via Individual Determination. We are all AVID students. In AVID you have a family that means the people in class you treat with respect, and you treat them how you would treat your family. Some of the skills we have learned are tutorials, Socratic seminars and MSA/college-ready SAT words.

In AVID we have a coach, not a teacher. Our coach is Coach Davis and she helps us with our classwork, homework and projects. Sometimes when we have guest speakers, we have to write Cornell Notes. Cornell Notes are a skill that we learned. You have to put the main idea and supporting details on your paper. With Cornell Notes you do not have to have complete sentences, just thoughts and ideas. Also, our coach tells us when we are doing a BCR so that you fill in all the lines. This is AVID and what we are all about.

How AVID is Special

By **Demetrius Craft, Tobi Aroloye and Ariela Ayala**

AVID is a college prep class for middle school students. "AVID helps you get better grades in school," said Tobi Aroloye, a student at Martin Luther King, Jr., Middle School. AVID is an academic program. If you are struggling in school, AVID is where you want to be so you can get better. "In elementary school," said Ariela Ayala, another student at MLK, Jr., Middle School, "I got some Cs on my report card, but ever since I started AVID, my grades improved." AVID helps you get ready for the SAT in high school and for the MSA. AVID is a good program and helps students get straight As or As and Bs. It also prepares you for college.

What AVID Means to Us

By **Rick Hart, Derrick Poag, Jayson Do**

AVID is everything you need to be successful in school and life. AVID is what motivates the young people to achieve their goals in school. AVID means to strive in school and get the grades you need to keep moving in life. AVID is your family away from home. In AVID everyone is close and everyone is fair to each other. Coach Davis is one of the best teachers that Martin Luther King, Jr., Middle School has to offer. She is like a head coach because she motivates and encourages you to work your best. Also, she never quits, even if you have zero potential. She will continue to help you strive. We love AVID and Coach Davis because she helps us to do our best everyday.

How AVID Helps Us

By **Lindsay Bonney, Herren Avery, Jason Argueta, Teo Benitez**

AVID helps us because we go

on field trips and we get to see the things that we learn about. AVID helps us to do new things. For example, when we went to the Walters Art Museum, we learned about the Roman Gods, like Zeus and Athena. We have fun on our field trips and they inspire us to try new things.

AVID prepares us for life. It gives us lots of projects that prepare us for high school classes and college. AVID teaches all subjects that we have or need help with like reading, language, arts, math, science and social studies. AVID helps with all types of learning skills such as how to organize our data with a graphic organizer. AVID is a great program.

AVID Prepares Us for College

By **James Bethune, Kevin Cruz-Guevara, Ernest Akers V, Andy Do, Daniel Dixon, Erik Baten**

I'm ready for college. Are you? Here in AVID we prepare each other for college in the early stages of our lives. In the AVID program, failure is not an option. We focus on projects that are on a college level. We also focus on writing our resumes early so throughout the years of our education we can add on to it. We use Cornell Notes to see how colleges use notes differently than grade school. This helps us to evaluate our skills to get a good education. So if you want to be prepared for college like us, then join the AVID program.

AVID Field Trips and Freedom

By **Harsh Patel, Tyson Qualls, Akhita Page**

The best thing about AVID is freedom, field trips, group work and rewards. In seventh grade, we had little freedom from holding hands to the buddy system. Now that we are in the eighth grade AVID program, we have more freedom and responsibility. This makes us proud of ourselves. The field trips help us take a load off from school. These field trips give us a future education to see and learn new things. Group work helps us to cooperate amongst our AVID family and other people we may have to work with in the future. The rewards help us to show that we earned the reward. It is hard to find the best part of AVID because nothing is bad about AVID.

The AVID Family

By **Aaron Pillai, Ralph May, and Nnamdi Nwabuisi**

As a member of the AVID family, we are very connected to each other through thick and thin. Sometimes, as AVID family members, we need supplies, and as an AVID family, we give them to each other. But if an AVID family member wants to copy off of us, we give them tough love by not letting them copy and telling them it is wrong. People in today's society harm others for what they want. They

need to treat each other like their family. People don't really understand how important it is to have a family. You should be grateful because all you have can be gone in the blink of an eye. This is why you have an AVID family who is always there to support you.

The Opportunities in AVID

By **Lauryn Williams, Javell Leslie-Alston, and Emily Mendez**

When we come in to class, we get ready to start our usual routine. In AVID, you'll have the opportunity to get high school and college credit. We go on lots of educational field trips such as the White House, UMBC, UMCP, the wax museum and more. When we have the opportunity, we go onto www.collegeboard.org website and practice on our SAT knowledge. We are given difficult words to discuss. In AVID, we do lots of essays and write-a-books. One of the essays we worked on was the patriotism essay for the American Legion contest. This helps us prepare for our high school and college essays.

AVID: Where Failure Is Not An Option

By **Jasmine Lolin, Neshae McQueen, Carlian Lambe, Imani McClellan**

AVID is a program in our school, Martin Luther King, Jr., middle school, which counts as one of our classes. We do a lot of activities like going on field trips to colleges and have guest speakers. Some of the colleges we go to are UMBC and Howard University. Most of our guest speakers come from colleges or they come out to talk to us about colleges. As you can see, our AVID coach, Coach Davis, cannot stress to us enough how important college is for us; however, AVID is not all about college. AVID prepares you for life so when you become an adult, you can decide on a career. In this program, the class helps you to practice your favorite subjects so when you go to your classes, you will understand your topics.

AVID Activities

By **Shepsura Page**

At the beginning of the year, we found out what our learning styles were. There were visual, auditory, tactile, individual, group, oral and written styles of learning. A lot of people thought they were going to be something else than they actually were. Then they found out what people they could be studying with. We do many activities in AVID, but we do not have much time. That's why we learned earlier, when we get an assignment, we do the work whenever we get a chance. For example, when we get finished with one project, then we start right away on the next one. After the write-a-book, we started on the Americanism essay contest.

AVID continues on page 20



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Calverton Hops in March

By Becky Cavallo

As part of its positive behavior incentives (PBIS), Calverton Elementary held three sock hops in March to celebrate the third quarter. Pre-K, kindergarten classes and first graders had their sock hop on Wednesday, March 28, in the afternoon. Second and third grade students had a sock hop on Thursday morning, March 29, and fourth and fifth grade students danced the afternoon away that afternoon.

The cost of admission was \$25 of Calverton cash, which students earn for good behavior and hard work. Some favorite songs that the students enjoyed were *Party Rock* (LMAFO), *Single Ladies* (Beyonce), and *Moves Like Jagger* (Maroon 5).

Because it was a sock hop, students were encouraged to wear crazy socks they proudly showed off on stage during the sock hops.

Star students were also recognized for the third quarter. These students, picked by their classroom teachers, have demonstrated they are ready to learn. These Star Students are: Jhenelle Siarez (Hernandez - Pre-K), Kristian Javier (Hankey - Kindergarten), Gloriana Rentas (Bossler - Kindergarten), Rosa Olivar (Hart - Kindergarten), Briana Gonzalez Bastida (Freeman - Kindergarten), Rene Bawuah (McClain - Kindergarten), Josue Benitez (Baxley - Kindergarten), Arshiya Qureshi (Fraser - First Grade), Dianora Sagastizado (Albert - First Grade), Lizbeth Arevala (Rinck - First Grade), Thora Robinson (Pap-

san - First Grade), Erica Atchrimi (McCollum - First Grade), Ashley Ortega (Russell - Second Grade), Rashawn Miller (Bellows - Second Grade), Clyde Tajong (Wood - Second Grade), Mineyli Martinez (Hayes - Second Grade), Damon Meyers (Prelovsky - Second Grade), Maame Agyemang (Joyner - Third Grade), Markeis Pritchett (Williams - Third Grade), Sophia Charles (Fulcher - Third Grade), Alma Galeano (Stamps - Third Grade), Isis Eastwick (Bravo - Fourth Grade), Diana Saravia (Gibson - Fourth Grade), McLure Joseph (Geatz - Fourth Grade), Samaa Zaman (Hartman - Fourth Grade), Jaclyn Tran (Waibel - Fifth Grade), Jada Willis (Rossman - Fifth Grade), Ryan Lange (Levin - Fifth Grade), Alexandra Denzo (Berg - Fifth Grade).

ROTARY

continued from page 13
graduation.

Jimenez stated she wants her school to be the example for multicultural education and respect for the individual. Her philosophy is love and discipline go hand-in-hand. Thank you, Karen Coakley, for hosting this speaker.

Howard Phoebus introduced another very interesting speaker. This gentleman, a pilot with Mercy Medical Airlift, was born in Iowa, where his father worked for NOAH. He attended ten schools in six years of his education, graduated from Nebraska University and served 26 years in the Air Force. After retiring from the Armed Forces he began flying

medical relief flights.

Since 2008, there have been 39,313 flights with \$13 million to the public benefit. United Way donates funds, as well as churches, organizations, and donations of frequent flyer miles. When the professional staff receive a request for transportation, triage occurs and flights are arranged through commercial airlines such as United Airlines, Delta, as well as Amtrak and the public bus. If the individual is unable to sit upright, then Air Compassion American, Angel Bus or Angel Flights are arranged.

There is a group that shares in flying a Bonanza that is stretcher friendly. The group averages four or five trips a month. They were recently involved with transport-

ing Richard Norris, who made 78 trips between Hillsville, Va., and Maryland Shock Trauma following a shotgun blast to his face. Because of his disfigurement, Norris would not appear in public. After many surgeries, Norris recently underwent the first full-face transplant in Maryland.

As you can see by this column, we have the opportunity to meet and learn from many interesting folks. They all are living the mission of Rotary, which focuses on our belief that mankind is our business. Come out and join us for lunch some Tuesday soon. The chef at the Holiday Inn performs magic with his utensils, pots and pans. His soups are the best in town.

Keeping on Top of Your Child's Asthma Care During Allergy Season

(ARA) — For many with seasonal allergies, the start of spring means itchy eyes and a runny nose, but for the almost 25 million Americans suffering with asthma, the season can be much more threatening. In fact, according to a recent survey, Asthma Insights and Management, conducted by the national public research organization Abt SRBI Inc., 21 percent of asthmatics note "pollen" as a trigger for their asthma symptoms.

Asthma is a chronic lung disease that inflames and narrows the airways, and may cause chest tightness, shortness of breath, coughing and wheezing. When not properly managed, these symptoms may sometimes become life threatening.

For parents of the nearly 7 million children living with asthma, monitoring of the condition and identifying when symptoms are becoming problematic can be difficult any time of year, but can be even more challenging during

allergy season.

"During allergy season, assessing whether my child symptoms are asthma- or allergy-related is even more stressful as exacerbations become more frequent," said Denielle Goshinsky, mother of an 8-year-old asthmatic. "I'm often asking myself whether my child's cough is from a cold or allergies, or whether it's asthma-related and potentially more serious."

But for parents of asthmatics, there is a new tool available to help monitor and assess their child's symptoms anytime and anywhere. The U.S. Food & Drug Administration (FDA) recently cleared to market Spiro PD, the first and only personal spirometer that allows patients to measure their lung function outside of the doctor's office. The device measures the amount and speed of air individuals exhale which helps evaluate how well

ASTHMA
continues on page 21



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School News

High Road Upper School Report

In an effort to increase employment opportunities for our students, the High Road Upper School has been a proud member of the Greater Beltsville Business Association (GBBA) since 2010. Our involvement has opened the doors to many opportunities for our students. Our membership has enabled us to really expand the vocational aspect of our transition program.

In addition, our connection with the GBBA has increased our involvement in the greater Beltsville community. Our school has participated in several community events over the last year including National Night Out and other networking



Everett Richardson, Director, (right) speaking with GBBA Member, Jon Haas of Rainbow International

events. Recently, the High Road Upper School opened its doors to the community for a GBBA networking event. This event allowed members to come meet our staff and see first-hand the services the High Road Upper School provides

to our students. Participation in our local Beltsville community is very important for our entire school. We look forward to participating in upcoming events this spring.

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St. Joseph's Regional Catholic School Honors Jay Konar

On Monday evening, April 30, St. Joseph's Regional Catholic School will honor Jay Konar as a distinguished volunteer.

Konar has been volunteering at St. Joseph's School for more than 13 years with his technological expertise and exemplary volunteer spirit. Notable projects that Konar has either designed or with which he has assisted include the installation of projectors and interactive smart boards in the middle school classrooms, the renovation and updating of the new computer lab in the school, the conversion of the school newsletter from paper to email, the continual updating of

computer systems, the installation and donation of new servers, the improvement of internet capabilities through the shifting of internet providers and more.

This does not include his continued service to St. Joseph's Parish with similar tech support and cooking skills, especially burgers and pancakes. This humble volunteer is always ready to help the school and he will be sorely missed as his youngest daughter graduates from eighth grade this year. Konar will be honored at the Catholic Business Network of Prince George's County annual gala at the Greenbelt Marriott.

Fire Prevention Poster Winners

The Beltsville Volunteer Fire Department Ladies Auxiliary is pleased to announce that ten Beltsville students received awards for their fire prevention posters from the Prince George's County Fire and Rescue Association.

The Jan. 2012 issue of the Beltsville News provided photos of all the winners of the annual fire prevention poster contest sponsored by the Ladies Auxiliary. The winning entries were then submitted to the Prince George's County Fire and Rescue Association's poster contest.

Congratulations to all who participated in our annual Fire Prevention Poster Contest, and especially to those who won County recognition. The 10 County-level winners are Nireslt Silva from St. Joseph's School; Faith Kargbo, Benjamin Le, Uciel Vasquez and Alesha Alam from Vansville Elementary School; Evelyn Jane Solomon, Rynne Naithram and Ryan Scotland from Beltsville Academy; and, Nathan Chhakchhuak and Alayna Hebert from Beltsville Adventist School.

Silver Spring Retirees Observe Earth Day Everyday

Riderwood retirement community residents observe Earth Day every day of the year at their 120-acre campus through their wildlife habitat work. Their Riderwood Wildlife Habitat Project is certified under the Wildlife Habitat Council's *Wildlife at Work* program. This certification recognizes the partnership between Riderwood residents and the campus' grounds department staff and their longstanding commitment to the natural environment, which is visible through the extensive acreage of protected woodlands and enhancement projects. Their commitment is setting new industry standards each day and has been evident throughout the history of Riderwood.

During construction of Riderwood, more than 80 individual tree species that would have been cut were relocated on site and replanted in an arboretum and other natural areas around the campus. For this activity, the site received a grand award from the National Arborists Association in 2003.

Riderwood residents built upon this work by forming a Wildlife Habitat Steering Committee to fur-

ther enhance the property for wildlife. Resident members of the committee actively work to enhance the quality and diversity of plant life on the property, improve the nesting habitat for small mammals and birds, manage and control invasive plant species, and educate and involve other residents in the implementation of the wildlife habitat management plan.

Prescriptions recommended to achieve these goals are carried out by focused groups, such as the Garden Club, Weed Warriors, Birders, Butterfly Garden Group, Global Warming Group and Project Budburst Group. The Steering Committee also works closely with the Grounds Department to implement many of the projects, such as those involving the landscaping. For example, the committee has worked with the Grounds Department to gradually replace the non-native, woody ornamental trees and shrubs around the property with native, berry-producing shrubs and trees, which will benefit a variety of birds, insects and mammals.

The committee has undertaken other projects which include main-

taining butterfly and sensory gardens, creation of meadow habitats, snag management, recycling Christmas greens and fallen trees into brush piles, monitoring nest boxes for songbirds and wood ducks, maintaining a floating platform for waterfowl, monitoring bat boxes, and controlling non-native invasive species.

Riderwood's *Corporate Lands for Learning* program, certified since 2008, aims to help residents, as well as visitors and staff members, experience and value the natural world and be more active in its protection. All educational activities, designed by residents for residents, are divided into the following categories: listening-and-watching activities and learning-by-doing activities in order to provide something for every member of the Riderwood community. Outside experts visit the campus regularly for lectures on topics that link to the Riderwood habitat and to the global environment. Recent topics include: research on monarch butterfly migration, fall migration of birds and butterflies, birds of Riderwood, and environmental challenges of the 21st century.

Beltsville Briefs

(Cont. from page 1)

Central Maryland Chorale Presents Spring Concert

This May, the Central Maryland Chorale, together with director Monica Otal, presents *Back to Bach: Selections from the Bach Family of Composers*. The program includes *Lobet den Herrn, alle Heiden* (J.S. Bach), *Fürchte dich nicht* (J.C. Bach), *Ach, bleib bei uns, Herr Jesu Christ* (J.M. Bach) and some whimsical pieces by PDQ Bach. Other treats include a J.S. Bach organ soloist Dr. Theodore Guerrant and soprano soloist Caitlin Vincent in *Cantata 51: Jauchzet Gott, in allen Landen* (J.S. Bach).

The concert is on Saturday, May 19, at 7:30 p.m. at the Lutheran Church of Saint Andrew, 15300 New Hampshire Ave., in Silver Spring, Md. Tickets are \$15 for general admission and \$10 for students/seniors. For tickets and information, call 301.317.9646 or see www.centralmarylandchorale.com.

Vacation Bible School at First Baptist Church of Beltsville

Are you looking forward to an exciting and adventurous summer? Spend a week in Vacation Bible School at the First Baptist Church of Beltsville. Come soar with us as you earn your wings at *Amazing Wonders Aviation*. You will encounter God's awesome power as we fly to some of the world's greatest natural wonders. Children age four through sixth grade will hear Bible stories about God's awesome and amaz-

ing power and learn how God wants to give us everything we need through His power, glory and everlasting mercy. This one week adventure is absolutely free and kids will learn and share through Bible stories, crafts, games and motivating music. Our adventure will be June 25 to 29 from 9 a.m. to noon. First Baptist Church of Beltsville is located at 4700 Odell Road, Beltsville, Md., 20705.

To register for Vacation Bible School or obtain additional information on our program, you may contact the church office at 301.937.7771 or visit our website at: www.fbcbeltsville.org.

Looking For a Few Good Men: Volunteers Needed

S.T.A.R.S. – Speakers, Tutors, Achievement, Retention, Success -- is a MENTORING program in Laurel, Md., which serves motivated youth, 16 to 24, who want a successful life. We have many young men looking for guidance from those who've gone before, as they reach for their goals in life, work, education, family and community. No mentoring experience necessary; just draw on your own life's lessons. If you can spare just one to two hours per week, one night per week, and are willing to listen and help a young man reach his full potential, we want to hear from you. We currently have students waiting for you. Training and support provided. Contact Gloria Coliton at (301) 362-6045 or e-mail gloria@jobcorps.org to find out more about this exciting program.

Invest in Yourself and Create True Prosperity

Spirit of Life Center is the place for the neighborhood community to come together to experience, learn and enjoy simple activities through a variety of classes and workshops. Join us to explore and grow your own spirituality, health and community through an open and accepting environment of friends.

Use the Spirit of Life Center at Paint Branch Unitarian Universalist Church to renew yourself with one-, two- or half-day retreats of classes and workshops on Saturdays between the hours of 8 a.m. and 1 p.m. at 3215 Powder Mill Road, Adelphi, Md., 20783.

Choose from the Quality of Life workshop, Laughter Yoga-Mix, Dance Within, Meditation, Simplicity Circle, the Artist in You or Zumba. For schedules and more information, contact Raman Pathik at solcc@pbuuc.org or 301-937-3666. You can also visit the Paint Branch Church website at www.pbuuc.org.

Save the Date for St. John's 2012 Strawberry Festival

Mark your calendars for St. Johns 2012 Strawberry Festival on Saturday, June 9, 2012 from 8 a.m.-1 p.m. There will be a silent auction, yard sale, delicious food, baked goods & strawberries, kids games and lots of fun. St. Johns is located at the corner of Rte. 1 & Powder Mill Road, Beltsville, Md. We look forward to seeing you there.



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AREA EVENTS

MONTPELIER MANSION & ART CENTER

9650 Muirkirk Road, Laurel, Md. Call 301.377.7817 for information on events. TTY: 301.699.2544. Email: montpeliermansion@pgparks.com. Contact the art center at 301.377.7800 for information on art and photography classes. The mansion grounds are open from dawn until dusk everyday of the year.

COLLEGE PARK AVIATION MUSEUM

1985 Cpl. Frank Scott Drive, College Park, Md. Call 301.864.6029 for information on events. TTY: 301.699.2544. Museum admission is \$4 for adults, \$3 for seniors and \$2 for children. Children younger than 2 admitted free. Open daily from 10 a.m. to 5 p.m. except for major holidays. Tours for groups of 10 or more are available by appointment.

MODEL AIRCRAFT CONTEST

Contestants can build any scale model that is fixed wing or a helicopter. A parent or guardian must certify the authenticity of the model and the age of each contestant younger than 18. Contestants must register and pay \$10 entry fee by Friday, May 4, at 5 p.m. Entry forms and payment can be mailed or dropped off at the College Park Aviation Museum. Models must be brought to the museum on Saturday, May 5, at 1 p.m. for viewing and judging. Entry forms may be downloaded from <http://library.constantcontact.com/download/get/file/1103691008247-90/Model+Aircraft+Contest+Flyer.pdf>.

LAUREL-BELTSVILLE SENIOR ACTIVITY CENTER

7120 Contee Road, Laurel, Md., 20707. Contact the center to learn about classes and

special events. Phone: 301.206.3350. Fax: 301.206.3387. TTY: 301.446.3402. Regular hours of operation: Monday-Thursday from 8 a.m. to 9 p.m., Friday from 8 a.m. to 5 p.m., Saturday from 8 a.m. to 2 p.m., closed on Sunday.

FREE CONCERT

Thursday, May 10, 7:30-8:30 p.m. at the Laurel-Beltsville Senior Center. *Music, Memories and Fun* by the Showtime Singers. Sponsored by Laurel Recreation Council volunteers. Adults only.

BELTSVILLE EVENTS

BELTSVILLE DAY

Sunday, May 20, noon to 5 p.m. at the Beltsville Community Center, 3900 Sellman Road, Beltsville, Md. Spend the day having fun with games, entertainment, crafts, food, and more.

BELTSVILLE CITIZENS ASSOCIATION

Wednesday, May 16, 7 p.m. at Beltsville Academy, 4300 Wicomico Ave., Beltsville, Md.

VANSVILLE CITIZENS ASSOCIATION

Monday, May 7, 7 p.m. at Franklin Brown Building, Vansville Recreation Park, 11733 Old Baltimore Pike, Vansville, Md.

WOMEN'S COMMUNITY CLUB OF BELTSVILLE

Monday, May 14, 12:30 p.m. at Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, Md.

BELTSVILLE RECREATION COUNCIL

Monday, May 21, 7:30 p.m. at the Beltsville Community Center

YOUNG AT HEART CLUB

First and third Thursdays at 11 a.m. at the Beltsville Community Center. For ages 55 and older. Activities include speakers, entertainment, trips and socials. Info 301.937.6613.

NATIONAL AGRICULTURAL LIBRARY (NAL)

10301 Baltimore Ave., Beltsville, Md. Hours of operation: Monday-Friday, 8:30 a.m. to 4:30 p.m., except federal holidays. NAL houses one of the world's largest and most accessible agricultural information collections and serves as the nexus for a national network. Call 301.504.5876 for information on basic services, resources and special events. Free and open to the public.

BELTSVILLE COMMUNITY CENTER

3900 Sellman Road, Beltsville, Md. The program specialist is Michael Hansborough. Contact him at 301.937.6613 or Michael.Hansborough@pgparks.com for more information. Spanish line: 301.445.4509. TTY: 301.445.4512. Regular hours of operation are: Monday-Thursday from 9 a.m. to 9 p.m., Friday from 9 a.m. to 7 p.m. (except for Xtreme Teen events), Saturday from 9 a.m. to 4 p.m. (except for Xtreme Teen events), closed on Sunday.

WOMEN'S SELF-DEFENSE SEMINAR

Saturday, May 5, 1:30 to 4 p.m. Ages: 18+. \$25 residents, \$35 non-residents. Join us as one of our TKA, Inc., instructors demonstrates

and holds a one-day women's self defense seminar. Learn how to use your head, de-escalate a bad situation, reduce risks and defend yourself during threatening situations.

MOTHER'S DAY CRAFT

Saturday, May 5, 10 to 11:30 a.m. Ages: 5-12 yrs. \$3 residents, \$5 non-residents. Join us as we create the perfect personalized gift for Mom for Mother's Day. Please be sure to bring a picture of yourself or a picture of you and your mother to make your gift extra special.

XTREME TEENS REGULAR EVENTS

Fridays and Saturdays from 7 to 10 p.m. Ages 13-17. Free with valid center ID card.

VANSVILLE COMMUNITY CENTER

6813 Ammendale Road, Vansville, Md. The Director is Jeremy Weiss. Contact him at 301.937.6621 or Jeremy.Weiss@pgparks.com for more information. Fax: 301.937.6623. Spanish line: 301.445.4509. TTY: 301.445.4512. Regular hours of operation are Monday-Thursday from 2 to 9:30 p.m., Friday from 2 to 7 p.m., Saturday from 9 a.m. to 7 p.m., Sunday from 12 noon to 3 p.m. Xtreme Teens regular events take place on Fridays, 2 to 7 p.m. and on Saturdays, 7 to 10 p.m. Open to ages 13 to 17 free with valid center ID card. The center is one of several M-NCPPC centers connected to a public school, with shared-use areas. The community center features a gymnasium, offices, fitness room, storage areas and restrooms. There is a tennis court and unlighted fields located onsite. Recreation programs and classes offered at the center include sports, fitness, dance, music, reading skills, drop-in programs, after-school programs and cultural activities.

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AVID

continued from page 16

AVID: Stupendous Trips

**By Paige Harris, Jorge Dumenigo,
Jaylen Harris, Marcely Fernandez,
Kelsey Griffin**

We went to the Walters Art Museum this year. When we arrived we learned about Ancient Greece. There were so many stories about the gods. When we went down the stairs to make the craft project, it was a lot of fun. When we came upstairs we heard a story about when the Greeks were rich; they wanted to show people they were rich. Then we saw an actual mummy. Our next field trip is to Towson State University. We hope when we go to the college, we will have a tour around all of the school by the students. Also, we hope that people who go to that school will come and talk to us about the school. We are also going to the University of Maryland and we hope to see and learn different things than we saw at Towson.

Different Learners

By Jennifer Nyugen

Do you know there are different types of learners? As I went through AVID, I did not expect to be a tactile learner instead of a visual learner. I was given a sheet one day and it was a sheet of tips for each learner: visual, auditory and tactile. Each type of learning group was able to sit together. We read a paper that

showed things that each type of learner does. I was kind of surprised when I saw the tactile section described. It was almost everything about how I work. I think maybe people should try to find out what type of learner they are and find a similar type of sheet like I received. I think many people could relate somehow to what the description says, whether these are visual, auditory or tactile learners, and then they will know how to study better.

Our AVID Program

**By Danielle Evans, Sarina Dockett,
David Atkinson, Sean Barr**

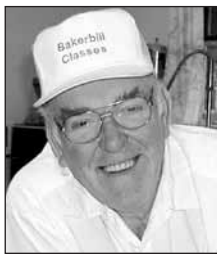
In AVID we learn and do a lot of things that deal with college. In our AVID class we learn how to manage our time better. Before AVID we were unorganized because we did not know how to manage our time. But once we got in AVID that all changed because it taught us how to manage our time better. Before, we saved all our projects until the last minute. We learned that it is not good because we were not putting all of our full quality into it like we should be. Also, doing projects can help you with your time management skills. You may think that since you have a lot of things to do, you don't know where to start. That is where time management comes in. Another thing that we do in AVID is an AVID showcase. Basically, an AVID showcase is showing parents what we are learning

and doing in AVID class. The showcase shows three parts: high school, college and career. The showcase explains what we want our high school schedule to be, what college we want to go to and the jobs we want to do when we graduate college. AVID is very educational and teaches us about college and time management.

AVID at MLK

**By Kevin Olorunfeni, Justin Phay,
Rahman Odutayo, Aryba Qureshi**

Our favorite thing about AVID is we get prepared for college and we become organized. Our teacher, Coach Davis, plans educational field trips for us. She teaches us everything we need to know for college and we do tutorials to help us learn what we have trouble with. We like how it helps us organize for every class and it helps us organize for later in life. Our teachers, Ms. Sirois and Coach Davis, never put us down. They always encourage us to do our best. They always teach us to never give up. We love how people from colleges come over and tell us about their college experiences. They give us tips on how to respect and give thanks for our teachers and parents. They tell us reasons to go to college and the purpose of getting your education. Our AVID class is unique and the class really gives us an opportunity to catch up on our other subjects. We love AVID.



Baker Bill

STUFF 'N THINGS

I am having a down day. I'm an active man. I work at the golf course; I go and do things everyday. But of late, I have had a back problem, so today I will do nothing but hack out this article and eat. I will read a good bit. That doesn't involve walking around, which hurts. I have been using a product called Ben-something. It seems to me, every time I get my fingers on the stuff, my eye starts to itch. Do you get this as well?

Consumer stuff first. Did you know there is a law called truth in advertising? I think it was Senator Byrd who pushed it through, but to this day no one seems to enforce it in many ways. Well, in a couple of ways. For example, a bar must put Bacardi rum in a drink if you ask for a Bacardi and coke. If you ask for Roquefort cheese in a salad, they can't just use blue cheese. The word "buttered" doesn't mean

there needs to be butter in it, because "buttered" is a slang word meaning spread; for example, garlic buttered bread. Last week I bought a box of crackers called buttery thins. You guessed it; no butter in the mix. The advertisers use these catch words to sell the product. For example: garlic, and when you get it home, there is no garlic flavor or garlic listed in the ingredients.

We all love angel food cake, but the ones we buy in the stores have a strange flavor we don't remember. This is because it is made from a powdered mix.

Angel food cake recipe: buy 1/2 pint of egg whites in the market. Wash out the bowl you will be using with hot water and soap making sure there's no grease on it. Now, put 8 ounces of egg whites, 2 tablespoons of sugar, 1 tablespoon vanilla and 1 teaspoon

cream of tartar. Whip until you see a high peak and set it aside. Measure out 1/2 cup of sugar and 3/4 cup all-purpose flour. Mix together. Now wash your hands and fold into the egg mixture. Do not use a mixer and do not over mix.

Pour into an ungreased tube pan and bake in a 360 degrees oven approx. 40 minutes. I made it and it turned out well. But I have a very large tube pan and it only filled one half of it. So use a bundt pan or a small tube pan.

This recipe looks complicated, but it is not; just think it over. When cool, press the edges down until you can dump it, leaving a brown crumb in the pan.

As usual, all things written are my opinion. Thought of the month, "Before you give someone a piece of your mind, be sure you have enough to spare."

bakerbill.net AKA Bill Raulin

ASTHMA

continued from page 17

lungs are working. It is easy-to-use, portable and affordable.

"While the National Institute of Health Clinical Guidelines call for regular spirometry, the location of the test was previously limited to

doctor's offices," said Michael S. Blaiss, MD, the Board of Director of World Allergy Organization and a Clinical Professor of Pediatrics and Medicine, Division of Allergy and Immunology, University of Tennessee. "With the availability of Spiro PD, patients or parents of asthmatics are able to measure

lung function and share data with their doctor anywhere and anytime, empowering patients to take an active role in managing their disease, always knowing exactly how their condition is doing and informing them as to when they may need to seek further medical attention."

COMMUNITY

continued from page 1

hamburgers, hot dogs, fish sandwiches and an assortment of desserts.

Entertainment for the day will be inside and outside. The performances are free of charge and the outdoor stage will be conveniently located near the food vendors with tables set up so people can enjoy music while eating their food. Below is the schedule of the exciting entertainment planned for Beltsville Day:

Indoor Stage: Joyful Motion Dance Group, Eleanor Pernia Studio of Dance, the Ballet Academy, Judo Demonstration by Hui-O Judo, Reptile Show by the MNCPPC, Mount Rainier Center, and a concert by Beltsville area school bands.

Outdoor Stage: Eleanor Roosevelt High School Dixieland Combo, Zumba demonstration, Good Company and more.

Parking is not allowed at the Community Center during Beltsville Day, except limited handicapped parking with a valid handicap tag or permit. Shuttle buses will be running all afternoon from the Beltsville Library at the intersection of Sellman and Montgomery Roads, Beltsville Academy on Wicomico Avenue, and at Francis Fuchs School on Cherry Hill Road. A tram will transport people from the Community Center driveway on Sellman Road to the festival. Tickets for the rides and games are five for \$1 and will be available at the entrance, along with a schedule of the day's activities.

The sponsors for Beltsville Day can be identified by ribbons and tablecloths. Be sure to stop by the sponsors' tables to thank them for making Beltsville Day happen. Also, thank the staff of the Maryland National Capital Park and Planning Commission and volunteers for helping with the day.

"I Beltsville" t-shirts with 10 "you know you're from Beltsville" reasons will be available for purchase at Beltsville Day in white, black and gray. They are currently available for purchase through the Beltsville Recreation Council for \$15 or two for \$25. Contact us through email at beltsvillerecouncil@gmail.com to order a t-shirt.

Much planning has gone into making the 2012 Beltsville Day the best ever. The Beltsville Recreation Council is committed to providing quality activities and entertainment throughout the year for the whole Beltsville community. A series of free jazz concerts is scheduled for summer: July 14, *Cheek to Cheek*, and July 29, *Jazz Knights*.

A community health fair is planned for Saturday, November 17, and a holiday concert is being scheduled in December to delight the whole family.

Come to Beltsville Day for an afternoon of family fun and consider joining the Beltsville Recreation Council to help make these events happen. To join the Council, contact Peter Doan, president of the Beltsville recreation council, at beltsvillerecouncil@gmail.com.

Beltsville News

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Church School for all ages 9:00 a.m.

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Church Administrative Office 301-937-7122 Fax 301-937-7172
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Beltsville News CHURCH DIRECTORY



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Sunday: 11:30 a.m. Worship Service
Saturday-5:00 p.m. Prayer Meeting/Bible Study
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Service Times:

- Christian Education/Sunday School 9:30am
- Sunday Morning Devotion & Prayer 10:45am
- Sunday Morning Worship 11:00am
- Intercessory Prayer Wednesday 7:00pm
- Christian Education/Bible Study Wednesday 7:30pm
- Holy Communion 1st Sunday (During Morning Worship)
- First Friday Night Prayer (every month) 9:00pm

St. John's Episcopal/Anglican Church
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The Rev. Paula E. Clark, Rector



Sunday Worship Schedule
Quiet service: 8:00 a.m.
Family-oriented service: 10:00 a.m.
Sunday School: 9:45 a.m.
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www.fbcbeltsville.org
Keith Holland, Pastor

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Sundays:

Sunday School for all ages	9:45am
*Morning Worship	11:00am
*Evening Worship Activities	6:00pm
Adult Choir Practice	7:00pm

Wednesdays:

*Adult Bible Study & Prayer	7:00pm
RA's & GA's (4 yr. old - 6th grade)	7:00pm
Youth Fellowship (7th - 12th grade)	7:00pm

*Childcare available for children up to 4 years old

MULCH

continued from page 1

hours.

The door-to-door transport was made possible, not only by 16 scouts, but also by the parents and friends of scouts who volunteered their trucks, trailers and cars for the deliveries. Thanks to the support of the community, each scout earned "scout bucks" which allows them to pay for such activities as Boy Scout Summer Camp at Camp Rodney, biking at Fort Frederick, tubing at Antietam Creek near Harpers Ferry, W.Va., and hiking at the Gettysburg Battlegrounds.

Troop 1033 would like to thank Behnke's Nursery, Inc. for its continued support of our fundraiser. We especially want to thank the Beltsville Community for all its support.

HEARING

continued from page 11

cardiovascular health and hearing health appear associated. Growing evidence suggests a link between hearing loss and poor cardiovascular health.

6. Earwax (Cerumen)

Don't swab your ear canals. Cerumen cleans and lubricates the skin of the ear canal and provides protection from bacteria, fungi, insects and water. Attempting to remove cerumen or cleaning the ear canal with a cotton swab tends to push earwax deeper into the ear canal. Excess or impacted cerumen can press against the eardrum and/or occlude the external auditory canal resulting in hearing loss.

7. See an audiologist

Susceptibility to hearing loss is often undiagnosed and unrecognized. The Audiology Awareness Campaign, a nonprofit foundation aimed at providing the public with information on hearing loss, is sponsoring the fifth annual Listen Up America Week, National Hearing Screening Week, May 14 to 18, where audiologists will offer free hearing screenings nationwide. Call 888-833-EARS (3277) or visit www.audiologyawareness.com to find an audiologist in your area.

ZURKOWSKI

continued from page 1

in the unit for 24 of those 35 years.

Deployment involves 104th Squadron pilots ferrying the single seat A-10Cs, in this case, to Afghanistan over as much as a six-day period. The A-10C provides support to the troops on the ground and has seen repeated deployment to the middle east for periods of up to six months.

Zurkowski has worked as an aerospace engineer and has a bachelor's degree in Aerospace Engineering from the University of Maryland. He is a Boeing 777 copilot with United Airlines and is a skilled cabinet maker.

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